

Greenville Rancheria Medical & Dental Clinic	URC	E CEI	Greenville Rancheria
410 Main Street	Greenville Rancheria Tribal Health Center	Greenville Rancheria Dental Clinic	Community Resource Center
Greenville, CA 95947	1425 Montgomery Rd	343 Oak Street	2 Sutter St, Ste B & D
Medical: (530) 284-6135 Dental: (530) 284-7045	Red Bluff, CA 96080	Red Bluff, CA 96080	Red Bluff, CA 96080
	Phone: (530) 528-8600	Phone: (530) 528-3488	(530) 727-9631
Emergency Call 911	Tehama County Sheriff (530) 529-7900	Corning Fire Dept. (530) 824-7044	
Red Bluff Police Dept. (530) 527-3131	California Highway Patrol (530) 527-2034	St Elizabeth Hospital E.R. (530) 529-8000	
Corning Police Dept. (530) 824-7000	Red Bluff Fire Dept. (530) 527-1126	Poison and Drug Info. 1-800-222-1222	
ORGANIZATION	ADDRESS	DETAILS	CONTACT INFO
Abuse & Domestic Violence			
	310 S. Main St		(530) 527-1911
Adult Protective Services	Red Bluff, CA 96080	M-F, 7:30-5	1-800-323-7711
Child Abuse Hotline		CPS	(916) 875-KIDS
	310 S. Main St		(530) 527-1911
Child Protective Services	Red Bluff, CA 96080	M-F, 7:30-5	1-800-323-7711
		Rape Crisis Center, domestic violence	
		response services, children's services, young	5
		adult services, sexual assault and human	(530) 528-0226 24-hr crisis
	1805 Walnut St	trafficking response, prevention and	(530) 727-9423 counseling
Empower Tehama	Red Bluff, CA 96080	education.	1-800-324-6473
	270 County Hospital Road, Suite 128		
Plumas County Victim Witness Advocates	Quincy, CA 95971	M-F, 8-4	(530) 283-6285
Plumas Rape Crisis Program	591 Main St		
Plumas Crisis Intervention and Resource Center	Quincy, CA 95971	Provides support services	(530) 283-5515
			crisis hotline 1-833-723-2968
Plumas Rural Services	711 E. Main St	Temporary emergency housing and other	dvs@plumasruralservices.org
Domestic Violence Services	Quincy, CA 95971	services	(530) 283-5675
			Heather Caiazzo, Therapist
Plumas Rural Services	711 E. Main St	Counseling sessions, legal assistance,	(530) 283-3960
Child Abuse Treatment Program	Quincy, CA 95971	transportation	1-800-597-1116

Sexual Abuse Hotline		RAINN	(800) 656-HOPE
Sierra Safe Program	591 Main St	Providing support to victims and survivors in	
Plumas Crisis Intervention and Resource Center	Quincy, CA 95971	Sierra County	(530) 993-1237
	1740 Walnut St		
Tehama Co. Conservator Public Guardian	Red Bluff, CA 96080	M-F, 8-5	(530) 527-5634
	444 Oak St		
Victim Witness	Red Bluff, CA 96080	M-F, 8-5	(530) 527-4295
Animal Services			
	201 N. Mill Creek Rd		
Animal Control	Quincy, CA 95971	M-F, 8-5 (closed 12-1)	(530) 283-3673
		Fostering, low income spaying, pet food	
Buster's Paw Prints	Tehama County	pantries	busterspawprints@gmail.com
	P.O. Box 371	Rehabilitate abandoned, injured and sick	
Deserving Pets Rescue	Red Bluff, CA 96080	PETS	
	2163 E Main St		
Friends of Plumas County Animals	Quincy, CA 95971	https://www.plumasanimals.org/	(530) 927-9485
	103 Meadowridge Ln		
High Sierra Animal Rescue	Portola, CA 96122	M-Sa, 10-4	(530) 832-4727
	258 Old Arlington Rd		
Indian Creek Veterinary Clinic	Crescent Mills, CA 95934	M-Tu, 9-5; W, 9-12	(530) 284-6187
	2453 E Main St	Exclusively for cats located in Quincy,	
Plumas Animal Welfare Society (PAWS)	Quincy, CA 95971	California.	(530) 283-5433
	201 N. Mill Creek Rd		
Plumas County Animal Shelter	Quincy, CA 95971	M&F, 8-5; W, 10-7; closed 1-2	(530) 283-3673
	81010 Hwy 70		
Plumas Veterinary Service	Beckwourth, CA 96129	M-Tu & Th-F, 9-5:30	(530) 832-4485
	1830 Walnut St		
Tehama County Animal Care Center	Red Bluff, CA 96080	M-F, 11-5; Sa-Su, 1-5	(530) 527-3439
Behavioral Health		,,	
988 Suicide and Crisis Lifeline		24 hours	988
	Red Bluff Vineyard		
	738 Walnut St	Wed. @ 11 am	Visit RB Vineyard's Facebook page
A New Season Grief Support Group, RBV	Red Bluff, CA 96080	Peer-led group	for details
	2550 Sister Mary Columba Dr		Kristen Duarte at
Bereavement Support Group	Red Bluff, CA 96080	Call for details.	(844) 503-1398.
Dereavennenit Support Group	neu Diuli, CA 30000		(044) 303-1330.

		Free behavioral health coaching to all	
		California kids ages 0-12. No costs attached.	
BrightLife Kids	brightlife.kids/ca ; download app	No insurance required. No referrals needed.	ce@hellobrightline.com
		Weekly evidence-based support groups for	855-427-2736
California Parent & Youth Hotline	nationwide	parents, children, youth	Call or text 24 hours
		Counselors respond to calls and texts from	1-800-843-5200
California Youth Crisis Line	California	youth and families in crisis.	Call or text 24 hours
		Support, social activities, training for adults	
Caminar for Mental Health	Offices in Butte County	with mental health conditions.	Butte Crisis Hotline: (800) 334-6622
		M-F, 8-4:30; Confidential help for veterans,	
	250 Cohasset St, Ste 40	service members, and their families at no	
Chico Vet Center	Chico, CA 95926	cost in a non-medical setting.	(530) 899-6300
	590 Antelope Blvd, #30B	Provides counseling treatment for children	
Children First Lassen Counseling Services	Red Bluff Ca 96080	and families.	(530) 690-2536
	Red Bluff Community Center	M, 10-11:30 am	
	1500 S. Jackson St	Support group from pregnancy until your	(530) 840-1124
Circle of Hope	Red Bluff, CA 96080	child is 12 months old.	(Laura Burlison)
		In-person and telehealth counseling and	
		psychiatry services available. Accepts	
		Partnership Medi-Cal.	
Community Behavioral Health	Various locations	https://www.cbh.us/	(530) 392-4399
		The first national hotline dedicated to	
		providing year-round disaster crisis	
Disaster Distress Helpline	national line	counseling.	1-800-985-5990
		24 hr. hotline. Provides essential tools and	call 1-800-799-7233 or text "START"
		support to help survivors of domestic	to 88788
Domestic Violence Hotline		violence. Offered in 200 languages.	24 hours
		Domestic violence response, youth &	
	1805 Walnut St	children's services, abusive behaviors	
	Red Bluff, CA 96080	programs, sexual assault & human trafficking	24-Hour Crisis Hotline
Empower Tehama	(locations throughout Red Bluff and Corning)	response, and prevention & education.	(530) 528-0226
		וופאטוואב, מווע אופיפוונוטוו ע פטעכמנוטוו.	(330) 320-0220

	1347 Grant St	Provides evidence-based therapies to most	
	Red Bluff Ca 96080	ages. Spanish-speaking therapist available.	
	1112 Washington St	Accepts Partnership Medi-Cal and other	
Family Counseling Center	Red Bluff 96080	insurances.	(530) 527-6702
		M-F, 9-5 Central Time	
		English and Spanish	
		Helps families struggling with their infants'	
Fussy Baby Network		crying, sleeping, and feeding.	1-888-431-2229
		https://www.icctc.org	
		Oklahoma City-based center specializes in	
		treatment of Native American children that	
Indian Country Child Trauma Center	telehealth	live with trauma and sexual abuse.	(405) 271-8858
	Greenville Rancheria Medical Clinic		
	1425 Montgomery St		
Karen Desocio, LCSW	Red Bluff, CA 96080	Counseling services	(530) 528-8600
	Greenville Rancheria Medical Clinic		
	1425 Montgomery St		
Kathryn Walseman, MD	Red Bluff, CA 96080	Psychiatric services	(530) 528-8600
		24 hrs. Dedicated to providing behavioral	
		health services to active and retired law	
Law Enforcement COPLINE		enforcement officers and their loved ones.	800-267-5463
	Greenville Rancheria Medical Clinic		
	1425 Montgomery St	Child psychiatrist working with children over	
Lidia Firulescu, MD	Red Bluff, CA 96080	the age of 5	Call our office for more
	3050 Victor Ave, #C	Support, pregnancy tests, material support,	
Life Light Pregnancy Help Center	Redding, CA 96002	parenting education, ultrasounds referral.	(530) 222-5200
		Opens at noon on weekdays. Provides	
	1008 Madison St	parenting & pregnancy counseling and	
LifeNet	Red Bluff, CA 96080	education, etc.	(530) 727-9888

			(530) 917-6845
		1st Th, 5-6:30 pm	NAMItehamaca@gmail.com
		Offers Peer Counselors at RBHS, Family-to-	
	Tehama County Health Services Agency	Family courses for those close to adults with	Matilda Grace, Regional Lead
	1445 Vista Wy	mental health conditions, youth	(916) 567-0163 Ext. 120
NAMI (National Alliance on Mental Illness) Tehama	Red Bluff Ca 96080	symposiums, suicide prevention activities.	matilda@namica.org
	Redding Public Library	Free, confidential, safe groups of families	
	1100 Parkview Avenue	helping other families who live with mental	
NAMI Family Support Groups (free)	Redding, CA 96001	health challenges.	(530) 605-1648
		Support, crisis intervention information,	
		education, and referral services in over 200	
National Domestic Violence Hotline		languages.	1-800-799-SAFE (7233)
		Provides a crisis intervention hotline, online	
		chat, email, and forum for youth and	
		concerned adults with a focus on homeless,	
National Runaway Safeline		runaway, and at-risk youth.	(800) 621-0394, (800) 786-2929
		24 hours. Lifeline assists people in	1-800-273-TALK (8255)
		immediate crisis with a skilled, trained crisis	Spanish 1-800-799-4889
National Suicide Prevention Lifeline		worker.	Text line: 1-800-799-4889
		Serves Native communities: Pit River Health	
	1742 Oregon St	Service, Karuk Tribal Health, Lassen Indian	
Native American Mental Health Services	Redding, CA 96001	Health Center, Consolidate Tribal Health	(530) 646-7269
	220 Sycamore St	M-F 8:00-5:00	
NCCDI (Head Start)	Red Bluff, CA 96080	Provides free counseling services.	(530) 528-9351
	329 Cedar St	Provides counseling to people of nearly all	
New Day Family Counseling	Red Bluff, CA 96080	ages. Accepts Partnership Medi-Cal.	(530) 434-6318
		Accepts Partnership, Medicare, Medi-Cal.	
		Provides therapy, psychiatry, counseling,	
	420 S Main St	medication management, online therapy	
North American Mental Health Services	Red Bluff, CA 96080	services.	1-888-292-8080

		Daily, 4:30 pm—9:30 pm; Peer-to-peer	
		support for a non-crisis event. The majority of	
		calls pertain to problem solving, help with	
Northern Valley Talk Line		coping, and conflict management.	855-582-5554
		A nongovernmental organization that works	
		with community partners toward ending	
		domestic and family violence, sexual assault,	
One Safe Place Women's Shelter	www.OSPshasta.org	and other types of abuse.	(530) 244-0118
		Provides resources and a "Find a Therapist"	
		locator for treating mental health and	
		substance use disorder within Native	
One Sky Center	referral program	American communities.	(503) 970-7895
		Offers a holistic approach to your health and	
	22425 Sunbright Ave	well-being. Counseling services for most	
Parish Health & Wellness	Red Bluff, CA 96080	ages.	(530) 528-2342
	1065 Bucks Lake Rd		
Plumas District Hospital Behavioral Health	Quincy, CA 95971	Call for more information.	(530) 283-2121
		Provides anger management & conflict	
		resolution, grief recovery, mindfulness-based	
	711 E. Main St	stress reduction, trauma recovery &	
Plumas Rural Services	Quincy, CA 95971	education, batterer's treatment services	(530) 283-2735
		Designed to aid you in the process of getting	Tina Norman
	510 Jefferson St	Medical, Dental, Behavioral, and Housing	Outreach Supervisor
Pneumacare Health and Wellness	Red Bluff, CA 96080	Care established.	530-737-8890
		Online therapy & evaluations for children,	
		teens and adults throughout the state of	(530) 355-8496
Rachel Chavez, LCSW and Associates	Available throughout California	California	rchavez@rachelchavezlcsw.net
	20 Antelope Blvd	Individual, group, couples, family/youth, MRT	
Remi Vista, Inc	Red Bluff, CA 96080	therapy offered.	(530) 224-7160
	715 Jackson St		
	Red Bluff, CA 96080		
	774 Third St	Project Restore adolescent diversion	
River Cities Counseling/Project Restore	Corning, CA 96021	program.	(530) 526-4640

		Offers both Medication Management and	
		Therapy services for adults, teens and	
Rolling Hills Clinic	Corning and Red Bluff Locations	children.	(530) 690-2827
S.A.F.E. (Self Abuse Finally Ends) Hotline		Self-Injury resource and referrals.	1-800-366-8288
		Provides short term respite for mentally	
		disabled adults who have become suicidal,	
	2640 Breslauer Way	critically depressed or otherwise	
Shasta County Mental Health – CRRC	Redding, CA	psychiatrically incapacitated.	(530) 225-5972
		All-in-one mental health app for California	
		youth and young adults to destress, reset,	
Soluna	solunaapp.com ; download app	and seek support. Always free.	california@kooth.com
		M-F, 8-5	
		https://nvcss.org/programs/stans-wellness-	
		recovery-center/	
		Peer-driven center available to adult and	
STANS Wellness, Northern Valley Catholic Social	1900 Walnut Street, Building J	older adult members of the community living	
Services	Red Bluff, CA 96080	with persistent mental health challenges.	(530) 691-2966
		M-F, 12-6 pm	
		Provides support groups and counseling for	
	358 East 6th St	folks of all genders, sexualities, racial	
	Chico, CA 95928	identities, classes, physical, mental, and	
	Mailing: PO Box 8855	emotional abilities, ages, citizenship status,	
Stonewall Alliance Counseling (LGBTQ+)	Chico, CA 95927	and religions.	(530) 809-2485
		24 hours. Domestic and sexual violence	
		helpline for Native Americans and Alaska	
		Natives, offering culturally-appropriate	
Strong Hearts Native Helpline		support and advocacy.	1-844-762-8483
	1965 Live Oak Blvd		
Sutter-Yuba Behavioral Health	Yuba City, CA 95991	Call for more information.	(530) 822-7200

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	1850 Walnut St	Provides crisis intervention, counseling, case	
	Red Bluff, CA 96080	management, support groups, problem	
	275 Solano St	solving groups, day treatment, inpatient	(530) 527-0350
TCHSA Behavioral Health Services	Corning, CA 96021	services.	(530) 824-4890
Tehama County Behavioral Health	1860 Walnut St	24 hours daily. Supports people experiencing	(530) 527-5631
Mobile Crisis Team	Red Bluff Ca 96080	a mental health or substance use crisis.	1-800-240-3208 (crisis)
			Text "start" to 678-678
		24 hours. Suicide prevention and crisis	Call 1-866-488-7386
		intervention nonprofit organization for	https://www.thetrevorproject.org/get-
The Trevor Project	https://www.thetrevorproject.org/	LGBTQ+ young people.	help/
Trans Lifeline	https://translifeline.org/	Provides trans peer support.	1-877-565-8860
		Free telehealth mental health counseling to	
		Native Relatives. Requires proof of Tribal	
		Enrollment. Provides 2 assessments and 10	(602) 799-8187
United Natives	www.unitednatives.org	counseling sessions.	therapy@unitednatives.org
	3455 Knighton Rd	Offers a full range of medical and ancillary	
Veteran Affairs Outpatient Clinic	Redding, CA 96002	services including mental health services.	(530) 226-7555
	118 Belle Mill Rd		
Victor Community Support Services	Red Bluff, CA 96080	Offers counseling. Call for more info.	(530) 840-2000
		Offers an extensive menu of trauma-informed	
		and culturally responsive mental health	
	46314 Ti'mine Way	services, substance use treatment and	
YellowHawk Tribal/Behavioral Health Ctr.	Pendleton, OR 97801	prevention programming.	(541) 240-8670
	1352 Colusa Ave	See website for more inoformation:	
Yuba County Behavioral Health (WellPath Care)	Yuba City, CA 95993	wellpathcarecenters.com	(530) 618-8188
Childcare & Preschool			
California School Age Families Education	1050 Kimball Road		
(Cal-Safe-RBUHS)	Red Bluff, CA 96080	M-F, 7:30-3:30	(530) 529-8760
	1860 Walnut St		
CCS (California Children's Services)	Red Bluff Ca 96080	resource for medical cost, and travel	(530) 527-6824

	158 Aspen St		
Chester State Preschool	Chester, CA 96020	Call for info.	(530) 250-7059
	409 Walnut St	M-Th, 8-4	
Child Care Referral and Education (CCRE)	Red Bluff, CA 96080	F, 8-12	(530) 529-3131
	520 Cohasset Road Suite 170		
Community Care Licensing Office	Chico, CA 95926	M-F, 8-5	(530) 895-5033
	706 Peach St. (Center)		
	561 Edith Ave		
DeAnn's Busy Bees Preschool	Corning, CA 96021	M-F, 7-6	(530) 824-4616
	1135 Lincoln Street		(530) 528-7331
Family Child Care Home Education Network (FCCHEN)	Red Bluff, CA 96080	Call for info.	hrhoads@tehamaschools.org
	570 Golden Eagle Dr		(530) 283-0521
Feather River Community College - Child Care Center	Quincy, CA 95971	M-F, 7:45-5:15	(530) 283-0202
	807 Lincoln St		
First 5 Tehama	Red Bluff, CA 96080	Call for info.	(530) 528-1395
	1005 S. Jackson Street		
First Church of God Preschool	Red Bluff, CA 96080	Call for info.	(530) 527-4516
			(530) 527-6824
Healthy Families Tehama Home visiting	Call for Locations	M-F, 8-5	1-800-655-6854
			(530) 528-7398; 2-1-1
Help Me Grow	Tehama County	Home visiting program	hrhoads@tehamaschools.org
	2 Sutter St, Ste A		
Kotasik Daycare	Red Bluff, CA 96080	Full-time and part-time slots	(530) 528-8600 x400
	1605 Kimball Rd		
Little Scholars Preschool	Red Bluff CA 96080	M-F, 7:30-5:30	(530) 527-3932
	1135 Lincoln St		
Migrant Education	Red Bluff CA 96080	Call for info.	(530) 528-7339
	2205 Elm St		
Migrant Head Start/Regional Head Start	Chico, CA 95928	M-F, 7-4	(530) 895-3629
	386 Main St		
Mountain Methodist Children's Center	Chester, CA 96020	M-F, 7-6	(530) 258-2343
	220 Sycamore St, Suite 100		
NCCDI (Early Head Start/Head Start)	Red Bluff, CA 96080	M-F, 8-5	(530) 529-1500

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	1018 Valley View Dr		
Plumas District Child Care Center	Quincy, CA 95971	M-F, 7:45-5:15	(530) 250-7059
		Pays child care costs for those who are:	
		working, seeking work, homeless,	
		incapacitated, in an approved training	
		program, or referred by the County Welfare	
Plumas Rural Services, Child Care Payment Program	711 E. Main St	Department. All payments are based upon	(530) 283-4453 x819
(CCPP)	Quincy, CA 95971	family income levels.	ddesentz@plumasruralservices.org
Plumas Rural Services, Child Care Resource and	711 E. Main St	Offers child care information and support to	(530) 283-4453 x824
Referral	Quincy, CA 95971	parents and child care providers.	dguy@plumasruralservices.org
		Helps children ages 0 to 5 and their families	
		by increasing the number of high quality early	
		learning settings and supporting and	
	711 E. Main St	engaging families in the early learning	(530) 283-4453 ext. 815
Plumas Rural Services, IMPACT Project	Quincy, CA 95971	process.	lwelch@plumasruralservices.org
	895 West St, #25		
Portola Head Start	Portola, CA 96122	Call for info.	(530) 832-1029
	396 2nd Ave		
Portola Preschool Cooperative	Portola, CA 96122	Tu-F, 9:30-12	(530) 832-4401
	424 N. Mill Creek Rd		
Quincy Head Start	Quincy, CA 95971	Sept-May, M-F, 7:45-2:15	(530) 283-1242
	175 N. Mill Creek Rd		
Quincy Special Day Preschool	Quincy, CA 95971	Call for info.	(530) 283-6557 x5301
School Readiness	P2P application with First 5 Tehama	Call for info.	(530) 528-7348
	7700 Stanford		
School Readiness/First Steps (Gerber/Los Molinos)	Los Molinos CA 96055	Call for info.	(530) 384-7833
	1135 Lincoln St		
State Preschools-Dept of Education	Red Bluff, CA 96080	M-F, 8-5	(530) 528-7324
Tehama County Special Education Local Plan Area	1135 Lincoln St		(530) 527-8581
(SELPA)	Red Bluff, CA 96080	Call for info.	lsantana@tehamaschools.org

	918 Solano St		
The Sunshine Schoolhouse Preschool	Corning, CA 96021	M-F, 7-5:30	(530) 824-2041
	P.O. Box 944243, M. S. 9-15-57		
Trustline	Sacramento, CA 94244	M-F, 9-5	1-800-822-8490
Clothing			
	720 S Jackson St		
Adventist Community Services	Red Bluff, CA 96080	M, 10-12	(530) 527-3733
	515 Main St		
Catholic Women's Guild	Red Bluff, CA 96080	Th, 8-12	(530) 527-1351
	341 E Solano St		
Corning Christian Assistance	Corning, CA 96021	Call for more info	(530) 824-5530
	24751 South Ave		
Corning Seventh Day Adventist Dorcas	Corning, CA 96021	M, 9-12	(530) 824-2153
	8320 HWY 99E		
Guardian Angel Foundation	Los Molinos, CA 96055	referrals only	(530) 384-9857
	1006 Sixth Ave		
Harvest Christian Center	Corning, CA 96021	referrals only	(530) 824-2091
	1359 Grant St		
Hope Chest	Red Bluff, CA 96080	M-F, 9-4; Sa, 10-3	(530) 527-0270
		Opens at noon on weekdays. Provides	
		parenting & pregnancy counseling and	
		education, family planning, housing for	
	1008 Madison St	unhomed pregnant/new mothers, clothing	
LifeNet	Red Bluff, CA 96080	and diapers	(530) 727-9888
	650 Antelope Blvd		
LIFT	Red Bluff, CA 96080	Every November	
	940 Walnut St		
Salvation Army	Red Bluff, CA 96080	Call for hours	(530) 527-8530
	660 Solano St		
Salvation Army @New Life Assembly of God	Corning, CA 96021	Call for hours	(530) 824-3866
	493 Antelope Blvd		
Salvation Army Thrift Store	Red Bluff, CA 96080	M-Sa, 9-5	(530) 529-1590
	610 West St		
Seventh Day Adventist Church	Corning, CA 96021	M, 9-12	(530) 824-2153
	12865 HWY 99E		(530) 200-6871
SALT Ranch	Red Bluff, CA 96080	www.saltranch.org	Randy Dueck

Crisis Services			
	3609 Bechelli Ln Suite C		
	Redding, CA 96002		
	Lake Almanor/Chester, CA		Redding (530) 244-8000
American Red Cross	Quincy, CA	Plumas locations are volunteer-led.	Plumas County (530) 446-4912
	176 Lawrence St	M, W, & F, 10-12. T & Th, 2-4	
Community Assistance Network (C.A.N.)	Quincy, CA 95971	Emergency food services available.	(530) 283-0262
		M & W, 9:30-11:30. T & Th, 12:30-2:30	
Eastern Plumas County Assistance Network Food Bank	120 Nevada St	Our intent is to provide emergency food and	
(E.P.C.A.N.)	Portola, CA 96122	referrals to those in emergency situations.	(530) 832-4570
(M-Th, 8-4	
		Support services to victims/witnesses of	
	1400 E. Main St	sexual assault, domestic violence, and	
Plumas County Victim/Witness Assistance Program	Quincy, CA 95971	crimes against children.	(530) 283-6285
,			
		24 hr. crisis intervention; suicide prevention	
		and support; special advocacy for rape and	
		battery victims; transitional emergency	(530) 283-5515 (office)
	591 Main St	housing programs; one time rent program;	(530) 283-4333; 1-877-332-2754 (24
Plumas Crisis Intervention Resource Center	Quincy, CA 95971	referral to other agencies.	Hour Crisis Line)
		M-F, 8-5	
		Assistance for anyone who is a victim of	
	711 E. Main St	domestic violence. Confidential short-term	(530) 283-5675 or 1-888-504-5102
Plumas Rural Services – Domestic Violence Services	Quincy, CA 95971	housing. Assistance with support services.	Crisis Line at 1-877-757-0029 24 hrs.
	165 Ridge St	M-F, 9-4	
Salvation Army -Portola	Portola, CA 96122	Services: Emergency food and vouchers.	Charla Rush (530) 832-1827
•		Rape Crisis Center for Plumas County.	
		Sexual assault counseling, advocacy, court	
Sexual Assault Freedom and Education & Choice –	519 West Main St	accompaniment, info & referrals, peer	
S.A.F.E.	Quincy, CA 95971	counseling to victims.	(530) 283-5515
Cultural Groups			

		Classes and programs for youth & adults,	
		community garden, support groups and	
		more. Learn more about and celebrate the	
		African heritage in African American culture	
	3300 Spencer Ave	at seasonal events for all ages. aafcc-	
African American Family & Cultural Center	Oroville, CA 95966	oroville.org.	(530) 532-1205
		Provides African-inspired resources for	
		educators, youth & families in Northern	
		California. Semi-annual community	
		gatherings open to the public to enjoy	
		culture, entertainment and networking.	aneciajohnsoneducation@gmail.co
Amma Culture-Education, Sciences & Art	Chico, CA	ammaculture.org.	m ; (530) 354-7018
	364 Knollcrest Dr, #1065		
Bureau of Indian Affairs (BIA)	Redding, CA 96002	M-F, 8-5	(530) 223-7960
	2540 Hartnell Ave, #A		
California Indian Manpower Consortium (CIMC)	Redding, CA 96002	M-F, 8-5	(530) 222-1004
	4400 Auburn Blvd, 2nd flr		
California Rural Indian Health Board (CRIHB)	Sacramento, CA 95841	M-F, 8-5	(916) 929-9761
	991 Parallel Drive, Suite B		
California Tribal TANF Partnership	Lake Port, CA 94543	M-F, 8-5	(707) 262-4400
	1022 Jefferson St		
California Tribal TANF Partnership	Red Bluff, CA 96080	M-F, 8-5	(209) 257-6155
	4712 Mountain Lakes Blvd, Suite 200		
California Tribal TANF Partnership	Redding, CA 96003	Call for info.	(530) 710-8021
	30 Harbison St		
California Tribal TANF Partnership	Quincy, CA 95971	M-F, 8-5	(530) 662-9999

Dr. Martin Luther King Jr. Center	Multicultural community center empowers disadvantaged and at-risk youth through programs that cultivate moral, community and intellectual development. In a supportive environment, youth develop skill sets, connect with new educational and recreation opportunities and forge a better sense of self. cityofredding.org.	(530) 225-4375
Enterprise Rancheria of the Estom Yumeka Maidu Indian Tribe	A federally recognized Indian Tribe since 1915, based in Oroville. Our rich history, dedication to our community's growth and commitment to future generations mean our tribal administration and various programs are set up for success. enterpriserancheria.org.	(530) 532-9214

		M-F, 8-5	
		Provides patient home visits, home safety	
		evaluations, certified car seat	
		installation/bike helmet safety, fluoride	
		varnish treatments, LIHEAP application	
		processing, fishing license processing,	
		Positive Indian Parenting Workshops, Patient	
		Support & Community Resource Assistance,	
		Diabetes Health Care Team Members,	
		Second Wind Smoking Cessation education,	
		Monthly Diabetes Sharing Circle & Cooking,	
		Diabetes Empowerment Education Program,	
		Commodities Application Processing,	
		Community Outreach, National Diabetes	
		Prevention Program, Pre-Diabetes Lifestyle	
Greenville Rancheria Community Health	2 Sutter St, Ste B&D	Change Program, Family Spirit Curriculum,	
Representatives	Red Bluff, CA 96080	Maternal & Early Childhood Health	(530) 528-8600
		Offers housing programs for people with	
	2 Sutter St, Ste B&D	disabilities, seniors, and families. Also offers	
Greenville Rancheria Community Resource Center	Red Bluff, CA 96080		(530) 727-9631
			Carmen Lopez
	304 Lawrence St	The Hispanic outreach offers nutrition	(530) 283-4093
Hispanic Outreach	Quincy, CA 95971	classes & general counseling	clopez@plumasruralservices.org
		Provides the Hispanic/Latino community	
		with info about local resources. Día Del	
		Campesino event held yearly on the first	
		Sunday of	
		October. facebook.com/HRCNCDiadelCamp	
Hispanic Resource Council of Northern California	Chico, CA	esino	(530) 519-3118

		Resources, community-based family support	
		and empowerment through the promotion of	
		health, education, cultural integration and	
		social services to strengthen Hmong families	(530) 534-7474
	1704 Oroville Dam Blvd W.	and communities throughout Butte County.	Hmong talk line
Hmong Cultural Center of Butte County	Oroville, CA 95965	hmongculturalcenter.net.	(530) 403-3978, M-F, 9am-9pm.
	PO Box 498		(350) 403-3978, M-F, 9ani-9pin.
Heans Food Distribution Dragram		M-F, 8-5	(530) 625-4646
Hoopa Food Distribution Program	Hoopa, CA 95546	М-г, 8-5	(530) 625-4646
In diam the older Operation Deciding district	1900 Churn Creek Rd		
Indian Health Service Redding District	Redding, CA 96002	M-F, 8-5	(530) 246-5339
	4288 Cemetery Rd		
Indian Valley Museum	Taylorsville, CA 95983	Call for info.	(530) 284-1046
	2326 Balls Ferry Rd		
Inter Tribal Council of California	Anderson, CA 96007	Call for info.	(530) 365-1301
		Cultural Awareness Speaking with Youth,	
		GONA's, Individual & Group Wellness	
		Session all ages, Cultural Healing, Cultural	jhartist53@yahoo.com
Jimmy Hernandez, The Center for Inner Peace		Arts; Beading, Regalia, & Music.	(925) 812-0112
	220 Sycamore St		
Latino Outreach of Tehama County	Red Bluff, CA 96080	Call for info.	(530) 570-5257
		federally recognized tribe comprised of 560	
		tribal members. We welcome you to learn	
		more about our people, history and culture.	
		Website provides information on tribal	
	1020 Algorit Ave	history and culture, news and events, tribal	
Marchannala Indian Adha at Ohian Dan hai	1920 Alcott Ave	government and links to tribal	(500) 000 0000
Mechoopda Indian tribe of Chico Rancheria	Chico, CA 95928	resources. mechoopda-nsn.gov.	(530) 899-8922

		Distribution de autore bildhe e de due ation	
		Play-based early childhood education,	
		multicultural experiences, performing arts,	
		Spanish language enrichment, organic eating	
Mi Essentita Marca Dura da a la Obilidar da Darfamaia d		habits and an environmentally friendly	
Mi Escuelita Maya Preschool & Children's Performing	1455 Chestnut St	lifestyle. For ages 2.9-5. Call to learn about	
Arts Program	Chico, CA 95928	seasonal events. mempreschool.com.	(530) 893-1419
		A federally recognized tribe of	
		Concow and Maidu people in Butte County.	
		Our mission is to improve the quality of life	
		for our members, employees, and the	
		community in which we live, by preserving	
		our cultural heritage, maintaining a positive	
		Native American image, protecting tribal	
	1 Alverda Dr	sovereignty, and supporting tribal self-	
Mooretown Rancheria of the Maidu Indians	Oroville, CA 95966	reliance. mooretownrancheria-nsn.gov.	(530) 533-3625
		www.nativewellness.com	
		Promotes the wellbeing of Native people	
		through programs and trainings that embrace	
Native Wellness Institute		the teachings and traditions of our ancestors.	
		Promotes cultural understanding, respect	
		and reciprocity between people, cultures and	
		nations by supporting initiatives that	
		preserve and celebrate cultural diversity and	
		advocating for policies that promote cultural	
		equity. From providing education to	
		supporting health care initiatives, Reciproka	
	1755 East Street, Suite B	offers a range of programs to support	
Reciproka	Redding, CA 96001	communities in need. reciproka.org.	(530) 227-1264

		A sovereign nation comprised of the Pit River,	
		Wintu and Yana tribes, where pride in tribal	
		culture, history and identity is evident	
		internally and in the larger community. The	
		strength of our Tribe lies in honoring our	
		elders, building healthy families and	
		promoting self-reliance in our members. We	
		invest in our youth and adults, knowing that	
		they will create the future with the strength of	
	2000 Redding Rancheria Rd	our ancestors. Call to learn about seasonal	
Redding Rancheria	Redding, CA 96001	events. redding-rancheria.com.	(530) 225-8979
	2000 Redding Rancheria Rd		
Redding Rancheria Tribal Admin.	Redding, CA 96001	M-F, 8-5	(530) 225-8979
	2625 Everett Freeman Wy		
Rolling Hills Nomlaki Tribal Office	Corning, CA 96020	M-F, 8-5	(530) 528-3538
		A 2 way immersion program with account	
		A 2-way immersion program with seasonal	
		cultural events for all ages. Programming for ages TK-5th. Art, music and dance are an	
	100 Oak St	integral part of the learning environment.	
Rosedale Elementary School	Chico, CA 95928	rosedale.chicousd.org.	(530) 891-3104
nosedale Llementary School			(330) 831-3104
		An afterschool program for Native Youth as	
	330 Bush St	well as Resource Center for beautiful Indian	
Roundhouse Council Indian Education Center	Greenville, CA 95947	Valley.	(530) 284-6866

		An inclusive, solution oriented, grassroots movement dedicated to networking and unifying relationships in our diverse community. Based on Dr. Martin Luther King	
		Jr's principles of nonviolence.	(530) 524-7504
Shasta Beloved Community	Redding, CA	shastabelovedc.weebly.com.	Thebelovedcommunity@yahoo.com
		Shastabelovedc.weebly.com.	mebelovedcommunity@yanoo.com
		The wilderness of northwestern California and southwestern Oregon has been, and still is, the traditional homeland of the Shasta Indian people. Most traditional Shasta	
		villages were located along the Klamath,	
	P.O. Box 195	Shasta, Salmon and Scott Rivers and their	
Shasta Indian Nation	Macdoel, CA, 96058	tributaries. shastaindiannation.org	shastacommunications@gmail.com
	8529 Placer Rd	A friendly and diverse welcoming community coming from many streams of Judaism and many different backgrounds. Anyone who desires to experience Jewish life and culture is welcome. Offers monthly services, holiday celebrations, book club and a lending	
Temple Beth Israel	Redding, CA 96001	library. tbiredding.org.	(530) 243-5726
	5 Tyme Way	A federally recognized Native American Tribe. As a sovereign government, we work hard to provide for our citizens, protect our future as Maidu people and support the greater community through our projects and	
The Berry Creek Rancheria of the Tyme Maidu Indians	Oroville, CA 95966	enterprises. berrycreekmaiduindians.org.	(530) 534-3859

	1 Interpretive Center Way	Website tells the history of the Konkow	
The Konkow Maidu Indians	Elko, NV 89801	Maidu Indians. konkow.us.	
		Paskenta Band of Nomlaki Indians is a	
		federally recognized sovereign nation located in Northern California with a deep tradition of	
		resiliency, culture & a strong vision for the	
		future of all peoples living in the Corning-	
	22580 Olivewood Ave	Paskenta Tribal Community. paskenta-	
The Paskenta Band of the Nomlaki Indians	Corning, CA 96021	nsn.gov.	(530) 670-1750
		Comprised of 11 autonomous bands:	
		Ajumawi, Atsugewi, Atwamsini, Ilmawi,	
		Astarawi, Hammawi, Hewisedawi, Itsatawi,	
		Aporige, Kosalektawi and Madesi, that since	
		time immemorial have resided in the area	
		known as the 100-mile square, located in	
	36970 Park Ave	parts of Shasta, Siskiyou, Modoc and Lassen	(500) 005 5404
The Pit River Tribe	Burney, CA 96013	Counties. pitrivertribe.org.	(530) 335-5421
		A platform for the Sikh community to gather	
		in prayer and practice Sikhism. Spreads	
		awareness about the tenets of the Sikh religion via community involvement and	
	5400 Sikh Centre Dr	activism. worldgurudwaras.com/gurudwaras	
The Sikh Centre Anderson Gurudwara Sahib	Anderson, CA 96007	/the-Sikh-centre-anderson.	(530) 941-1802

	19415 Jacqueline St	Immersion Charter School where Love is our First Language. Students will have the opportunity to explore their expressive creativity, gifts and talents in visual and performing arts through an exciting and joy- filled instructional component that incorporates songs, rhythms, dance and art from many cultures and languages.	
Tree of Life International Charter School	Anderson, CA 96007	treeoflife.school.	(530) 378-7040
University of Arizona Healthcare Partnership		https://www.healthcarepartnership.org/abou t/ Nationally Accredited Culturally Relevant Continuing Education & Certification Trainings in Tobacco Interventions. A one-of-a-kind community project designed to provide a comprehensive immersion into the Wintu history and culture. Features a historical timeline, artwork from Native	
		Americans, traditional dug-out canoe, honor	
		wall for Native American veterans and unique	
	4755 Shasta Dam Blvd	activities for children. Wed & Fri, 11am-	wintu.tribe1@gmail.com
Wintu Cultural Museum	Shasta Lake, CA 96019	4pm. wintutribe.com.	(530) 605-1726
Death & Dying			
	738 Walnut St		
A New Season Grief Support Group, RBV	Red Bluff, CA 96080	Wed, 11 am	
	St. Elizabeth Hospital Coyne Center, Columba		
	Room		
Bereavement Support	Red Bluff, CA 96080	Call for info.	(530) 245-4070
	10 Constitution Dr		
Butte Home Health/Hospice	Chico, CA 95973	Daily, 8-5:30	(530) 895-0462

		Grief Specialist. Mostly telehealth services	Dana Nowling; (530) 283-2735 ext.
Grief Recovery, Plumas Rural Services	Graeagle, CA	based in Graeagle, CA.	856
			click "Register Online" to enroll your
		Kids Grief Explorers Club; Redding. In-person	
		grief group for kids. Meet in Caldwell Park.	@Kids_Grief_Explorers_Club will be
		Littles Ages 6-8, Sept. 4-Oct. 23,	used to update families on future
		Wednesdays, 5:30-6:45pm. Middles Ages 9-	sessions and events, activities, grief
		12, Sept. 5-Oct. 24, Thursdays, 5:30 – 6:45	resources for children and families
Kids Grief Explorers Club	Redding, CA	pm.	and to answer questions.
		Care for the terminally ill patient and their	
		family. Volunteers provide respite care,	
		transportation, and communication skills.	
		Bereavement care is provided for hospice	
	150 Brentwood	families as well as any families in the	
Sierra Hospice	Chester, CA 96020	community facing the loss of a loved one.	(530) 258-3412
Dental Care	Chester, CA 90020	community facing the loss of a loved one.	(550) 256-5412
Denti-Cal Dept. of Health Care Services	California	www.denti-cal.ca.gov	1-800-322-3684
	480 First Avenue		1-000-322-3004
Eastern Plumas Health Care Dental Clinic	Portola, CA 96122	Private insurance & Medi-Cal	(530) 832-6602
	3100 S. Market St	Wednesday, 4:30	(330) 832-0802
Cood Nous Descus Mission Dental Convises		•	
Good News Rescue Mission Dental Services	Redding, CA 96001 343 Oak St	First come, first serve	
Que em ille Den ekonis Dentel Olinis			
Greenville Rancheria Dental Clinic	Red Bluff, CA 96080	M-Sa, 8-5	(530) 528-3488
	410 Main St		(500) 004 7045
Greenville Rancheria Dental Clinic	Greenville, CA 95947		(530) 284-7045
		Provides dental services to children 0-12 yrs	
Mobile Dental Clinic-First 5 Tehama		and pregnant women	(530) 520-6913

	2060 Main St		
Moon Dental	Red Bluff, CA 96080	Call for appt.	(530) 527-2147
	1010 Jefferson St		
Moore & Pascarella Dental group	Red Bluff, CA 96080	M-Th 8:00-5:00	(530) 736-4936
	1850 Spring Ridge Dr	Medi-Cal, Delta Dental, CCPOA, and some	
Northeastern Health Center	Susanville, CA 96130	Anthem	(530) 251-5000
	2500 Main St		
Northern Valley Indian Health/Dental	Red Bluff, CA 96080	M-F, 8-5	(530) 529-1690
	1060 Bucks Lake Rd		
Plumas District Hospital Dental Clinic	Quincy, CA 95971	Medi-Cal & Private insurance	(530) 283-3915
		Disability services and support organization.	
		designed to aid you in the process of getting	
		Medical, Dental, Behavioral, and Housing	
	510 Jefferson St	Care established.	
Pneumacare Health and Wellness	Red Bluff, CA 96080	Outreach Supervisor Tina Norman	530-737-8890
	2540 Sister Mary Columbia Dr		
	Red Bluff, CA 96080		
	740 Solano St		(530) 690-2778
Rolling Hills Dental	Corning, CA 96021	M-F, 8-5	(530) 690-2827
	Health Science & University Center		
	1400 Market Street, Suite 8106		(530) 339-3608
Shasta College Dental Hygiene	Redding, CA 96001	Call for info	alennick@shastacollege.edu
	795 Joaquin St	Medi- Cal, Medicare, Covered CA plans from	
Susanville Indian Ranch- Lassen Indian Health Center	Susanville, CA 96130	Anthem, Blue Shield, Blue Cross	(530) 251-5188
	1667 Hilltop Dr, Ste E		
Western Dental	Redding, CA 96002	M-F 9-6; Sa 8-4:30	(530) 223-5500
Disability & Special Needs Services			

A.L.I.V.E. Program, Plumas Rural Services	711 E. Main St Quincy, CA 95971	Provides training and support for adults with developmental disabilities and special needs. Trained staff and a supportive group environment enable participants to hold paying jobs, become involved in community activities, use community resources, increase independent living skills, and develop self-advocacy.	(530) 283-0111 mmcelwain@plumasruralservices.or g
Advanced Crisis Solutions	2877 Childress Dr Anderson, CA 96007	Provides behavioral solutions across Shasta, Tehama and Butte Counties. We offer tailored services such as behavioral training, behavioral respite, community resource introductions, and crisis stabilization. Using evidence-based approaches, we empower caregivers and enhance the lives of those with developmental disabilities Ask for a referral through your Far Northern Service Coordinator.	(530) 561-4578
Angel Sense (Far Northern clients can get one for free)	https://www.angelsense.com/ 705 Pine St	AngelSense includes a GPS tracking device, assistive speakerphone, live monitoring and proactive alerting. Prevent wandering and elopement, stop bullying and mistreatment, provide effective remote support, build skills for independence, improve well-being	888-999-2023
California Department of Rehabilitation	Red Bluff, CA 96080	M-F, 8-5	(530) 529-4270

Compass (ILS)	1020 Market St Redding, CA 96001	Helps adults with developmental disabilities live interdependently in their own homes by providing supported living, independent living, and coordinated family support. Our staff walk beside our clients, offering education on choices and life skills, or companionship and personal care.	(530) 242-8580
		COOL Club is for adults with intellectual and	
	1500 S Jackson St	developmental disabilities. Host dances and	
COOL Club	Red Bluff, CA 96080	other activities.	(530) 527-8177
		Our Independent Living Program was created	
		to help those with disabilities receive	
		information and partner with an advocate at	
	2876 Park Marina Dr	DAC to form a plan on how to live as	
	Redding, CA 96001	independent as possible. Offers services to	
	1161 East Ave	those experiencing vision loss/blindness,	(530) 242-8550
Disability Action Center	Chico, CA 95926	those with disabilities experiencing a	(530) 893-8527
		A leading national civil rights law and policy	
		center directed by individuals with	
		disabilities and parents who have children	
		with disabilities. IEP, transitions and	
		advocacy education, legal advocacy, events	
	3075 Adeline Street, Suite 210	and trainings, informative website.	
DREDF Legal Advocacy	Berkeley, CA 94703	https://dredf.org/	(510) 644-2555

		Provides resources, referrals, and individual	
		and group support to families in Plumas	
		County with children age 0-3 years who have,	
Early Start Family Resource Center, Plumas Rural	711 E. Main St	or may be at risk of having, disabilities or	ctiradeau@plumasruralservices.org
Services	Quincy, CA 95971	developmental delays.	(530) 283-2735 x880
		Provides information, training, support and	
		advocacy to parents and guardians of	
Family Empowerment Center (FEC), Plumas Rural	711 E. Main St	children and young adults with any disability	ctiradeau@plumasruralservices.org
Services	Quincy, CA 95971	in Plumas, Lassen, Modoc & Sierra Counties	(530) 283-2735 x880
		Provides early intervention services, respite	
	1900 Churn Creek Rd, Suite 319	care, licensed homes, behavior intervention,	
	Redding, CA 96002	healthcare, supported employment, adult	
	1377 E Lassen Ave	day activities, independent living services,	(530) 222-4791
Far Northern Regional Center	Chico, CA 95973	assessments	(530) 895-8633
Green Waste of Tehama (extra trash service	Chico, CA 93973	Call for assistance getting your bins to the	(330) 893-8033
assistance)	serving Tehama County customers	curb.	800-433-6924
			000-433-0324
		Client programs include: guide dog program,	
	P.O. Box 151200	orientation and mobility immersion program,	
Guide Dogs for the Blind	San Rafael, CA 94915	and K9 Buddy Program.	1-800-295-4050
	169 Hartnell Ave., Suite 128		
Independent Living Services of	Redding, CA 96002	M-F, 8-5	(530) 242-8550
		Provides respite care, support, referrals to	
		families with adults and children who have	
		developmental disabilities and for caregivers	
		of the elderly in Plumas, Lassen, Modoc &	
		Sierra Counties. Other services for the elderly	
	711 E. Main St	include: companionship, shopping,	atoler@plumasruralservices.org
In-Home Respite Services	Quincy, CA 95971	transportation, meal preparation	(530) 283-2735 x885
· · · · · · · · · · · · · · · · · · ·	310 Main St		
In-Home Supportive Services (IHSS)	Red Bluff, CA 96080	M-F, 8-5	(530) 527-1911

Life Alert	https://www.lifealert.com/	Call for info	1-800-360-0329
LifeLine	https://www.lifeline.com/	Call for info	855-681-5351
	22825 Antelope Blvd		
Lighthouse Living Services	Red Bluff, CA 96080	Call for info	(530) 527-1254
	1050 Sansome St, 4th Flr		
March of Dimes	San Francisco, CA 94111	M-F, 9-5	(415) 788-2802
	https://www.medicalert.org/medical-id/medical	-	
Medic Alert	ids-bracelets	M–F, 6– 4:30	1-800-432-5378
	1240 Redwood Blvd		
National Seating & Mobility	Redding, CA	Call for info	(530) 243-1330
	871 Mistletoe Ln		
Nor Cal Center on Deafness Inc.	Redding, CA 96002	M-F, 8-4:30	(530) 410-0430
	13315 Baker Rd		
North Valley Services Day Program	Red Bluff, CA 96080	M-F, 8-5	(530) 528-1083
NVCSS Housing for Disabled	throughout the North State	Call for application	(530) 241-0552
		Disability services and support organization.	
		designed to aid you in the process of getting	
	510 Jefferson St	Medical, Dental, Behavioral, and Housing	
Pneumacare Health and Wellness	Red Bluff, CA 96080	Care established.	530-737-8890
		M-F, 8-5	
		Provides advocates, SLATE socialization	
	962 Maraglia St	program for children with autism, classes for	
Rowell Family Empowerment	Redding, CA 96002	parents/families	(530) 226-5129
	PO Box 8066		
Shrine Club; Ben Ali	Red Bluff, CA 96080	M-F, 8am-8pm	(530) 529-4761
	2660 Park Marina Dr		
	Redding, CA 96001		
	2603 Riverside Dr		
Social Security Administration	Susanville, CA 96130	Call for hours	1-866-964-1236
			Debbie Hess
Special Olympics	Northern California	Call for info.	tehama@sonc.org
	615 Locust St		
State Insurance Disability Program	Redding, CA 96001	Call for hours	1-800-480-3287

		Provides respite care, family support, adult	
		day program, independent living skills, and	
	2030 Park Ave	job development as well as events and other	
The ARC Butte	Chico, CA 95928	supports.	
		Provides programs for young adults (students	
		age 18-22) with developmental disabilities	
	711 E. Main St	who are transitioning from high school into	mmcelwain@plumasruralservices.or
Transitional Services, Plumas Rural Services	Quincy, CA 95971	adulthood.	g (530) 283-0111 x849
	855 Canyon Rd		
Victor Community Support Services	Redding, CA 96001	M-F, 8-5	(530) 378-1855
		Free unlimited deliveries into your home,	
		trained and trusted Walmart Associates, all	
Walmart+ InHome (delivery for home bound	https://www.walmart.com/plus/inhome?rf=goo	you need delivered in one service, InHome	
customers)	gle.com	picks up Walmart.com returns too	sign up online
	355 Hemsted Dr, #104	Supports people with developmental	
	Redding, CA 96002	disabilities to be contributing members of	
	150 Amber Grove Dr, Ste 156	the community, through advocacy,	(530) 223-7771
We Care A Lot Foundation	Chico, CA 95973	education, and employment.	(530) 893-8880
Drug & Alcohol			
	http://www.simeetings.com/LA/NoCA/RedBluff		
AA meeting (Alcoholics Anonymous)	Mtgs.html		See website
	Methodist Church		
	386 Main St		
AA Meetings	Chester, CA 96020	various times & programs	(877) 880-2880 (Susanville)
	Community Room		
AA Meetings	Greagle, CA 96103	M, 8 pm	(530) 257-2880 (Susanville)
	Lutheran Church		
	120 Bush St		
AA Meetings	Greenville, CA 95947	discussion; various times	(775) 355-1151 (Reno)
	Baptist Church		
	Hot Springs Rd		
AA Meetings	Greenville, CA 95947	Big Book; W, 7 pm	(530) 342-5756 (Chico)

	Portola Resource Center		
	165 Ridge St		
AA Meetings	Portola, CA 96122	various times & programs	
AA Meetings	Portola Hospital Education Bldg.	discussion; W, 7 pm	
	County Health & Human Services		
	Orchard House		
AA Meetings	Quincy, CA 95971	various times & programs	
	Methodist Church		
	262 Jackson St		
AA Meetings	Quincy, CA 95971	Big Book discussion; Wednesday, 7 pm	
	Methodist Church		
	262 Jackson St		
Alanon	Quincy, CA 95971	Open discussion	
Alcohol Abuse and Crisis Intervention Hotline			1-800-234-0246
Alcohol and Drug Abuse Helpline and Treatment			1-800-234-0420
Alcohol Hotline Support & Information			1-800-331-2900
	High Point Assembly		
	625 Luther Rd	Friday nights.	
Celebrate Recovery	Red Bluff CA 96080	Highpointassembly.org/celebrate recovery	(530) 366-6298
	Red Bluff Vineyard		
	738 Walnut St		
Celebrate Recovery	Red Bluff, CA 96080	Tu, 5:30	(530) 527-2449
			1-800-662-4357
Drug Addiction Help Line			24 hour
			(530) 815-9558
		residential treatment services and	https://www.elijahhousefoundation.
Elijah House Foundation	Los Molinos, CA 96055	counseling.	org/contact-us/
		Outpatient addiction treatment. Evidence-	
	1237 California St	Based Outpatient Treatment for Lasting	
Empire Recovery Center	Redding, CA 96001	Recovery From Drug and Alcohol Addiction.	(855) 754-0996
		Virtual group meetings.	https://faceaddictionnow.org/progra
Face Addiction Now			ms/family-support-group
	1425 Montgomery Rd		
Greenville Rancheria Tribal Health Center	Red Bluff, CA 96080	M-F, 8-5	(530) 528-8600

[County Health & Human Services		
	Orchard House		
NA Meetings	Quincy, CA 95971	various times & programs	(530) 877-6361 (Paradise)
	Methodist Church		
	262 Jackson St		(775) 322-4811
NA Meetings	Quincy, CA 95971	Just for Today Book/discussion, Tu, 7pm	(Reno)
National Council on Alcoholism and Drug Dependence			1-800-622-2255
	Neighborhood Church of Anderson/Cottonwood		
	4684 Rhonda Rd	Th, 6:30-7:30 pm. Men room 202. Women	
Neighborhood Recovery	Anderson, CA 96007	room 201.	(530) 365-3331
	206 Hickory St		
Right Roads Counseling, DUI Classes	Red Bluff Ca 96080	Call for info.	(530) 529-2445
	1506 Market St		
Shasta County Drug and Alcohol Division	Redding Ca 96001	Call for info.	(530) 245-6411
			(530) 898-8326
Skyway House (inpatient and outpatient services)	Chico, CA	Call for info.	(530) 898-9424
	1850 Walnut St, Suite G		(530) 527-7893
Substance Use Prevention	Red Bluff, CA 96080		(530) 824-8443 Corning
The Alcohol & Drug Addiction Resource Center Hotline			1-800-390-4056
		https://www.healthcarepartnership.org/abou t/ Nationally Accredited Culturally Relevant	
		Continuing Education & Certification	
University of Arizona Healthcare Partnership		Trainings in Tobacco Interventions.	(500) 005 1707
White Bison 12 Step Program		Call for info.	(530) 605-1727
Education			(520) 520 8080
Adult Ed-ESL-Citizenship	Pod Pluff and Corning	Call for info.	(530) 529-8980 (530) 824-7414
	Red Bluff and Corning		(550) 624-7414

American Indian College Fund Scholarships	8333 Greenwood Blvd Denver, CO 80221	https://collegefund.org/students/scholarship s Provides scholarships to American Indian and Alaskan Native college students who are enrolled in certificate, undergraduate, or graduate programs at tribal colleges and universities, or nonprofit, accredited schools.	(800) 776-3863
American Indian Education Fund	16415 Addison Rd, Ste 200 Addison, TX 75001	https://nativepartnership.org/aief/ Offers scholarships, literacy programs, and school supplies to help end the cycle of poverty and help Native American students realize their educational dreams.	(800) 416-8102
	22630 Antelope Blvd	Antelope School, Berrendos, Manton,	
Antelope Elementary School District	Red Bluff, CA 96080	Mineral, Plum Valley	(530) 527-1272
	956 Jackson St		(530) 527-6818
Breastfeeding, La Leche League	Red Bluff, CA 96080	Call for schedule	(530) 347-0562
	1325 Pine St		
California Employment Development Department	Redding, CA 96001	Call for info.	(530) 225-2185
Child Seat Safety Classes	Tehama County Health Service Agency	Call for info.	(530) 527-6824
CIMC-California Indian Manpower Consortium	2540 Hartnell Ave, Suite A Redding, CA 96001	M-F, 8-5	(530) 222-1004
Corning Adult School	250 E. Fig Ln Corning, CA 96021	Call for schedule	(530) 824-7414
Corning High School District	643 Blackburn Ave	Corning High Contennial C.C.al	(520) 824 8000
Corning High School District	Corning, CA 96021 1590 South St	Corning High, Centennial, C-Cal West St, Olive View, Rancho Tehama,	(530) 824-8000
Corning Union Elementany School District		Maywood, Woodson	(520) 824 7700
Corning Union Elementary School District	Corning, CA 96021 2550 Sister Mary Columbia Dr Coyne Center		(530) 824-7700
CPR classes, St Elizabeth Community Hospital	Red Bluff, CA 96080	Call for schedule	(530) 529-8026
Elkins Elementary School District	2960 Elkins Rd Paskenta, CA 96074-0407		(530) 833-5582

	19500 Learning Way	Evergreen Elementary, Evergreen Middle,	
Evergreen Union School District	Cottonwood, CA 96022	Bend Elementary	(530) 347-3411
	1900 Churn Crk Rd		
Far Northern Regional Center	Redding, CA 96002		(530) 222-4791
	501 Main St		
Feather River Adult School	Quincy, CA 95971		(530) 283-1003

		Office hrs. M-F, 8-5; classes 8am-10pm;	
		Services: Feather River College is an	
		accredited two year community college	
		offering AA/AS degrees, transfer programs,	
		vocational training and certificate programs.	
		Support services are available, including	
		financial aid, child care, tutoring, basic skills	
		classes, and personal & academic	
		counseling. Job and career advisement,	
		special re-entry assistance for adults	
		returning to school and health services and	
		education are also available. In addition,	
		special services are available to disabled	
	570 Golden Eagle Ave	students through the college's Supported	
Feather River Community College	Quincy, CA 95971	Education Services Program.	(530) 283-0202; 1-800-442-9799
First 5 Triple P Parenting Classes	varies	Call for info.	(530) 528-1395
	15850 Paskenta Rd		
Flournoy Elementary District	Flournoy, CA 96029		(530) 833-5331
	23014 Chard Ave		
Gerber Union Elementary School District	Gerber, CA 96035		(530) 385-1041
	718 Main St		
Job Training Center	Red Bluff, CA 96080	M-F, 8-5	(530) 529-7000
	2049 Kirkwood Rd		
Kirkwood Elementary School District	Corning, CA 96021		(530) 824-7773
	10818 CA-99		
Lassen View School District	Los Molinos, CA 96055		(530) 527-5162
	7851 Hwy 99E	Los Molinos Elementary, Los Molinos High,	
Los Molinos Unified School District	Los Molinos, CA 96055	Vina School	(530) 384-7826
	1008 Madison St		
LifeNet	Red Bluff, CA 96080	parenting classes with incentives	(530) 727-9888
			(530) 529-1500
NCCDI Parenting Classes	Red Bluff and Corning	Call for info.	ext. 115

Plumas County Foster and Homeless Youth Liaison			(530) 283-6500 ext. 5218
	50 Church St		
Plumas County Office of Ed & School District	Quincy, CA 95971		(530) 283-6500
	1525 Douglass St		
Red Bluff Joint Union High School District	Red Bluff, CA 96080	Red Bluff High, Salisbury, REACH	(530) 529-8700
	1755 Airport Blvd		
Red Bluff Union School District	Red Bluff, CA 96080	Jackson Heights, Bidwell, Metteer, Vista	(530) 527-7200
	18335 Johnson Rd		
Reeds Creek Elementary District	Red Bluff, CA 96080		(530) 527-6006
	23875 River Rd		
Richfield Elementary District	Corning, CA 96021		(530) 824-3354
	1000 Sale Ln		
Sacramento River Discovery Center	Red Bluff, CA 96080	Tu-Sa, 11-4	(530) 527-1196
	1135 Lincoln St		
SELPA-Special Education Local Plan Area	Red Bluff, CA 96080	M-F, 8-5	(530) 527-8581
	1135 Lincoln St		
SERRF After School Program	Red Bluff, CA 96080	M-F, 8-5	(530) 528-7381
	770 Diamond Ave		
Shasta College Tehama Campus	Red Bluff, CA 96080	Call for schedule	(530) 529-8980
	1135 Lincoln St		
ehama County Department of Education	Red Bluff, CA 96080	M-F, 8-5	(530) 528-5811
	900 Palm St		
ehama County Department of Education ADR Dept	Red Bluff, CA 96080	mkinner@tehamaschools.org	(530) 528-7344
ehama County Dept of Education Foster/Homeless			(530) 528-7321
Specialist	Red Bluff, CA 96080	bweaver@tehamaschools.org	(530) 528-7370
	740 3rd St		
ehama County Library Corning Branch	Corning, CA 96021	Call for info.	(530) 824-7050
	7881 Hwy 99E		
ehama County Library Los Mo. Branch	Los Molinos, CA 96055	Call for info.	(530) 384-2772
	545 Diamond Ave		
Fehama County Library Red Bluff Branch	Red Bluff, CA 96080	Call for info.	(530) 527-0604

Tehama County Library Story Hr. Boxes (at home	545 Diamond Ave		
learning)	Red Bluff, CA 96080		(530) 527-0604
		Allows students from Tehama, Shasta, Butte,	
		Mendocino, Trinity, Plumas, and Glenn	
	Adult Ed: 525 Pine St, Ste B	counties to attend a WASC-accredited,	
	Red Bluff, CA 96080	public school in a decidedly non-traditional	
	7-12 Grades: 979 Douglass St	way. Adult Ed options include GED, online	(530) 527-7055 adult Ed
TELA - Tehama eLearning Academy	Red Bluff, CA 96080	and in-person.	(530) 527-1088 general info
WIC online parenting and nutrition classes			https://www.wichealth.org/
Employment & Income			inception in the internet of t
		Provides a single address where partnering	
		agencies, each with their own identity and	
		mission, provide core services focused on	
	76 Crescent St	meeting the needs of job seekers and	
Alliance for Workforce Development	Quincy, CA 95971	employers.	(530) 283-1606
		employers.	(550) 285-1800
		Offers regular training programs related to	
		leadership and supervisory skills, customer	
		service, team building, mental health and	
Community Training & Development, Plumas Rural	805 Main St	wellness, grief recovery, personal	Dana Nowling, (530) 283-2735 ext.
Services	Susanville, CA 96130	professional development, etc.	856
		redding.craigslist.org	
Craigslist		Listings for short-term gigs, jobs, etc.	redding.craigslist.org
		edjoin.org	
		Job listings for careers in the field of	
EdJoin		education.	edjoin.org
		Provides temporary and contract	
	243 S Main St	employment in industries ranging from	
Express Employment Professionals	Red Bluff, CA 96080	professional to skilled trades.	(530) 527-0727

	310 S Main St		
	Red Bluff, CA 96080		
	275 Solano St, Corning, CA 96021		(530) 527-1911 Red Bluff
	270 County Hospital Rd., Suite 207, Quincy, CA	Contact your local Social Services office to	(530) 824-9182 Corning
General Assistance & CalFresh	95971		(530) 283-6350 Quincy
	93971	apply	(330) 283-8330 Quincy
		indeed.com	
Indeed		Job listings with many filters to choose from	indeed.com
		A private, nonprofit organization providing	
		employment opportunities to job seekers and	
	718 Main St	hiring, training & human resource assistance	
Job Training Center of Tehama County	Red Bluff, CA 96080	to local businesses	(530) 529-7000
LinkedIn			
	1600 Solano St, C		
Marathon Staffing	Corning, CA 96021	M-F, 8-4:30. www.marathonstaffing.com,	(530) 900-1272
		nationsfinest.org	
	153 Hartnell Ave, Ste 100	Helps you apply for veterans benefits and	
Nation's Finest	Redding, CA 96002	more.	(833) 468-9676
	2660 Park Marina Dr Suite A		
	Redding, CA 96001		
	2603 Riverside Dr		(800) 772-1213 Redding
Social Security Administration	Susanville, CA 96130	https://www.ssa.gov/apply	1-855-420-8563 Susanville
		https://www.choose.va.gov/?utm_source=go	
		ogle&utm_medium=paid_search&utm_camp	
		aign=ar_benefits_oy4&utm_content=branded	
		&gad_source=1&gclid=EAIaIQobChMIoriAwtf	
		SigMVKCJECB0_BR68EAAYASAAEgKukPD_B	
			(F20) 220 ZEEE Dadding
VA Benefits		wE	(530) 226-7555 Redding

		M-F, 8:30-4. The WorkFirst training and resource center, open to participants of CalWORKs Welfare-to-Work program and the public, offers job readiness, life skills training, resume building, and career planning workshops. The computer lab is equipped to aid job seekers to create and	
		print resumes, search and apply for jobs,	
		improve typing and computer skills, and	
	376 S Main St	apply for disability and unemployment	
WorkFirst Center	Red Bluff, CA 96080	insurance benefits.	no phone number listed
Eye Care			
	400 Solano St		
Corning Eye Care Center	Corning, CA 96021	Call for appt.	(530) 824-2166
	411 Cedar St		
Daniel M. King, Ophthalmologist	Red Bluff, CA 96080	Call for appt.	(530) 527-6123
	125 Eagle Crest Trail		
Dr. Kenneth Meyer (Ophthalmologist)	Chester, CA 96020	call for info.	(530) 419-5030
	262 Main St		
Fredrick Feil, OD	Chester, CA 96020	call for info.	(530) 258-3101
	68 E Central Ave		
Friden Optometry	Quincy, CA 95971	M-F, 8-5	(530) 283-2020
	600 Ash St		
Legacy Optometric	Susanville, CA 96130	M-Th, 8-5; F, 8-12	(530) 257-4424
	3650 Main St, Ste C		
Michael Farrar, Optometrist	Cottonwood, CA 96022	Call for hours	(530) 347-7347
	1056 Washington St		
North Ridge Eye Care	Red Bluff, CA 96080	Call for appt.	(530) 529-1750
	1031 Washington St		
Quality Eye Care	Red Bluff, CA 96080	Call for appt.	(530) 527-2211
	715 Jackson St, Ste A		
Red Bluff Vision Center	Red Bluff, CA 96080	Call for info.	(530) 527-9242
	2540 Sister Mary Columbia Dr		
Rolling Hills Clinic	Red Bluff, CA 96080	Call for appt.	(530) 690-2778

	444 Union St		
Stacy Cullum, Optometrist	Red Bluff, CA 96080	Call for appt.	(530) 527-8777
	2005 Court St., Ste J		
T. Adam Bowen, Ophthalmologist	Redding, CA 96001	pediatric ophthalmology	(530) 246-4733
Food Resources		·	
Almanor Basin Food Pantry, or ABFP	Chester, CA 96020	Call for info.	(916) 390-7583
	River Park	Su, 1:30-3:30	
Bridgeway to Hope	Red Bluff, CA 96080	Free lunch	
	310 Main St		
Cal Fresh	Red Bluff, CA 96080	M-F, 8-5	(530) 527-1911
Center for Healthy Communities (Cal Fresh app help)			(530) 345-9749
	857 Washington St		
Church Without Walls	Red Bluff, CA 96080	M,W,F call for info.	(530) 690-2882
	1500 S. Jackson St		
Community Action Agency Senior	Red Bluff, CA 96080	M-F 12:00-12:30	(530) 527-2414
	176 Lawrence St		
Community Assistance Network (C.A.N.)	Quincy, CA 95971	Call for info.	(530) 283-0262
	13585 HWY 36E		
Cornerstone Church	Red Bluff, CA 96080	Tu, 9-11	(530) 527-9210
	710 4th St		
Corning Christian Assistance	Corning, CA 96021	M, 9-12	(530) 824-3866
	165 Ridge St		
EPCAN - Portola Food Bank (PCIRC)	Portola, CA 96122	Call for info.	(530) 283-5515
	1421 Marin St		
First Christian Church	Corning, CA 96021	Wed, 5 pm; Sun afternoon	(530) 824-3866
	501 Pine St		
First Baptist Church	Red Bluff, CA 96080	M,Tu, Su 9:00-3:00	(530) 824-3866
	Serves Los Molinos, Tehama, Gerber, and Red		
Food for the Hungry	Bluff	By Appointment	(530) 228-2662
Greenville Rancheria Tribal Health (Hoopa Food	1425 Montgomery Rd		
Distribution for Natives)	Red Bluff, CA 96080	M-F, 8-5	(530) 528-8600
	1006 6th Ave		
Harvest Christian Center	Corning, CA 96021	Tu,W,Th,Sa, 9-2	(530) 824-2091
	224 Mill St		
Indian Valley Food Pantry	Greenville, CA 95947	Call for info.	(530) 338-2349

	25235 Orange St		
Joseph's Blessing Food Ministry	Los Molinos, CA 96055	Sa, 9-1	Kim Smith (530) 586-1604
		Food access, learning and community,	
	429 Main St, Ste B	workforce development, affordable produce	
Lost Sierra Food Project	Quincy, CA 95971	program	info@lostsierrafoodproject.org
	660 Solano St		
New Life Assembly	Corning, CA 96021	1st & 3rd Wed, 9-11	(530) 824-3426
	1015 4th Ave		
Nutrition Programs	Corning, CA 96021	M-F, 11:30-12	(530) 824-4727
		Meals, laundry, men's transitional housing,	
		rapid re-housing, day shelter, emergency	
	PO Box 315	winter night shelter, women and children	
PATH (Poor & Homeless of Tehama)	Red Bluff, CA 96080	Sale house; www.redbluffpath.org	(530) 727-9291
		The Pantry Project (food, diapers, hygiene	
		supplies); food vouchers. Call for hours and	
Plumas Crisis Intervention & Resource Center		address.	(530) 283-5515
	17207 Stagecoach Rd		
Rancho Tehama Community Church	Red Bluff, CA 96080	Mon & Tues	(530) 585-2526
		www.rootsfoodgroup.com	
		Provides delicious and chef-prepared	
		medically tailored meals covered by	
		insurance to people managing chronic	
		conditions, post-discharge recovery, and	
		more. Empowering self-care with nutritious	
Roots Food Groups		meals.	
			Randy Dueck
Salt Ranch	Delivery	call for appt	(530) 200-6871
	940 Walnut St		
Salvation Army	Red Bluff, CA 96080	M, Th 8:30-3:30	(530) 529-1590
SCCAC (Sierra County Child Abuse Council)	Loyalton, CA 96118	Call for info.	(530) 993-1110
	1500 South Jackson		
	Red Bluff, CA 96080		
	1015 4th Ave	M-F, 12-12:30 pm Red Bluff	(530) 527-2414 Red Bluff
Senior Nutrition Program (55+)	Corning, CA 96021	M-F, 11-12 Corning	(530) 824-4727 Corning

	24052 Hoag Rd		
Seventh Day Adventist Church	Corning, CA 96021	M, 9-12	(530) 824-2753
	720 South Jackson St		
Seventh Day Adventist Church	Red Bluff, CA 96080	M, 10-12	(530) 527-3733
Supernatural Life Transition Ranch	Available by Appointment		(530) 200-6871
	20699 Walnut St		
	Red Bluff, CA 96080		
	1015 4th Ave		
Tehama County Food Bank Gleaners	Corning, CA 96021	Call for info.	(530) 529-2264 both locations
	510 Jefferson St		
The Lord's Table, St. Peter's Episcopal Church	Red Bluff, CA 96080	M, Tu, W, F, noon; Sa, 9-1	(530) 527-5205
	https://www.walmart.com/plus/inhome?rf=goo		
Walmart+ In-home	gle.com		
Why Hunger Hotline		M-F, 6a-3p	1-800-548-6479
	1850 Walnut St, Suite H		
WIC (Women, Infants and Children)	Red Bluff, CA 96080	M-F, 8-5	(530) 527-8791
Foster & Adopt			
	1901 Victor Ave		
	Redding, CA 96022		
	1469 Humboldt Rd, Ste 200		
Adoption Choices of Northern Ca	Chico, CA 95928	Call for info.	1-800-607-9200
	520 Cohasset Rd, Ste 140		
California Dept of Social Services - Adoption	Chico, CA 95926	M-F, 8-5	(530) 895-6143
	645 Antelope Blvd, Ste 15		
CASA Court Appointed Special Advocates	Red Bluff, CA 96080	Call for info.	(530) 526-5286
	590 Antelope Blvd, Ste 20		
Children First Foster Family Agency	Red Bluff, CA 96080	M-F, 8-5	(530) 528-2938
	2608 Victor Ave, #A		
Children First Foster Family Agency	Redding, CA 96002	M-F, 8:30-5	(530) 722-1022
	310 S. Main St		
Day Care and Foster Family Licensing	Red Bluff, CA 96080	M-F, 8-5	(530) 527-1911
	1425 Montgomery Rd		
ICWA worker (Crystal Jimenez	Red Bluff, CA 96080	M-F, 8-4	(530) 528-8600
	391 Taylor Blvd, Ste 100		
Independent Adoption Center	Pleasant Hill, CA 94523	M-F, 9-5	1-800-877-6736

		Can confirm your pregnancy, discuss your	
		situation, and show you your options all at no	
		cost to you. Contact us today because you	
	3050 Victor Ave, #C	have a bright future ahead. Support,	
Life Light Pregnancy Help Center	Redding, CA 96002	pregnancy tests, material support, parenting	(530) 222-5200
		Opens at noon on weekdays. Provides	
		parenting & pregnancy counseling and	
		education, family planning, housing for	
	1008 Madison St	unhomed pregnant/new mothers, clothing	
LifeNet	Red Bluff, CA 96080	and diapers	(530) 727-9888
	2580 Victor Ave, Ste C		
Lilliput Children's Services	Redding CA 96002	M-F, 8-5	(530) 722-9092
	289 Rio Lindo Ave		
Lilliput Children's Services	Chico, CA 95926	M-F, 8-5	(530) 896-1920
	220 Sycamore St		
NCCDI Supervised Visiting Center	Red Bluff Ca 96080	Call for appt.	(530) 528-8883
	2770 Pioneer Dr		
	Redding, CA 96001		
	2577 California Park Dr		(530) 365-9197
Northern California Youth and Family Program	Chico, CA 95928	M-Th 8:30-5; F 8:30-4	(530) 893-1614
	270 County Hospital Rd, Rm 207	Child protective services and foster care	
Plumas County Child and Family Services	Quincy, CA 95971	placement	(530) 283-6350
	962 Maraglia St		
Ready for Life Foster Family Agency	Redding, CA 96002	M-F, 8-5:30	(530) 222-1826
	1313 Yuba St		
Shasta County Adoption Agency	Redding, CA 96001	M-F, 8-5	(530) 225-5791
	310 S. Main St		
TCDSS-Foster Care	Red Bluff, CA 96080	M-F, 7:30-5	(530) 527-1911
	1901 Victor Ave		
Women's Health Specialists	Redding, CA 96022	Call for info.	(530) 221-0193
Homelessness			

211 Community Resources		Call and receive a list of resources for your particular need.	211
Children First Foster Agency (THP former foster)	590 Antelope Blvd Red Bluff, CA 96080	Helps foster youth make a safe, successful transition into the community. The Transitional Housing Program helps to reduce homelessness among former foster youth. Effective at helping former foster youth to achieve stable housing, living wage employment, and higher education.	(530) 385-0080
Empower Tehama	1805 Walnut St Red Bluff, CA 96080	Emergency and Transitional Housing. Shelter & Transitional Housing are temporary places to stay when you have no other safe place to go because of domestic violence. These facilities are secure – nobody can enter without authorization, so you know you're safe. Empower Tehama's Transitional Housing facility allows you to live semi- independently while you prepare to get your own residence. We will help you find permanent housing. We have a Rental Assistance Program as well.	(530) 528-0226 1-800-324-6473 24 hour lines

		M-F, 8-5	
		Offers housing programs for people with	
		disabilities, seniors, and families	
	2 Sutter St, Ste B&D	experiencing homelessness or at risk of	
Greenville Rancheria Community Resource Center	Red Bluff, CA 96080	homelessness.	(530) 727-9631
		nomelessness.	(550) 727-9831
		Provides housing vouchers to eligible	
		veterans who are VA healthcare eligible,	
HUD-VASH: U.S. Departmetn of Housing and Urban		homeless or at risk of homelessness, and	
			(000) 700 1110
Development	451 7th St, S.W., Washington, DC 20410	meet income restrictions.	(202) 708-1112
		On and at more an use sludeur. Drevidee	
		Opens at noon on weekdays. Provides	
		parenting & pregnancy education, family	
	1008 Madison St	planning, housing for unhomed	
LifeNet (for pregnant and new moms)	Red Bluff, CA 96080	pregnant/new mothers, clothing and diapers	(530) 727-9888
		Veteran housing programs as well as help	
	153 Hartnell Ave, Ste 100	accessing many other veteran services and	
Nation's Finest & CalAIM	Redding, CA 96002	benefits.	(530) 223-3211
		70-bed shelter at the Shasta Lodge. Offers	
	1245 Pine St	shelter, job training, recovery programs,	
New Life Shelter	Redding, CA 96001	spiritual options	(530) 999-8345
		Del Norte, Humboldt, Trinity, Siskiyou, and	
		Butte Counties	
		Housing, utility, nutrition assistance and	
		supportive services education and	
		employment.	
		Intake for housing program:	
Northern California Indian Development Council	241 F St	https://ncidc.questionpro.com/a/TakeSurvey	
Community Services Block Grant Program (CSBG)	Eureka, CA 95501	?tt=S8fOkjrBj2UECHrPelW9eQ%3D%3D	(707) 445-8451
			· · · · · · · · · · · · · · · · · · ·
		Meals, laundry, men's transitional housing,	
	550 Lay Ave	rapid re-housing, day shelter, emergency	
	-		
	(mailing: PO Box 315)	winter night shelter, women and children	(500) 707 0001
PATH (Poor & Homeless of Tehama)	Red Bluff, CA 96080	Sale house; www.redbluffpath.org	(530) 727-9291

	183 W. Main St	M-F, 8-5 Assists low income residents meet their housing needs, provides energy assistance and weatherization services, builds and improves infrastructure, supports the creation and retention of jobs, and supports human service organizations, thereby making	
Plumos County Housing Authority/ Plumos County			
Plumas County Housing Authority/ Plumas County	(mailing: PO Bo 319)	our communities better places to live. We do	(500) 000 0400
Community Development Commission	Quincy, CA 95971	this in a professional and caring manner.	(530) 283-2466
Plumas Crisis Intervention & Resource Center	591 W. Main St Quincy, California 95971	Provides housing and homeless programs, rape crisis & domestic violence programs, utilities and food assistance, court appointed special advocates, re-entry program, legal clinic	(530) 283-5515 24/7 CRISIS LINE 1-833-723-2968
RBPD Homeless Liaison Officer			(530) 527-3131
	777 Cypress Ave		
Redding Housing Authority	Redding, CA 96001	Call for more information.	(530) 225-4048
Shasta County Housing and Community Action	1450 Court St, #108		
Programs Department	Redding, CA 96001	Call for more information.	(530) 225-5160

		M-F, 8-5	
		Connects low-income families with	
		resources designed to help get safe,	
		permanent housing. Working together with	
		HUD and other agencies, when available, we	
		may be able to refer people to programs that	
		help with security deposits, rent, utility	
		payments and low-income housing.	
	310 S. Main St	Has limited funding available to provide	
Tehama County Community Action Agency	Red Bluff, CA 96080	deposit assistance to qualifying families.	(530) 527-6159
	1455 Butte House Rd		
Yuba County Housing Authority	Yuba City, CA 95993	Call for more information.	(530) 671-0220
Housing			
	Office: 416 Pine St	Housing in various locations.	
Alliance Property Management	Red Bluff, CA 96080	https://alliancehomerentals.com	(530) 529-1811
	1875 Walnut St		
Bayless Garden Apts. (subsidized)	Red Bluff, CA 96080		(530) 529-5513
	1275 Walnut St	https://chiphousing.org/rental/brickyard-	
Brickyard Creek Apts. (subsidized)	Red Bluff, CA 96080	creek-apartments	(530) 527-3300
	15 Cabernet Court		
Cabernet Apartments	Red Bluff, CA 96080	www.cabernetredbluff.com	(530) 431-2288
	319 S. Jackson St		
Creekside Village Apartments	Red Bluff, CA 96080	https://www.livecreeksidevillageapts.com/	(530) 528-0452
	333 South Main St		
Crystal Motel/Apts.	Red Bluff, CA 96080	https://crystalmotelredbluff.com/index.html	(530) 527-1021
	755 Givens Rd		
Givens Heights	Red Bluff, CA 96080		(530) 527-1547
	152 Green Meadows Ln		
Green Meadows (affordable)	Greenville, CA 95947		(530) 284-6800
	755 Luther Rd		
Jackson Manor Apartments	Red Bluff, CA 96080		(530) 529-2455
	820 Crossing Rd	https://www.buckinghampm.com/homes/ki	
Kimball Crossing (subsidized)	Red Bluff, CA 96080	mball-crossing/	(530) 827-3274

	Office: 332 Pine St	Housing in various locations.	
Landlord Support Services	Red Bluff, California 96080	rentalconnects.net	(530) 527-6269
	855 Luther Rd		
Lassen View Apts. (senior, low-income)	Red Bluff, CA 96080	https://www.lassenviewapartments.com/	(530) 527-8213
	710 Vista Way		(500) 500 0440
Meadow Vista Apts (non-subsidized, low income only)	Red Bluff, CA 96080	https://www.mv-apts.com/	(530) 529-3413
	200 Jackson St	https://www.rchdc.org/property-	
Oak Park Manor Apts. (seniors; affordable housing)	Red Bluff, CA 96080	management/find-an-apartment/	(530) 529-2200
	2171 Fig Ln	https://www.rchdc.org/property-	
Olive Grove	Corning, CA 96021	management/find-an-apartment/	(530) 413-5790
	725 Kimball Rd		
Palm Royale Apartments	Red Bluff, CA 96080		(530) 527-1547
	1323 Deborah Rd		
Phoenix Apts. (subsidized)	Red Bluff, CA 96080		(530) 529-1486
	616 Pearl Rd		
Pine Meadows (affordable)	Chester, CA 96020 (P.O. Box 1836)		(530) 258-3223
	Office: 2101 Howard St, Ste C	Housing in various locations.	
Places & Spaces	Anderson, CA 96007	https://www.placesandspaces.net/	(530) 226-5300
		Housing in various locations, including	
	Office: 2136 Eureka Way	Tehama and Shasta Counties.	
Real Estate Solutions	Redding, CA 96001	https://www.shastaresolutions.com/	(530) 347-6765
	111 Sale Ln	https://www.liveatredbluffapt.com/home.as	
Red Bluff Apartments (subsidized)	Red Bluff, CA 96080	рх	James Hall (530) 527-5435
	850 Kimball Rd		
Red Bluff Meadows Apartments (subsidized)	Red Bluff, CA 96080		James Hall (530) 527-9196
		Housing in various locations, including	
	2015 Shasta St	Tehama and Shasta Counties.	
Redding Property Upsurge, Inc.	Redding, CA 96001	https://www.propertyupsurge.com/	(925) 363-5328
	805 Orange St		
Redwood Gardens	Red Bluff, CA 96080		(530) 529-2180
	7975 Sherwood Blvd		
Sherwood Manor Apts.	Los Molinos, CA 96055		(530) 384-1523
	460 Melissa Ave		
Sierra Meadows (affordable)	Chester, CA 96020 (P.O. Box 1929)		(530) 258-4212

	Sutter St		
Sutter St Apts	Red Bluff, CA 96080		(530) 737-7485
		Housing located in various locations.	
	Office: 320 Oak St	https://www.tehamapropertymanagement.c	
Tehama Property Management	Red Bluff, CA 96080	om/	(530) 527-2256
		Provides mortgages to very low and low	
	3644 Avtech Pkwy	income individuals or families to purchase or	
USDA Housing Rural Development	Redding, CA 96002-9241	build a home in a rural area.	(530) 691-5869
	1374 Peppard Flat Rd		
Valley Heights (affordable)	Quincy CA 95971		(530) 283-4119
	460 Main St	https://www.mercyhousing.org/california/vill	
Villa Columba (seniors; disabled)	Red Bluff, CA 96080	a-columba/	(530) 527-6222
	1755 Southridge Dr		
Vista Ridge Apts (non-subsidized, low income only)	Red Bluff, CA 96080	https://www.vistaridgeredbluff.com/	(530) 529-3600
W & Co Property Solutions		various locations	(530) 262-4255
	100 Washington St	https://www.rchdc.org/property-	
Washington Court Senior Housing (Affordable Housing)	-	management/find-an-apartment/	(530) 527-8157
	366 Meadowbrook Loop		
Wildwood Village (affordable; elderly/disabled only)	Chester, CA 96020		(530) 258-3350
		Offers many listings locally and nationally.	
		Set up filters, save searches, and receive	
Zillow		alerts. Zillow.com	zillow.com
Immigration & Migrant Workers			
California Human Development	www.californiahumandevelopment.org		(530) 899-0624
	175 Solano St		
Corning Family Resource Center	Corning, CA 96021	Ask for Mariela	(530) 824-7670
	1135 Lincoln St		
Migrant Education Hotline	Red Bluff, CA 96080		(530) 528-7339
	300 B St		
Migrant Education Hotline	Biggs, CA 95917		1-800-234-8848
National Network for			
Immigrant & Refugee Rights	www.nnirr.org		(510) 465-1984
U.S. Citizenship and Immigration Service	www.uscis.gov		
Legal Assistance			

		As a student-run non-profit organization,	
		provides legal information to students and	
		community members. Each semester,	
		students participate under the supervision of	
		four attorneys.	
		Provides legal information in these 11 areas:	
		Student Legal Services/Juvenile Rights, Chico	
		Consumer Protection Agency, Women's Law	
		Project, County Jail Law Project, Disability	
		Law Project, Environmental Advocates, Family Law Project, Housing Law Project,	
		Misdemeanors, Tickets and Traffic, Penal	
		Law Project, Workers' Rights Project. Open to	(520) 200 4254
		all in need of legal information, as long as it is	
		under legal scope of practice and client does	
CSU, Chico Community Legal Information Clinic	www.csuchico.edu/clic	not currently have an attorney.	clic@csuchico.edu
		Holps people with dischilitize (including	
		Helps people with disabilities (including	
		seniors) achieve and maintain	
		independence. Provides support services	
		that help remove barriers (physical,	
		emotional, societal, etc.). Traumatic Brain	
		Injury Program (email Landa@actionctr.org,	
		or call DAC). Services available by	
		appointment only in Yreka, Mt. Shasta and	
		Red Bluff.	
		Open to children, teens, adults, and seniors	
	multiple locations: Chico DAC	with any type of disability or functional	
	Mt. Shasta Community Resource Center	limitations	(530) 242-8550 Redding
	Red Bluff-Frontier Village	Serves Butte, Glenn, Lassen, Modoc, Plumas,	
	Redding DAC	Shasta, Siskiyou, and Tehama Counties.	(800) 464-8527 Chico toll free
DAC - Disability Support Services	Yreka Community Resource Center	actionctr.org	wecare@actionctr.org

			,
		to hold employment without discrimination	
		based on: sex, sexual orientation, race, color,	
		ancestry, religious creed, age, marital status,	
		national origin, medical condition, physical	
		disability. Also protects classes in equal	
		housing.	
		Call or visit website to file a complaint about	
		job or housing-related discrimination or	(800) 884-1684
DFEH	calcivilrights.ca.gov	harassment. Persons represented by counsel	contact.center@calcivilrights.ca.gov
	520 Main St, Rm 404		
District Attorney - Criminal Division	Quincy, CA 95971		David Hollister (530) 283-6303
	1740 Walnut St		
Family Law Facilitator	Red Bluff Ca 96080	M-F, 8-5	(530) 527-8649

		Administers homeownership and rental	
		assistance programs in partnership with	
		public housing authorities. Provides	(202) 708-1112 Main Number
		mortgage insurance to private lenders for	(800) 669-9777 Housing
Federal Housing Authority	www.hud.gov ; https://resources.hud.gov/		· · ·
		Provides free civil legal assistance on a	
		variety of issues. Serves income-eligible	
		residents in Shasta, Lassen, Modoc,	
		Siskiyou, and Tehama County. Call for	(800) 822-9687 toll free
		income guidelines. Serves Lassen, Modoc,	(866) 815-5990 toll free evening
	541 Normal Ave	Shasta, Siskiyou, and Tehama Counties.	(530) 241-3565
Legal Services of Northern California	Chico Ca 95927	lsnc.net/office/Redding	redding-office@lsnc.net
		Offers an assistance center that informs	
		mobile homeowners and tenants about their	
		rights. Also handles complaint reports about	(800) 952-8356
Mobilehome Assistance Center	www.hcd.ca.gov	mobile home issues.	mhassistance@hcd.ca.gov
		M-F, 8-5	
		Estate planning assistance (advanced health	
		care directive, power of attorney, will	
		information through workshops, etc.). Elder	
		abuse.	
Passages Area Agency on Aging	www.passagescenter.org	Adults ages 60 and up in Tehama County	1-800-822-0109
		Court appointed special advocates for	
Plumas CASA		abused and neglected children	(530) 283-5515
		www.courtinfo.ca.gov/selfhelp/smallclaims/	
		plumas.htm	
	520 Main St, Rm 302	Advice to public for small claims court only.	
Plumas County Counsel/Small Claims Advisor	Quincy, CA 95971	No fees. Open to all residents.	Mari Snyder (530) 283-6240
	270 County Hospital Rd, Ste 1288		
Probation	Quincy, CA 95971		(530) 283-6200
	1740 Walnut St		
Self-Help Assistance and Referral Program	Red Bluff Ca 96080	Call for appt.	(530) 527-8649

Self-Help Legal Clinic - Plumas County		Weekly support with legal issues family law, guardianship, conservatorship, evictions, etc. printing forms, making copies. No legal advice available.	(530) 283-5515
	1400 E Main St		
Sherriff/Coroner	Quincy, CA 95971		Greg Hagwood (530) 283-6375
	520 Main St, Rm 304		
Superior Court Dept I	Quincy, CA 95971		Judge Janet Hilde (530) 283-6297
	520 Main St, Rm 104		
Superior Court Dept II	Quincy, CA 95971		Judge Ira Kaufman (530) 283-6232
		Offers guidance for overcoming debt. Provides resources to get back on the right financial track. Offers free budget counseling, debt management plans, and housing programs. Certified bilingual HUD approved Housing Counselors and Certified Credit Counselors provide free counseling to	(866) 528-0588 Credit Counseling (866) 987-2008 Housing Counseling
Take Charge America	www.takechargeamerica.org	all consumers in California.	(800) 823-7696 Debt Management

		The Civil Division handles all civil matters,	
		including: family law,	
		guardianships/adoptions, emancipation of	
		minors, name change, probate,	
		conservatorships, title/possession of real	
		property, landlord-tenant disputes, small	
		claims. Provides referrals to the public, legal	
		forms, and procedural guidance. Small	
		claims court is a special court that aims to	
		resolve disputes in a shorter amount of time.	
		The rules are simple and informal. One may	
		ask a lawyer for advice before going to court	
		but cannot have a lawyer in court. The Small	
		Claims Advisor is available to answer	
		questions over the phone. Family Court	
		Services (FCS) provides mediation in a	
		private counseling office. For Tehama County	
		residents or persons who have proceedings	(530) 527-6441
Tehama County Superior Court - Civil and Family Law	www.tehamacourt.ca.gov	pending within the county.	(530) 529-6116 small claims advisor
		Provides a toolkit with resources and	
		information about tenant's rights. Toolkit	(000) (05 0000
		includes: rent debt information, eviction	(888) 495-8020
Township and Tool 11		assistance, tenants' rights groups	(650) 600-7821
Tenant Power Toolkit	tenantpowertoolkit.org	information, legal resources.	Text message "HELPLINE"
		For problems regarding retirement programs,	
		call Western States Pension Assistance	
		Project at 866-413-4911. Programs may	
Western States Pension Assistance Project		include 401ks, pensions, and defined benefit plans.	(866) 413-4911
Long-Term Care Housing			(600) 413-4911
	1155 Walnut St		
All About Seniors Assisted Living	Red Bluff, CA 96080	Cap 15	(530) 529-4595
			(000) 020-4000

	13765 Lisa Way		
Aloha House Assisted Living/Board and Care	Red Bluff, CA 96080	Cap 6	(530) 529-1052
	1795 Walnut St		
Brentwood Skilled Nursing and Rehabilitation Center	Red Bluff, CA 96080	Accepts Medi-Cal & Medicare, Cap 55	(530) 527-2046
	1095 Lakeside Dr		
By the River Assisted Living	Red Bluff, CA 96080	bytheriverliving.com ; Cap 6	(530) 737-7504
	201 Hartnell Ave		
Copper Ridge Care Center	Redding, CA 96002	Accepts Medi-Cal & Medicare, Cap 125	(530) 222-2273
	3062 Churn Creek Rd		
Crestwood Wellness and Recovery Center	Redding, CA 96002	Accepts Medi-Cal & Medicare, Cap 99	(530) 221-0976
	70 Gilmore Rd		
Gilmore Place	Red Bluff, CA 96080	Cap 22	(530) 727-9293
	1836 Gold St		
Golden Living Center - Redding	Redding, CA 96001	Accepts Medi-Cal & Medicare, Cap 89	(530) 241-6756
Kindred Transitional Care and Rehabilitation,	2120 Benton Dr		
Canyonwood	Redding, CA 96003	Accepts Medi-Cal & Medicare, Cap 115	(530) 243-6317
	705 Luther Rd		
Lassen House Senior Living	Red Bluff, CA 96080		(530) 602-3198
	2005 River St		
Lassen Nursing & Rehabilitation Center	Susanville, CA 96130	Accepts Medi-Cal & Medicare, Cap 96	(530) 257-5341
	3550 Churn Creek Rd		
Marquis Care at Shasta	Redding, CA 96002	Accepts Medi-Cal & Medicare, Cap 180	(530) 222-3630
	423 Walnut St		
Olive City Care Home	Corning, CA 96021	olivecitycarehome.org ; Cap 6	(530) 824-2845
	411 Hyland Dr		
Pleasant Place	Corning, CA 96021	pleasantplacercfe.com ; Cap 5	(530) 838-9244
	555 Luther Rd		
Red Bluff Health Care Center	Red Bluff, CA 96080	Accepts Medi-Cal & Medicare, Cap 58	(530) 527-6232
Red Bluff Senior Living (independent living senior	750 David Ave		(530) 527-9193
community)	Red Bluff, CA 96080		derek@redbluffseniorliving.com
	130 Brentwood Dr		
Seneca District Hospital D/P SNF	Chester, CA 96020	Accepts Medi-Cal & Medicare, Cap 16	(833) 227-3743
	1340 Southpointe Dr		
Southpointe Retreat (PRS)	Red Bluff, CA 96080	Cap 6	(530) 528-2130

	320 North Crawford St		
Willow Center	Willows, CA 95988	Accepts Medi-Cal & Medicare, Cap 76	(530) 934-2834
	2490 Court St		
Windsor Redding Care Center	Redding, CA 96001	Accepts Medi-Cal & Medicare, Cap 113	(530) 246-0600
Medical Care	• •		•
	155 Solano St		
Adventist Health	Corning, CA 96021	M-F, 8-5:30	(530) 872-2000
	7883 HWY 99E		
Ampla Health Center	Los Molinos, CA 96055	Call for appt.	(530) 384-4010
		www.cdc.gov	
		Public Health Service for Disease Prevention,	
		Health Promotion, Research, and	
		Educational Activities. Training & Continued	
		Education in Pre-Diabetes and Type 2	
CDC - Centers for Disease Control and Prevention		Diabetes.	
	1531 Esplanade		
Enloe Medical Center	Chico, CA 95926		(530) 891-7300
	155 Solano St		
Feather River Medical-Corning	Corning, CA 96021	Call for appt.	(530) 824-4663
	645 Antelope Blvd, Ste 24		
Frontier Village Family Health Center	Red Bluff, CA 96080	Call for appt.	(530) 528-7650
		The Mobile Hope Van medical clinic is	
		stationed at the Mission it parks in front of	
		the distribution center. Medical staff on the	
	3050 Veda St	bus will see you on a first come first serve	
Good News Rescue Mission Medical Services	Redding, CA 96001	basis. No medical insurance needed.	Mon & Thurs, 8-5
	7597 HWY 89	M-Th, 8-5; Family Medicine, osteopathic	
Graeagle Medical Clinic	Graeagle, CA 96103	manipulative therapy	(530) 836-1122
	410 Main St		(000) 000-1122
Greenville Rancheria Diabetes Prevention & Education	Greenville, CA 95947	Call for info.	(530) 284-7990 ask for a CHR
	2 Sutter St, Ste B		
Greenville Rancheria Diabetes Prevention Program	Red Bluff, CA 96080	3rd Wednesday of the month	(530) 528-8600
	2 Sutter St, Ste B		
Greenville Rancheria Diabetes Sharing Circle	Red Bluff, CA 96080	3rd Wednesday of the month	(530) 528-8600
		ora weatestay of the month	(000) 020-0000

	1425 Montgomery Rd		
	Red Bluff, CA 96080		
	410 Main St		(530) 528-8600 Red Bluff
Greenville Rancheria Tribal Health Center	Greenville, CA 95947	M-Sa, 8-5	(530) 284-7990 Greenville
	176 Hot Springs Rd		
Indian Valley Medical Clinic	Greenville, CA 95947	M, W, F, 8-5; Family Medicine	(530) 283-5640
	2580 Sister Mary Columba Dr		
Laboratory Services - St. Elizabeth Community Hospital	Red Bluff, CA 96080	Laboratory services	(530) 529-9729
	199 Reynolds Rd		
Lake Almanor Clinic	Chester, CA 96020	M-F, 8-5; Family Medicine	(833) 227-3743
	2450 Sister Mary Columbia Dr		
	Red Bluff, CA 96080		
	20833 Long Branch Dr		(530) 527-0414 Red Bluff
Lassen Medical Clinic	Cottonwood, CA 96022	Call for info.	(530) 347-3418 Cottonwood
	2175 Rosaline Ave		
Mercy Medical Center	Redding, CA 96001		(530) 225-6000
	2500 Main St		
Northern Valley Indian Health	Red Bluff, CA 96080		(530) 529-2544
		Helps with co-pay and financial assistance	
		for certain medical needs and conditions.	
		Resources for appealing an insurance denial,	
		resource directories, etc.	
Patient Advocate Fund (PAF)		https://www.patientadvocate.org/	1-800-532-5274

		Emergency Room and Inpatient Services are open 24/7. Other services include: Primary care and Family Practice; Obstetrics; Internal Medicine; Dental Care; Preventive health services; Management of chronic conditions, including: Diabetes, High blood pressure, Asthma, High cholesterol, Other chronic	
Plumas District Hospital	1065 Bucks Lake Rd Quincy, CA 95971	Diabetes and Nutrition Education; Counseling; Telemedicine; Visiting specialists: Cardiology, Gynecology, Podiatry, Urology, Pain Management, Orthopedics	(530) 283-2121
Plumas Rural Health Center, North Fork Building	1065 Bucks Lake Rd Quincy, CA 95971	Plumas District Hospital providers practice Family Medicine. Family Medicine (also known as Family Practice) is a specialty devoted to comprehensive health care for people across all ages, diseases, and parts of the body. It is based on knowledge of the patient in the context of the family and community, emphasizing disease prevention and health promotion. Family Medicine providers emphasize personal, continuing care.	(530) 283-2121
	711 E. Main St	Provides callers with information and resources available to them in Plumas County for a wide variety of community,	(530) 283-2735 ext. 830
Plumas Rural Services, Resource & Call	Quincy, CA 95971	health, social and other services.	npeay@plumasruralservices.org

		In an emergency, call 911.
Redding, CA 96002	M-F, 7:30-4:30	(530) 226-7555
351 Hartnell Ave		
Red Bluff, CA 96080	Call for appt.	(530) 529-2960
2490 Sister Mary Columbia Dr		
Red Bluff, CA 96080	Call for appt.	(530) 527-6824 Public Health
1860 Walnut St, #E		(530) 527-5631 Mental Health
		(530) 824-4890 Corning
		(530) 527-7893 Drug/Alcohol
		(530) 527-0350
Red Bluff, CA 96080	24/7	(530) 529-8012
2550 Sister Marv Columbia Dr		
		(530) 244-5400
	Call for appt.	(530) 690-2827 Corning
		(530) 690-2778 Red Bluff
-		
	Call for info.	(530) 224-2700
-		
	6:30 am-2:30 pm	1-888-277-8772
	medicine, and women's health	(530) 832-6600
	Offers a wide variety of services, including	
	M-F 8-5	
Red Bluff, CA 96080	Outreach Supervisor Tina Norman	530-737-8890
510 Jefferson St	Care established.	
	Medical, Dental, Behavioral, and Housing	
	designed to aid you in the process of getting	
	Disability services and support organization.	
	Red Bluff, CA 96080480 1st Ave Portola, CA 961221054 S. Main St Red Bluff, CA 960801441 Liberty St Redding, CA 960012540 Sister Mary Columbia Dr Red Bluff, CA 96080706 Peach St Corning, CA 960212550 Sister Mary Columbia Dr Red Bluff, CA 960802550 Sister Mary Columbia Dr Red Bluff, CA 960801860 Walnut St, #E Red Bluff, CA 960802490 Sister Mary Columbia Dr Red Bluff, CA 960802351 Hartnell Ave	designed to aid you in the process of getting Medical, Dental, Behavioral, and Housing Care established. Red Bluff, CA 96080 Outreach Supervisor Tina Norman M-F, 8-5 Offers a wide variety of services, including adult internal medicine, dermatology, family medicine, and women's health 1054 S. Main St 6:30 am-2:30 pm Red Bluff, CA 96080 6:30 am-2:30 pm 1441 Liberty St Call for info. 2540 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2550 Sister Mary Columbia Dr Red Bluff, CA 96080 24/7 1860 Walnut St, #E Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt. 2490 Sister Mary Columbia Dr Red Bluff, CA 96080 Call for appt.

		A public notification system that helps find	
		abducted children who are in danger. AMBER	California Contact:
		Alerts are issued when there is a serious risk	Captain Melissa Kittell
		of injury or death to the child.	California Highway Patrol
Amber Alert		https://amberalert.ojp.gov/	1-800-TELL-CHP (1-800-835-5247)
		Missing Persons listings:	FBI ViCAP, (800) 634-4097,
FBI Most Wanted Missing and Unidentified People		https://www.fbi.gov/wanted/vicap	vicap@fbi.gov
			911 to report a missing person
		https://www.chp.ca.gov/pages/feather-	(916) 843-4199 for questions about
Feather Alerts		alert.aspx	the program
		Supports efforts to identify, collect case level	
		data, publicize, investigate, and solve cases	
	2 Sutter St, Ste B&D	involving missing and murdered indigenous	
Greenville Rancheria MMIP Program	Red Bluff, CA 96080	people.	(530) 727-9631
		We work to protect children around the world	
		from going missing by providing resources for	
		governments, law enforcement, NGOs, and	
		families on prevention as well as the	
		appropriate actions to take in the event a	
		child does go missing.	(703) 837-6313
International Centre for Missing and Exploited Childr	en	https://www.icmec.org/	information@icmec.org
5		https://www.namus.gov/dashboard	
		Search website for missing, unidentified, and	
NamUs		unclaimed postings	
		https://www.missingkids.org/HOME	24-Hour Call Center:
		The CyberTipline is the place to report child	1-800-843-5678
		sexual exploitation.	
		If you believe you or someone you know is a	CyberTipline: 24/7
National Center for Missing and Exploited Children		victim of exploitation, we are here to help.	1-800-THE-LOST (1-800-843-5678)
	1400 East Main St		
Plumas County Sheriff's Dept	Quincy, CA 95971		(530) 283-6375
	300 Park Marina Circle		
Shasta County Sheriff's Dept	Redding, CA 96001		(530) 245-6000

	22840 Antelope Blvd		Sheriff's Dispatch
Tehama County Sheriff's Dept	Red Bluff, CA 96080		(530) 529-7900
			Marlys Big Eagle
			National Native American Outreach
			Services Liaison
			1-866-379-0224
			USAEO.NA.Outreach.Liaison@usdoj.
			gov
		https://www.justice.gov/action-center/repor	t-Gina Allery
		and-identify-missing-persons	Director, Office of Tribal Justice
		Indian Country:	Office of Tribal Justice
	950 Pennsylvania Avenue, NW	https://www.fbi.gov/wanted/indian-country	(202) 514-8812
US Department of Justice	Washington, DC 20530-0001	https://www.ibi.gov/wanteu/indian-country	OTJ@usdoj.gov
	720 Yuba St		Sheriff's Dispatch
Yuba County Sheriff's Dept	Marysville, CA 95901		(530) 749-7777 Ext 5
Museums			(000) / 40 / / / / Ext 0
	1525 Median Ave		
Boomtown Museum	Shasta Lake, CA 96019	M, F, Sa, 9-1	(530) 275-3995
	325 Main St		
Chico Children's Museum	Chico, CA 95928	Tuesday - Sunday: 10am-4pm	(530) 809-1492
	1520 West St		
Eaton House Museum	Redding, CA 96001	Tu, W, Sa, 10-4	(530) 241-3454
	625 Esplanade		
Gateway Science Museum	Chico, CA 95926	Th-Sa, 11-4	(530) 898-4121
	78 Belle Mill Rd		
Gaumer's	Red Bluff, CA 96080	M-F 9-5 pm	(530) 527-6166
	501 Walker St		
Honeybee Museum	Orland, CA 95963	Hours vary	(530) 805-2899
	4288 Cemetery Rd		
Indian Valley Museum	Taylorsville, CA 95983		(530) 284-1046
	311 Washington Ave		
Kelly-Griggs House Museum	Red Bluff, CA 96080	Call for hours	(530) 527-1129
	21820 Lassen National Park HWY		
Kohm Yah-mah-nee Visitor Center (Lassen Park)	Mineral, CA 96063	W-Su 9:30-4:30	(530) 595-4480

	1 N. Old Stage Rd		
Mt. Shasta Sisson Museum	Mt. Shasta, CA 96067	Th - Su, 10AM to 4PM	(530) 926-5508
	2471 670 Antelope Blvd, #1		
Red Bluff Round-Up Museum	Red Bluff, CA 96080	M-F 9-5 pm	(530) 527-1000
	1000 Sale Ln		
Sacramento River Discovery Center	Red Bluff, CA 96080	bhughes@shastacollege.edu	(530) 527-1196
	275 C St		
Tehama County Museum	Tehama, CA 96090	Sa 1-4 pm	(530) 384-2595
	800 Auditorium Dr		
Turtle Bay Exploration Park	Redding CA 96001	hours change by season	(530) 243-8850
	21659 Adobe Rd		
William B. Ide Adobe Visitors Center	Red Bluff, CA 96080	F-Su 10-4 pm	(530) 529-8599
	4755 Shasta Dam Blvd		
Wintu Cultural Museum	Shasta Lake, CA 96019		(530) 215-1840
Parenting & Family			
		M-F, 8-5	
		Provides families with medical care	
		coordination to help the children attend	
		specialist appointments out of the area. We	
		also work closely with area schools and	
		operate a Medical Therapy Program which	
		provides Physical Therapy and Occupation	al
		Therapy services to qualifying clients at the	
		Medical Therapy Unit. Participants must ha	ve
		a qualifying medical condition. Examples o	
		qualifying conditions include but are not	
	1850 Walnut St	limited to: heart disease, diabetes, traumat	ic
California Children's Services	Red Bluff, CA 96080	injuries, severe hearing loss and more.	(530) 527-6824

Tohama County Social Sonvicos		
-		
	Cal Loarn is a statewide program for	
Coming, CA 96021		
		(530) 527-1911 RB
-		(530) 824-9182 Tehama
Quincy, CA 95971	form healthy families.	(530) 283-6350 Plumas
_		
Red Bluff, CA 96080		888-628-1948
409 Walnut St		
Red Bluff, CA 96080	childcare for young children	(530) 529-3131
	M-F, 8-5	
	Links clients with transportation and	
	supporting medical, dental, and mental	
	health appointment scheduling. Provides	
	program application support case	
	management, provider outreach, health	
	education and overall quality assurance,	
	Well Child Exams, Grief Counseling for	
	Families, Collaboration with Law	
	Enforcement, Education to Promote Safe	
1850 Walnut St	Demonstrations, and PURPLE Crying	
Red Bluff, CA 96080	Presentations for eligible families.	(530) 527-0350
2550 Main St	Call to have your car seat installation	
Red Bluff, CA 96080	checked	(530) 527-2034
	Red Bluff, CA 96080 1850 Walnut St Red Bluff, CA 96080 2550 Main St	310 South Main St Red Bluff, CA 96080Cal-Learn is a statewide program for pregnant and parenting teens in the, 275 Solano St Corning, CA 96021California Work Opportunity and Responsibility to Kids (CalWORKs) program. It is designed to encourage pregnant and parenting teens to graduate from high school or its equivalent, become independent, and form healthy families.Plumas County Social Services 270 County Hospital Rd, #207 Quincy, CA 95971Days and times vary depending on the topic and the instructor. You can choose whether a 1-day intensive class or a 1-night-a-week class works better for you. Call to register.2550 Sister Mary Columbia Dr Red Bluff, CA 96080Provides information and referrats for childcare for young children409 Walnut St Red Bluff, CA 96080Provides information and referrats for childcare for young childrenM-F, 8-5 Links clients with transportation and supporting medical, dental, and mental health appointment scheduling. Provides program application support case management, provider outreach, health education and overall quality assurance, Well Child Exams, Grief Counseling for Families, Collaboration with Law Enforcement, Education to Promote Safe Sleep Practices, Shaken Baby 1850 Walnut St Red Bluff, CA 960801850 Walnut St Red Bluff, CA 96080Presentations, and PURPLE Crying Presentations, and PURPLE Crying Presentations, and PURPLE Crying Presentations, and PURPLE Crying

		M, 10-11:30 am	
		A safe space to share how you are adjusting	
		to parenting, stressors, Baby Blues,	
		pregnancy depression/anxiety and much	
		more. If you're pregnant or with a child under	
Circle of Hope:	1500 S. Jackson St, Conference Rm	12 months, this group is here to help	
Perinatal Mental Health Support Groups	Red Bluff, CA 96080	support.	530-840-1124
	175 Solano St	Provides parenting/teen parenting resources,	
Corning Family Resource Center, NVCSS	Corning, CA 96021	job training, referrals	(530) 824-7670
		Call for appt. Counseling for nearly all age	
	1347 Grant St	groups. Individual, family & couples	
Family Counseling Center	Red Bluff, CA 96080	counseling.	(530) 527-6702
		Greenville Rancheria Community Health	
		Representatives work through the 6-module	
		curriculum with families on topics, such as:	
		prenatal care, infant care, your growing child,	
	1425 Montgomery Rd	toddler care, my family and me, and healthy	
Family Spirit Home Visiting Program	Red Bluff, CA 96080	living	(530) 528-8600
		M-F, 8-5	
		Provides services and support for individuals	
	1900 Churn Creek Rd, Ste 319	and families of someone with special needs.	
Far Northern Regional Center (FNRC)	Redding, CA 96002	Self-refer or speak to your doctor.	(530) 222-4791

		M-F, 8-5	
		Provides Triple P parenting classes, referrals,	
		free books (or referrals to such services), etc.	
		First 5 Tehama is dedicated to supporting the	
		holistic brain development of young children	
		in Tehama County so that all of Tehama's	
		children can thrive physically, emotionally	
		and cognitively. We do this by serving as a	
		collaborator catalyst and common link in	
		four main focus areas that are critical to	
	332 Pine St	helping young children thrive and reach their	
First 5 Tehama	Red Bluff, CA 96080	full potential.	(530) 528-1395
		Provides quality education and support to the	
		caregivers of children in out-of-home care,	
		helping these caregivers to meet the	
		emotional, behavioral and developmental	
Foster and Kinship Care Shasta College	Call for location and times	needs of the children in their care.	(530) 339-3611
		M-F, 8-5	
		A Public Health Nursing program that	
		provides education, referrals, and case	
		management. This program is available to	
	1850 Walnut St	pregnant women and families with children	
Healthy Beginnings	Red Bluff, CA 96080	ages 0-5.	(530) 527-8491

		Offers you a personal support coach to help you be the best parent(s) you can be. Services are offered to pregnant women and families with children ages 0-3 and include family-centered emotional support, referrals to other services, assistance with navigation access to services in the community, and education and career goal setting. Services are offered in your home or place of your	
Healthy Families Tehama	1850 Walnut St Red Bluff, CA 96080	choice. There are no costs or income requirements for the services.	(530) 527-8491
Help Me Grow	1135 Lincoln St Red Bluff, CA 96080	Provides no cost services for all families with children ages 0-5 in Tehama County. Services include helping parents track their child's development, connecting parents with resources available to them, and supporting parents to achieve their goals.	(530) 527-5811
Life Light Pregnancy Help Center	3050 Victor Ave, #C Redding, CA 96002	Can confirm your pregnancy, discuss your situation, and show you your options all at no cost to you. Contact us today because you have a bright future ahead. Support, pregnancy tests, material support, parenting education, ultrasounds referral.	(530) 222-5200
LifeNet	1008 Madison St Red Bluff, CA 96080	Opens at noon on weekdays. Provides parenting & pregnancy counseling and education, family planning, housing for unhomed pregnant/new mothers, clothing and diapers	(530) 727-9888

		This 7-week class provides concrete support	
		to parents who have separated yet are	
		parenting their children together. The course	
		identifies the effects of broken relationships	
		on both adults and children and the	
		importance of developing a workable Co-	
	Plumas Rural Services	Parenting Plan that works for each unique	(530) 283-2735 ext. 818
Mindful Co-Parenting Classes	Call for location and times	family and best supports their child(ren).	lwall@plumasruralservices.org
		Parenting classes are provided throughout	
		Plumas County in Portola, Quincy,	
		Greenville, and Chester. A new 8-week	
		session begins every two months and covers	
		a wide variety of topics related to parenting	
		as well as domestic violence and alcohol &	
	Plumas Rural Services	drug issues. Both mandated and non-	(530) 283-2735 ext. 818
Mindful Nurturing Parenting Classes	Call for location and times	mandated parents are welcome to attend.	lwall@plumasruralservices.org
		English & Spanish as well as interpreter	
		services. By phone or text. Before, during and	
		after pregnancy. A professional counselor	
		supports you in real time, gives you	
		information and resources, and makes	
		referrals to local or telehealth providers if	
National Maternal Mental Health Hotline		needed.	1-833-852-6262
		M-F, 8-5	
		Provides free center-based and home-based	
		early childhood education to eligible	
	220 Sycamore St	families, counseling services, visitation	
NCCDI	-		(520) 520 1500
NCCDI	Red Bluff, CA	center, community events and activities	(530) 529-1500

		https://www.nicwa.org/families/	
		Contact about tracing your Native ancestry,	
		Get help finding low-cost legal	
		representation. Contact about your rights	
	5100 S Macadam Ave	when you've encountered the child welfare	
NICWA	Portland, OR 97239	system.	(503) 222-4044
		In-home support for parents who have	
		completed the Nurturing Parenting Classes	
		to further support their parenting goals.	
		Parents work on a wide variety of areas	
		dependent upon their own needs. Referrals	
	Plumas Rural Services	also taken directly from Child Protective	(530) 283-2735 ext. 818
Nurturing Parenting Critical Support	Call for location and times	Services.	lwall@plumasruralservices.org
		Provides classes for parents and children to	
		learn how to improve family relationships.	
		Classes provided at locations in Redding and	
		Red Bluff. Children 12 and older encouraged	
		to attend with parent(s). Younger children	
		may attend with consent from instructor.	
		Class size is small, allowing for more	
		interaction and support from instructor.	
Parents in Control	Tehama and Shasta Counties	Programs range from 16 to 52 weeks.	(530) 526-8380
Poison Control			1-800-222-1222
		Greenville Rancheria Community Health	
		Representatives work through this	
		curriculum on honoring our children by	
	1425 Montgomony Dd		
Desitive Indian Deventing	1425 Montgomery Rd	honoring our traditions and protecting our	
Positive Indian Parenting	Red Bluff, CA 96080	children and preserving our future.	(530) 528-8600

RBHSD Teen Parenting Program	1050 Kimball Rd Red Bluff, CA 96080	M-F, 7:30-3:30 Provides support services for pregnant and parenting students. Aims to improve academic achievement and parenting skills. Serves the Red Bluff High School District. Provides referrals and advocacy for: financial assistance, social services, WIC, and health care providers. Offers free child, Care for teen parents in RBHSD. Partners with NCCDI Head Start for childcare services.	Diana Geiger (530) 529-8760
Rowell Family Empowerment	960 Maraglia St Redding, CA 96002	M-F, 8-5 Provides advocacy and education to families of someone with special needs.	(530) 226-5129
School Readiness	Red Bluff, Los Molinos, and Corning	Provides parent education and support to pregnant women and families with children ages 0-5 at no cost and with no income requirements. The services offered include one-on-one parent education using the Parents as Teachers home visitation curriculum, weekly playgroup, developmental screenings, and access to community resources and services.	(530) 527-7214
	1135 Lincoln St	Provides free after school and summer	
SERFF	Red bluff, CA 96080	programs.	(530) 528-7333
Story Time Tehama County Library	Corning, Los Molinos, Red Bluff	Call for current times and details.	(530) 527-0604
Tehama County Child Support	1005 Vista Way, Ste A Red Bluff, CA 96080	M-F 8:00-5:00 Assists you in opening a case, establishing a child support order, determining paternity, modifying your order, and enforcing your order.	1-866-901-3212

		Call for questions about your child's school,	
	1135 Lincoln St	special accommodations, children in foster	
Tehama County Dept. of Education	Red Bluff, CA 96080	care or unhomed.	(530) 528-7346
	1850 Walnut St, #H		
	Red Bluff, CA 96080		
	275 Solano St	M-F 8:00-5:00	
	Corning, CA 96021	Provides WIC card for free groceries for	(530) 527-8791 RB
	Plumas Rural Services	qualifying applicants. Provides pregnancy	(530) 824-4890 Corning
	711 E. Main St	and parent/family education online and in	(530) 283-2735 ext. 813 Plumas
WIC (Women Infants and Children)	Quincy, CA 95971	person.	klecoq@plumasruralservices.org
Recreation		P	
Central Tehama	Los Molinos	Baseball	(530) 864-4021
Corning Little League	Corning, CA	Baseball	(530) 366-2949
Red Bluff	Red Bluff, CA	Baseball	redblufflittle-league.com
(PAL) League	www.tehamaso.org	Basketball	(530) 529-7950
	2075 Solano St		
Java Lanes	Corning, CA 96021	Bowling	(530) 824-3500
	365 S. Main St		
Lariat Bowl	Red Bluff, CA 96080	Bowling	(530) 527-2720
Victor 2 Guns	Red Bluff, CA	Boxing	(530) 727-9359
	667-20 CA-147		
Clear Creek Park	Westwood, CA 96137	City Parks	
Diamond Park	Red Bluff, CA 96080	City Parks	
Dog Island Park	Red Bluff, CA 96080	City Parks	
Forward Park	Red Bluff, CA 96080	City Parks	
Gansner Park	Quincy, CA 95971	City Parks	
McGlynn Pool/City Pool	Red Bluff, CA 96080	City Parks	
Pioneer Park	Quincy, CA 95971	City Parks	
Red Bluff River Park	Red Bluff, CA 96080	City Parks	
Trainor Park	Red Bluff, CA 96080	City Parks	
	https://www.corning.org/departments/parksrec		
Corning Parks & Rec	reation/	Dance	(530) 824-7029
	facebook.com/people/corning-youth-football-		
Corning Youth Football & Cheer	and-cheer	Dance	
	450 Walnut St #446		
Flare Dance and Acrobatics	Red Bluff, CA 96080	Dance	(530) 999-9380

	1325 Schwab St		
Jubilee	Red Bluff, CA 96080	Dance	https://jubileepac.square.site/
Red Bluff Jr. Spartans Cheer	tshq.bluesombrero.com/rbjspartans	Dance	
	PO Box 8027		
Jr. Spartans	Red Bluff, CA 96080	Football	www.rbjrspartans.com
	3654 Main St		
Lariat Bowl & Mini Golf	Red Bluff, CA 96080	Golf	(530) 527-2720
	2657 Everrett Freeman Way		
The Links at Rolling Hills	Corning, CA 96021	Golf	(530) 528-3500
	Wilcox Golf Rd		
Wilcox Golf Course	Red Bluff, CA 96080	Golf	(530) 527-7087
Planet Fitness	Red Bluff, CA 96080	Gyms	
	100 Jackson St		
Red Bluff Health and Fitness	Red Bluff, CA 96080	Gyms	(530) 529-1220
	2498 S. Main St		
Tehama Family Fitness	Red Bluff, CA 96080	Gyms	(530) 528-8656
	1775 Airport Blvd		
Rice Bros Jiu Jitsu	Red Bluff, CA 96080	https://www.ricebrosredbluff.com/	(530) 209 2244
	900 Dana Dr		
Mt. Shasta Mall play area	Redding, CA 96001	Indoor play area	
	20 Hilltop Dr, Ste A		
Sensory Innovations (indoor play &/or OT)	Redding, CA 96003	Indoor play area	(530) 780-5559
	22840 Antelope Blvd		
PAL (Police Activity League)	Red Bluff, CA 96080	martial arts	(530) 529-7950
	7790 State Hwy 99E		
Los Mo Dojo	Los Molinos, CA 96055	Martial arts. Mostly free.	(530) 636-5650
	800 Auditorium Dr		
Turtle Bay Exploration Park	Redding, CA 96001	Museum, playground, animals	(530) 243-8850
	Enterprise Park		
	4000 Victor Ave		
Kids' Kingdom	Redding, CA 96002	Playground with splashpad	(530) 225-4095
	119 Sycamore St		
McGlynn Red Bluff City Pool	Red Bluff, CA 96080	Pools	(530) 527-7211
	100 Jackson St		
Red Bluff Health and Fitness	Red Bluff, CA 96808	Pools	(530) 529-1220

	2800 Rupert Rd		
River Splash (splashpad)	Anderson, CA 96007	Pools	(530) 378-6656
	1414 Colusa St		
Teddy Pohler Memorial Pool	Corning, CA 96021	Pools	(530) 824-7062
	2498 S. Main St		
Tehama Family Fitness	Red Bluff, CA 96080	Pools	(530) 528-8656
	1485 Toomes Ave		
Corning Community Park	Corning, CA 96021	Skating/Skateboarding	Free access to park
	700 Diamond Ave		
Diamond Park	Red Bluff, CA 96080	Skating/Skateboarding	Free access to park
(PAL) League	www.tehamaso.org	Soccer	(530) 529-7950
Corning Youth Soccer League	www.corningyouthsoccer.com	Soccer	(530) 586-9098
NCCDI Soccer Camp	1 week in RB and 1 week in Corning	Soccer	(530) 529-1500
	859 Washington St., Ste 109		
Red Bluff Youth Soccer League	Red Bluff, CA 96080	Soccer	(530) 529-2255
(PAL) League	www.tehamaso.org	Softball/Baseball	
Corning Little League	www.corninglittleleague-ca.com	Softball/Baseball	
Red Bluff Little League	www.redblufflittleleague.com	Softball/Baseball	
	310 Johnsville Road		
Plumas-Eureka State Park	Blairsden, CA 96103	State Parks	(530) 836-2380
William B. Ide Adobe		State Parks	
Woodson Bridge	Corning, CA	State Parks	(530) 839-2112
	Cone Grove Rd		
Cone Grove Park	Red Bluff, CA 96080 (Dairyville)	Tehama County Parks	
Gerber Park	Gerber, CA	Tehama County Parks	
Mill Creek Park	Los Molinos, CA	Tehama County Parks	
	19725 Ridgeway Rd		
Ridgeway Park	Red Bluff, CA 96080	Tehama County Parks	
Simpson Finnell Park	Paskenta, CA	Tehama County Parks	
	25345 South Ave		
Tehama County River Park	Corning, CA 96021	Tehama County Parks	
	Union and Johnson		
Mary Woodstrup Tennis Courts	Red Bluff, CA 96080	Tennis	
	1414 Colusa St		
Northside Park	Corning, CA 96021	Tennis	

	1535 Douglass St		
Red Bluff High School Tennis Courts	Red Bluff, CA 96080	Tennis	(530) 529-8710
	13340 Round Valley Rd		
Simpson Finnell Park Tennis	Paskenta, CA 96074	Tennis	(530) 833-5386
Battle Creek Campground		Trails	
	Hwy 36E		
Hog Lake	Red Bluff, CA 96080	Trails	
	Hwy 36E		
Iron Canyon	Red Bluff, CA 96080	Trails	
Lakes Basin Recreation Area	Blairsden-Graeagle, CA	Trails	(530) 836-2575
	PO Box 100		
Lassen Park Trails	Mineral, CA 96053	Trails	(530) 595-4480
			Trail Listing:
			https://www.fs.usda.gov/activity/plu
			mas/recreation/hiking/?recid=11182
Plumas National Forest	Plumas County, CA	Trails	&actid=50
	1000 Sale Ln		
Sacramento Discovery Center	Red Bluff, CA 96080	Trails	(530) 527-1196
	Jellys Ferry/Bend Area		
Yana Trail	Red Bluff, CA 96080	Trails	
	https://www.corning.org/departments/parksrec		
Corning Parks & Rec	reation/	Various activities/events/classes	(530) 824-7029
-	1500 S. Jackson St		
Red Bluff Parks & Rec	Red Bluff, CA 96080	Various activities/events/classes	(530) 527-8177
Schools		• •	
	720 S Jackson St		
ACES of Red Bluff	Red Bluff, CA 96080	Seventh-Day Adventist private school	(530) 527-1486
	22630 Antelope Blvd		
Antelope Elementary K-5	Red Bluff, CA 96080		(530) 527-1272
	22270 Bend Ferry Rd		
Bend School K-8	Red Bluff, CA 96080		(530) 527-4648
	401 Chestnut Ave		
Berrendos Middle School	Red Bluff, CA 96080		(530) 527-4648
	1256 Walnut St		
Bidwell Elementary K-6	Red Bluff, CA 96080		(530) 527-7171

	895 West St		
C. Roy Carmichael Elementary	Portola, CA 96122		(530) 832-0211
		Statewide program for helping pregnant and	
	Dept. of Social Services	parenting teens complete high school,	
	270 County Hospital Rd, Ste 207	become independent and form healthy	
CAL-LEARN Continuation School	Quincy, CA 95971	families.	(530) 283-6350
	12375 Paskenta Rd		
Calvary Christian Academy	Red Bluff, CA 96080	private school	(530) 527-8219
	250 Fig Ln		
Centennial Continuation High 9-12	Corning, CA 96021		(530) 824-7400
	158 Aspen St		
Chester Elementary School	Chester, CA 96020		(530) 258-3194
	612 1st St		
Chester Jr./Sr. High School	Chester, CA 96020		(530) 258-2126
	643 Blackburn Ave		
Corning Union High School	Corning, CA 96021		(530) 824-8000
	2960 Elkins Rd		
Elkins School K-8	Paskenta, CA 96074		(530) 833-5582
	19415 Hooker Creek Rd		
Evergreen Elementary K-4	Cottonwood, CA 96022		(530) 374-3411
	19500 Learning Way		
Evergreen Middle School 5-8	Cottonwood, CA 96022		(530) 347-7950
	501 Main St		
Feather River Adult School	Quincy, CA 95971		(530) 283-1003
	15850 Paskenta Rd		
Flournoy School	Flournoy, CA 96029		(530) 833-5331
	23014 Chard Ave		
Gerber Elementary School K-8	Gerber, CA 96035		(530) 385-1041
	225 Grand St		
Greenville Elementary School	Greenville, CA 95947		(530) 284-7195
	117 Grand St		
Greenville Jr./Sr. High School	Greenville, CA 95947		(530) 284-7197
	225 Grand St		
Indian Valley Elementary School	Greenville, CA 95947		(530) 284-7195

	225 Jackson St		
Jackson Elementary K-6	Red Bluff, CA 96080		(530) 527-7150
	2049 Kirkwood Rd		
Kirkwood School K-8	Corning, CA 96021		(530) 824-7773
	10818 Hwy 99E		
Lassen View K-8	Los Molinos, CA 96055		(530) 527-5162
		Hybrid Independent Study Program allows for	
		students to be on campus from three to five	
		days a week. We also offer a full time	
		Independent Study Program for students and	
		families who are looking for the flexibility of	
LAVA (Lassen Antelope Volcanic Academy) Charter	1660 Monroe St	working from home via an online learning	
School	Red Bluff, CA 96080	platform.	(530) 727-9495
	1125 Lincoln St		
Lincoln Street Charter School	Red Bluff, CA 96080	Home school charter	(530) 528-7301
	7851 Hwy 99E		
Los Molinos District Office	Los Molinos, CA 96055		(530) 384-7826
	7700 Stanford Rd		
Los Molinos Elementary K-8	Los Molinos, CA 96055		(530) 384-7903
	7900 Sherwood Blvd		
Los Molinos High School 9-12	Los Molinos, CA 96055		(530) 384-7900
	31345 Forward Rd		
Manton School K-8	Manton, CA 96059		(530) 474-3167
	1666 Marguerite Ave		
Maywood School 6-8	Corning, CA 96021		(530) 824-7730
	695 Kimball Rd		
Metteer Elementary School K-6	Red Bluff, CA 96080		(530) 527-9015
	38355 Scenic Ave		
Mineral School K-8	Mineral, CA 96063		(530) 595-3322
	1402 Fig Ln		
Olive View Elementary 3-5	Corning, CA 96021		(530) 824-7715
	29950 Plum Creek Rd		
Plum Valley School K-8	Paynes Creek, CA 96075		(530) 597-2248
	1425 E Main St		
Plumas Charter School	Quincy, CA 95971		(530) 283-3851

		M-F, 8-4:30	
		Plumas Christian School is a private	
		interdenominational Christian school	
		offering quality education, high academic	
	49 S. Lindan Ave	standards, and character development from	(530) 283-0415
Plumas Christian School	Quincy, CA 95971	a uniquely Christian perspective.	plumaschristianpilots@gmail.com
		M-F, 8-4:30	
		Services: Plumas Unified School District is a	
		comprehensive, fully accredited, K-12	
Plumas Unified School District/Plumas County Office	50 Church St	educational system, providing a full range of	
of Education	Quincy, CA 95971	educational services.	(530) 283-6500
	155 6th Ave		
Portola Jr./Sr. High School	Portola, CA 96122		(530) 832-4284
	175 N. Mill Creek		
	Quincy, CA 95971		
	246 Alder St		(530) 283-6550
Quincy Elementary School	Quincy, CA 95971		(530) 283-6557
	6 Quincy Junction Rd		
Quincy Jr./Sr. High School	Quincy, CA 95971		(530) 283-6510
	17357 Stage Coach Rd		
Rancho Tehama Elementary	Corning, CA 96021		(530) 585-2800
	1050 Kimball Rd		
Red Bluff Independent Study High School	Red Bluff, CA 96080	located at Salisbury High	(530) 529-8757
	18335 Johnson Rd		
Reeds Creek School K-8	Red Bluff, CA 96080		(530) 527-6006
	23875 River Rd		
Richfield School K-8	Corning, CA 96021		(530) 821-3354
	2255 Monroe Ave		
Sacred Heart Parish Elementary School	Red Bluff, CA 96080	private Catholic school	(530) 527-6727
	1050 Kimball Rd		
Salisbury 9-12	Red Bluff, CA 96080		(530) 529-8766
	1525 Douglass St		
Tehama County Red Bluff Joint High School District	Red Bluff, CA 96080		(530) 529-8700

		Allows students from Tehama, Shasta, Butte,	
		Mendocino, Trinity, Plumas, and Glenn	
		counties to attend a WASC-accredited,	
	979 Douglass St	public school in a decidedly non-traditional	(530) 527-7055 adult Ed
TELA - Tehama eLearning Academy	Red Bluff, CA 96080	way	(530) 527-1088 general info
	4790 D St		
Vina School	Vina, CA 96092		(530) 839-2182
	1770 S. Jackson St		
Vista Middle School 7-8	Red Bluff, CA 96080		(530) 527-7840
	900 West St		
West Street School K-2	Corning, CA 96021		(530) 824-7705
Senior Services			
	310 Main St		(530) 527-1911
Adult Protective Services	Red Bluff, CA 96080	Call for info.	1-800-323-7711
	1015 4th Ave		
Corning Senior Nutrition	Corning, CA 96021	Call for info.	(530) 824-4727
Friendship Line/Warmline	Institute on Aging		1-800-971-0016
	310 South Main St		
Healthy Connections Office	Red Bluff, CA 96080	https://tehamacountycaa.com/about-1	(530) 527-6159
	715 Jackson St. #B		
HomeCare Professionals	Red Bluff, CA 96080		(530) 966-9885
Life Alert		www.lifealerthelp.com	1-800-852-3081
	25199 Josephine St		
Los Molinos Senior Center	Los Molinos, CA 96055	M-F 8:00-5:00	(530) 384-2100
		Charge for some services	
MCS, Inc. (Medi-Cal Consulting Services)		www.medihelper.com	1-877-633-4435
Neighborhood Watch STARS Program			
ParaTRAX	Tehama County	M-F 6am-6:40pm; Sa 8:20-4	(530) 385-2877
	25 Main St, Rm 202	M-F 8:00-5:00	
Passages Agency on Aging	Chico, CA 95928	Serves Butte and Tehama Counties	(530) 898-5923
Passages HICAP - Medicare Counseling			1-800-434-0222
	208 W. Center St	Serves Lassen, Modoc, Shasta, Siskiyou, and	
Planning & Service Area 2 Area Agency on Aging	Yreka, CA 96097	Trinity Counties	(800) 510-2020

		Disability services and support organization.	
		designed to aid you in the process of getting	
		Medical, Dental, Behavioral, and Housing	
	510 Jefferson St	Care established.	
Pneumacare Health and Wellness	Red Bluff, CA 96080	Outreach Supervisor Tina Norman	(530) 737-8890
		Teaches the elderly how to stay safe and	1-800-655-6854
Public Health Nurse		healthy at home	(530) 527-6824
	1500 South Jackson St		
Red Bluff Senior Nutrition	Red Bluff, CA 96080	Call for info.	(530) 527-2414
Senior Connections	520 Main St, Rm 309		
Plumas county Public Health Agency	Quincy, CA 95971	Call for info.	(530) 283-6407
Senior Legal Hotline	Sacramento, CA		1-800-222-1753
			(530) 356-2518
Shasta Senior Transitions		Prepare, Plan, Pack, Move, Unpack, Settle	shastaseniortran@gmail.com
Son's in Retirement Social Club	Red Bluff Branch 139	Call for info.	1-877-747-9066
	1740 Walnut St		
Tehama County Crime Prevention	Red Bluff, CA 96080	M-F 8:00-2:30	(530) 527-7230
Tehama County Social Services		Medi-Cal and other Information	(530) 527-1911
	1401 El Camino Ave, 4th Flr		
Yuba/Sutter Counties Agency on Aging	Sacramento, CA 95815	Call for info.	(530) 742-4474
Social Services			
		Adult services, benefits, children & family	
		services, civil rights info, employment	Phone: (530) 283-6350
	270 County Hospital Rd, #207	services, IHSS, public guardian, and other	Fax: (530) 283-6368
Plumas County Social Services	Quincy, CA 95971	resources.	Toll free: (800) 242-3338
		Behavioral health, social services, public	
		assistance, child safety seats, emergency	
		preparedness, IHSS, maternal services,	
	2460 Breslauer Way	parenting resources, pregnancy support,	
Shasta County Health and Human Services	Redding, CA 96001	prenatal guidance, etc.	(530) 229-8400
			Phone: (530) 527-1911
			Fax: (530) 527-5410 Main; (530) 527-
	310 S. Main St	Adult services, adoptions, employment	7640 CPS; (530) 527-4836 Adult
Tehama County Social Services	Red Bluff, CA 96080	services, public assistance, etc.	Services

		Child and Adult Protective Services,	
		employment services, public assistance,	
	915 8th St	public health, special investigations unit,	
Yuba County Health and Human Services	Marysville, CA 95901	veteran services, etc.	(530) 749-6311
Spiritual Groups & Places of Worship			(000) / 40 0011
	21080 Luther Rd		
Abundant Life Fellowship	Red Bluff, CA 96080	Christian church.	(530) 528-2499
	72690 CA-70		(000) 020 2100
Assembly of God Church	Portola, CA 96122	Assemblies of God Church	(530) 832-4710
	345 David Ave	Baptist church.	
Bridgeway Community Church	Red Bluff, CA 96080	https://bridgeway.churchtrac.com/	(530) 527-0543
	315 Ash St	Calvary Chapel	
Calvary Chapel of Westwood	Westwood, CA 96137	https://www.calvarychapelwestwood.com/	(530) 256-3309
	1953 E Main St	Calvary Chapel	
Calvary Chapel Quincy	Quincy, CA 95971	https://calvarychapelquincy.com/	(530) 283-4463
	12375 Paskenta Rd	Non-denominational Christian Church.	
Calvary Chapel Red Bluff	Red Bluff, CA 96080	https://www.calvaryrb.com/	(530) 527-8219
	210 Myrtle St		
Chester Baptist Church	Chester, CA 96020	Baptist church	(530) 258-2394
	545 Lawrence St	Episcopal Church	
Christ the King Episcopal Church	Quincy, CA 95971	https://www.christthekingquincy.org/	(530) 283-0254
	317 1st St		
Christian Life Fellowship	Quincy, CA 95971	Assemblies of God church.	(530) 283-0345
	1605 Park Ave		
Church of Christ	Red Bluff, CA 96080	Christian church. https://redbluffcofc.com/	(530) 529-3063
	152 Jackson St		
Church of Christ	Quincy, CA 95971	Church of Christ	(916) 807-2027
	601 Lewis Ave	Southern Baptist Church.	
Community Church of Loyalton	Loyalton, CA 96118	http://www.communitychurchofloyalton.org/	(530) 993-4411
	282 Jackson St	United Methodist Church	
Community United Methodist Church	Quincy, CA 95971	https://www.quincymethodist.org/site/	(530) 283-1740
	386 Main St		
Community United Methodist Church	Chester, CA 96020	United Methodist Church	(530) 258-2345

		Methodist church in Dairyville.	
	11220 Highway 99E	https://www.tehamaumc.org/cone-	
Cone United Methodist Church	Los Molinos, CA 96055	community-umc	(530) 527-2329
	13585 CA-36		
Cornerstone Church of God	Red Bluff, CA 96080	Christian church.	(530) 527-9210
	610 West St	Seventh Day Adventist church.	
Corning Seventh-Day Adventist Church	Corning, CA 96021	https://corningca.adventistchurch.org/	(530) 824-2153
	8345 HWY 99W	Methodist church in El Camino.	
El Camino United Methodist Church	Gerber, CA 96035	https://www.tehamaumc.org/el-camino-umc	(530) 385-2314
	580 S Gulling St	non-denominational church	
Faith Family Church Ministry	Portola, CA 96122	https://faithfamilychurchministry.com/	(530) 832-8499
	609 Marin St		
Family Bible Church	Corning, CA 96021	Christian church	(530) 824-9989
	501 Pine St	Baptist church.	
First Baptist Church	Red Bluff, CA 96080	https://www.firstbaptistchurchredbluff.com/	(530) 527-4361
	506 Colusa St		(000) 027-4001
First Baptist Church	Corning, CA 96021	Baptist church. https://corningfbc.com/	(530) 824-3490
	401 Delwood St		
First Baptist Church of Westwood	Westwood, CA 96137	Baptist Church	(530) 213-3458
	750 Luther Rd	Christian church.	
First Church of God	Red Bluff, CA 96080	https://www.firstchurchofgodredbluff.org/	(530) 527-5717
	471 Marguerite Ave		
First Presbyterian Church	Corning, CA 96021	Presbyterian church.	(530) 824-5535
		Methodist church.	
First United Methodist Church	525 David Ave, Red Bluff, CA 96080	https://www.tehamaumc.org/red-bluff-umc	(530) 527-5754
	404 5th St		
Foursquare Gospel Church	Corning, CA 96021	Foursquare church.	(530) 824-5776
	598 Roundup Ave	Non-denominational Christian Church.	
Grace Community Fellowship	Red Bluff, CA 96080	https://www.gcfrb.com/	(530) 527-4203
	150 Graeagle Johnsville Rd		
Graeagle Community Church	Graeagle, CA 96103	community Christian church.	(530) 836-2405

	1004 6th Ave	Church of God.	
Harvest Christian Center	Corning, CA 96021	https://www.harvestchristiancenter.org/	(530) 824-2091
	625 Luther Rd	Assemblies of God church.	
High Point Assembly	Red Bluff, CA 96080	https://www.highpointassembly.org/#	(530) 527-0445
	585 Kimball Rd		
Hilltop Baptist Church	Red Bluff, CA 96080	Baptist church.	(530) 527-5083
	108 Taylor Ave	Catholic Church	
Holy Family Church	Portola, CA 96122	https://holyfamilyportola.org/	(530) 832-5006
	1418 South St		
Iglesia Apostolica Primitiva	Corning, CA 96021	Apostolic church.	(530) 209-0350
	333 S Main St		
Iglesia Pan de Vida	Red Bluff, CA 96080	Spanish-speaking	(530) 840-7541
		Catholic church.	
	814 Solano St	https://www.scd.org/parish/immaculate-	
Immaculate Conception Church	Corning, CA 96021	conception-parish-corning	(530) 824-5879
	276 School St		
Indian Valley Christian Fellowship	Crescent Mills, CA 95934	Christian Church	rbaum3333@gmail.com
	755 Reeds Ave	Jehovah's witness church	
Kingdom Hall of Jehovah's Witnesses	Red Bluff, CA 96080	https://www.jw.org/en/	(530) 529-0466
	1550 E Main St	Jehovah's witness church	
Kingdom Hall of Jehovah's Witnesses	Quincy, CA 95971	https://www.jw.org/en/	(530) 283-0142
	2610 Plumas County A13		
Lake Almanor Community Church	Lake Almanor, CA 96137	Christian Church	(530) 596-3683
		Methodist church.	
	25204 Josephine St	https://www.tehamaumc.org/los-molinos-	
Los Molinos United Methodist Church	Los Molinos, CA 96055	umc	(530) 384-2656
		non-denomination Christian church	
	48 Meadow Way	https://www.meadowvalleycommunitychurc	
Meadow Valley Community Church	Meadow Valley, CA 95956	h.com/	(530) 283-4259
Mt. Lassen Community Church (meets at Mt. Lassen	200 Main St	Christian Church	
Theatre)	Chester, CA 96020	https://mlcc.church/	(530) 258-3005
	341 E. Solano St	Lutheran church.	
Mt. Olive Lutheran Church	Corning, CA 96021	https://www.mtocorning.org/	(530) 824-5530
	4684 Rhonda Rd	Christian Church.	
Neighborhood Church of Anderson & Cottonwood	Anderson, CA 96007	https://www.neighborhoodac.org/	(530) 365-3331

	901 South St		
Neighborhood Full Gospel Church	Corning, CA 96021	Full Gospel church.	(530) 824-2323
	660 Solano St	Assemblies of God church.	
New Life Assembly of God	Corning, CA 96021	https://newlifecorning.org/	(530) 824-3426
	220 Clifford Dr		
Our Lady of the Snows Church	Lake Almanor, CA 96137	Catholic church	(530) 259-3932
	161 Aspen St		
Our Savior Lutheran Church	Chester, CA 96020		(530) 258-2347
	298 E High St	Lutheran church	
Our Savior's Lutheran Church	Quincy, CA 95971	https://quincylutheran.org/	(530) 283-2546
	13499 Hwy 99E	meditation center.	
Parks of Study and Reflection, Red Bluff	Red Bluff, CA 96080	https://www.redbluffpark.org/	(530) 690-2201
	171 S Gulling St	Baptist Church	
Portola Station Baptist Church	Portola, CA 96122	https://www.portolastation.org/	(530) 832-4334
	396 2nd Ave	United Methodist Church	
Portola United Methodist Church	Portola, CA 96122	https://portolaumc.org/	(530) 832-4979
	74 Reese St		
Quincy Community Church	Quincy, CA 95971	Baptist church.	(530) 616-8497
		Non-denominational Christian Church.	
	17207 Stagecoach Rd	https://vmchurches.org/c/rancho-tehama-	
Rancho Tehama Community Church	Corning, CA 96021	community-church	(530) 585-2526
	926 Madison St	Non-denominational Christian Church.	
Red Bluff Bible Church	Red Bluff, CA 96080	https://www.redbluffbiblechurch.com/	(530) 527-4688
	900 Johnson St	Church of the Nazarene.	
Red Bluff First Church of the Nazarene	Red Bluff, CA 96080	https://rbnazarene.com/	(530) 527-3361
	720 S Jackson St	Seventh Day Adventist church.	
Red Bluff Seventh-Day Adventist Church	Red Bluff, CA 96080	http://www.rbadventist.org/	(530) 527-3733
······································	380 Kimball Rd		
Redemption Road Church	Red Bluff, CA 96080	Pentecostal church.	(530) 527-6346
	515 Main St	Catholic church.	
Sacred Heart Catholic Church	Red Bluff, CA 96080	https://www.sacredheartredbluff.org/	(530) 527-2209

		www.sagesplace.co	
		A nurturing private membership association	
		dedicated to empowering individuals on their	
	910 Main St, Ste C	journey to personal growth and optimal well-	
Sage's Place	Red Bluff, CA 96080	being.	(530) 360-0999
	609 Monroe St		
Shepherd's House of Prayer	Red Bluff, CA 96080	Christian church.	(530) 529-5350
	59 Bell Ln		
Springs of Hope Christian Fellowship	Quincy, CA 95971	non-denominational Christian church.	(530) 927-7626
	174 Melissa Ave	Anglican church	
St. Andrew's Church	Chester, CA 96020	https://www.standrewsalmanor.org/	(530) 596-3343
	820 Marin St		(330) 330-3343
St. Andrew's Episcopal Church	Corning, CA 96021	Episcopal church.	(530) 824-2321
		Catholic Church	(330) 024-2321
	176 Lawrence St	https://www.scd.org/parish/st-john-parish-	
St. John's Catholic Church	Quincy, CA 95971	quincy	(530) 283-0890
	496 W Sierra Ave	quincy	(330) 203-0030
St. Lukes Lutheran Church	Portola, CA 96122	Lutheran Church	(530) 832-1805
			(330) 832-1803
	455 Jefferson St	Lutheran church.	
St. Paul's Lutheran Church	Red Bluff, CA 96080	https://www.lutheranchurch-redbluff.org/	(530) 527-3414
	510 Jefferson St	Episcopal church.	
St. Peter's Episcopal Church	Red Bluff, CA 96080	https://www.saintpetersredbluff.org/	(530) 527-5205
	956 Jackson St	Baptist church.	
Sunrise Bible Fellowship	Red Bluff, CA 96080	https://www.sunrisebiblefellowship.org/	(530) 526-2524
	295 D St		
Tehama Assembly of God	Tehama, CA 96090	Assemblies of God church.	(530) 384-2603
		metaphysical shop offering products and	
	719 Walnut St	services such as readings, workshops, and	
The Broom Closet	Red Bluff, CA 96080	guided meditation	(530) 520-5013
	485 Antelope Blvd		(925) 812-0112;
The Center for Inner Peace	Red Bluff, CA 96080		jhartist53@yahoo.com
			าที่สานระธิรัญชิสิทิงประชาท

https://local.churchofjesuschrist.org/en/us/ ca/corning/111-north-marguerite- avenue?utm_source=gmb&utm_medium=ye xt&y_source=1_MzAwNjlyMDktNzE1LWxvY2F 0aW9uLndlYnNpdGU%3D(530) 209-8925Mormon Church https://local.churchofjesuschrist.org/en/us/ ca/quincy/55-bellamy- lane?utm_source=gmb&utm_medium=yext& y_source=1_NjcwOTM3MzktNzE1LWxvY2F0a W9uLndlYnNpdGU%3D(530) 283-2170Christian church. https://www.theconnectionrb.org/(530) 727-9033Pentecostal church. https://www.theconnectionrb.org/(530) 727-9033
ca/corning/111-north-marguerite- avenue?utm_source=gmb&utm_medium=ye xt&y_source=1_MzAwNjlyMDktNzE1LWxvY2F 0aW9uLndlYnNpdGU%3D(530) 209-8925Mormon Church https://local.churchofjesuschrist.org/en/us/ ca/quincy/55-bellamy- lane?utm_source=gmb&utm_medium=yext& y_source=1_NjcwOTM3MzktNzE1LWxvY2F0a W9uLndlYnNpdGU%3D(530) 283-2170Christian church. https://www.theconnectionrb.org/(530) 727-9033Pentecostal church.Pentecostal church.
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https://www.theconnectionrb.org/ (530) 727-9033 Pentecostal church.
Pentecostal church.
https://northstatepentecostals.com/ (530) 727-9499
Presbyterian church. (530) 527-0372
(530) 258-3938
A platform for the Sikh community to gather
in prayer and practice Sikhism. Spreads
awareness about the tenets of the Sikh
religion via community involvement and
activism. worldgurudwaras.com/gurudwaras
/the-Sikh-centre-anderson. (530) 941-1802
Vineyard movement Christian Church.
https://www.redbluffvineyard.church/ (530) 527-2449
Assemblies of God church (530) 249-9236
Full Gospel church.
https://www.zionchristianministriesredbluff.
org/ (530) 529-1836

	355 Hemsted Dr		
Bureau of Land Management	Redding, CA 96002	M-F, 8-4:30	(530) 244-2100
CDC/National Aids Hotline			1-800-342-2437
	675 Monroe St		
Department of Motor Vehicles (DMV)	Red Bluff, CA 96080	M-F, 8-5	1-800-777-0133
	1325 Pine St		1-866-333-4606
Employment Development Dept. (EDD)	Redding, CA 96021	M-F, 8-5	(530) 225-2884
			Espanol
State Disability Ins. Program			1-866-333-4606
	4500 Orange Grove		
Federal Bureau of Investigation	Sacramento, CA 95841	Call for info.	(916) 481-9110
FEMA National Teleregistration Center		Call for info.	1-800-621-3362
	850 Industrial St, Ste 300		
Internal Revenue Service	Redding, CA 96002	Call for info.	(530) 224-0695
	1217 Yolo St		
US Postal Service Corning	Corning, CA 96021	M-F, 9-5	(530) 824-9436
	3270 Walnut St		
US Postal Service Cottonwood	Cottonwood, CA 96022	M-F, 8:30-5	(530) 347-3342
	447 Walnut St		
US Postal Service Red Bluff	Red Bluff, CA 96080	M-F, 8-5	(530) 527-1455
U.S. Citizenship and Immigration Service		Call for info.	1-800-375-5283
	6101 Airport Rd		
U.S. Forrest Service	Redding, CA 96002	M-F, 8-5	(530) 226-2740
	2115 Civic Center Dr, #15		
Workers Compensation Appeals Board	Redding, CA 96001	Call for info.	(530) 225-2845
Tobacco Cessation			
California Smokers Helpline			1-800-NO-BUTTS, English
			1-800-933-4TDD, Hearing Imp.
			1-800-NO-FUME, Espanol
			1-800-844-CHEW
	1425 Montgomery Rd		
Greenville Rancheria Tribal Health Center	Red Bluff, CA 96080	M-F, 8-9	(530) 528-8600 Ext. 218
Project Ex Teen Cessation Program			(530) 244-7194
Quit Now			1-800-QUIT-NOW
			1-855-DEJELO-YA, Espanol
Second Wind Smoking Cessation			(530) 406-9678

STAKE (Stop Tobacco Access to Kids Enforcemen	t)		1-800-5-ASK-4-ID
Transportation			
American, Cancer Society-Rides to Cancer Treatr	nents		
(Butte, Glen Tehama)	www.cancer.org	Call for info.	1-800-227-2345
	1425 Montgomery Rd		
Greenville Rancheria Tribal Health Center	Red Bluff, CA 96080	M-F, 8-5	(530) 528-8600
		Medicare covers ambulance services to the	
		nearest appropriate medical facility. You can	
Marilla and		request prior authorization for scheduled,	4 000 000 4007
Medicare	455.0.14 (non-emergency ambulance services.	1-800-633-4227
	455 S. Main St		
Medi-Trans	Red Bluff, CA 96080	Call for info.	(530) 527-7730
	1509 Schwab St		(530) 385-2200
METS (Medical Transportation Service)	Red Bluff, CA 96080	Call for info.	1-800-982-6638
			(530) 527-0597
ParaTransit Service			1-800-934-5438
Partnership Managed, Care		M-F, 7 am – 7 pm	(866) 828-2303
	845 Joaquin St		
Susanville Indian Rancheria	Susanville, CA 96130	Call for info.	(530) 260-2002
Partnership		M-F, 7 am – 7 pm	(866) 828-2303
	711 E. Main St		
Plumas County Transit	Quincy, CA 95971	M-F, 8-5	(530) 283-2538
Plumas Crisis Intervention & Resource Center		medical gas vouchers	(530) 283-5515
		Offers fixed route services to Greenville,	
		Chester, Portola & Quincy as well as deviated	
		services to surrounding areas, up to 3/4 of a	
		mile for persons with disabilities. Provides	
		charter services for special occasions and	(530) 283-5675 ext. 820
Plumas Transit Systems		group activities.	kmcelwain@plumasruralservices.org
Senior Transportation Services	Plumas County	Broth detailes.	(530) 283-3546
	Red Bluff, Corning, Los Molinos, Gerber,		
TRAX	Tehama	M-F, 6:30-6:30	(530) 385-2877
Van Trans		Call for info.	(530) 529-3099
			(220) 252-2022

Utilities			
California Indian Manpower Consortium (Tribal Energy	2540 Hartnell Ave, #A		
Assistance)	Redding Ca 96002	M-F 8:00-5:00	(530) 222-1004
CARE Program PG&E Discount			1-800-743-5000
	310 S Main St		
Community Action Agency (CAA)	Red Bluff CA 96080	Call for info.	(530) 527-6159
	3777 Meadowview Dr		(530) 378-6900
HEAP (Home Energy Assistance Program)	Redding Ca 96002	Call for info.	1-877-675-6623
Life Line (Discounted Home Phone)	www.californialifeline.com		
	1425 Montgomery Rd		
LIHEAP (Tribal Energy Assistance)	Red Bluff Ca 96080	Ask for a CHR	(530) 528-8600
	940 Walnut St		
REACH (Salvation Army)	Red Bluff Ca 96080	M-F, 8 am - 5 pm	(530) 527-8530
	3777 Meadowview Dr		(530) 378-6900
SHHIP (Self Help Home Improvement Project)	Redding Ca 96002	Call for info.	1-877-801-7692
Veterans			
HUD-VASH: U.S. Departmetn of Housing and Urban Development	451 7th St, S.W. Washington, DC 20410	Provides housing vouchers to eligible veterans who are VA healthcare eligible, homeless or at risk of homelessness, and meet income restrictions.	(202) 708-1112
Job Training Center - Veteran Services	718 Main St Red Bluff, CA 96080	M-Th, 9-4:30 In addition to giving veterans preference for educational scholarships, we also have an EDD Veteran Representative available for you to meet with and discuss veteran specific programs and opportunities.	Call JTC's Christi Goni at (530) 529- 7000, ext. 114 to schedule an appointment.
non training Center - veteran Services	NEU DIUII, CA 90080	programs and opportunities.	
			(530) 468-9676
		Nonprofit that helps veterans apply for	c (530) 368-1415
	153 Hartnell Ave, Ste 100	benefits, access related resources, housing	Karen Kempley -
Nation's Finest (non-profit)	Redding, CA 96002	resources as well.	kkempley@nationsfirst.org

		Assists veterans and dependents of living	
		and deceased veterans in filing claims for	
		benefits with the Veterans Administration	
		and the California Dept. of Veterans Affairs.	
		These benefits include: pensions for veterans	
		or widows of veterans; compensation for	
		service connected disabilities; Medical care	
		at V.A. facilities; rehabilitation programs;	
		respite services; counseling; referrals;	
		educational benefits for veterans and	
		qualified dependents; burial benefits and	
	270 County Hospital Rd, Ste 206	death pensions for veterans' widow(er)s and	
Plumas County Veterans Service Office	Quincy, CA 95971	children.	(530) 283-6275
		Communication between active service	
		people and their families during family	(916) 9933-7415
Service of the Armed Forces		emergencies	(916) 708-4152
		Assists veterans and their family members	
		with determining eligibility and filing claims	
		for monthly VA compensation, pension,	
		educational benefits, vocational rehab, VA	
		health insurance and many other benefits.	
		Shawn Bondon, 530-529-3664, Veteran	
		Service Officer	
		Kayla Touvell, 530-529-3664, Office Assistant	
		Beverly Holden, 530-529-3664, Veteran	
	727 Oak St	Service Representative	Call (530) 529-3664 with questions
Tehama County Veterans Services	Red Bluff, CA 96080	Rebecca Dericek, Case Manager	or to make an appointment.
	351 Hartnell Ave		(530) 226-7555
VA Outpatient Clinic	Redding, CA 96002	Call for info.	(530) 226-7675 Behavioral Health
	2888 Eureka Way		
Veterans Affairs	Redding, CA 96001	M-F, 8-5	(530) 247-7444

Veterans Crisis Line			1-800-273-8255, press 1
Youth Organizations			·
California Parent & Youth Helpline		Daily 8am-8pm	1-855-427-2736
			Chester: Leslie Scott (530) 570-6136
			Chester: Stephanie Hughes (530)
			258-7644
			Corning: (530) 526-6336, (530) 249-
			2655,
			rebecca.duvarney@scouting.org
			Quincy: Nicole Grose, (775) 762-
		Offers: camping, hiking, kayaking, mountain	3900
		biking, fire building, wilderness survival,	Quincy: Jonathan Pangburn (530)
Boy Scouts	Locations in: Corning, Quincy, Chester	outdoor cooking scouting.org	521-8654
	14 Crescent St		
Dramaworks	Quincy, CA 95971		(530) 283-1956
		Offers men and women (ages 18-26) who	
		have a history of involvement with the	
		criminal legal system with wraparound	
		services designed to assist them in changing	
		the direction of their lives. Services include	
		case management, group and individual	
		therapy, access to mental health, substance	
		use recovery and anger management	
	151 Sale Ln	services, flexible housing assistance and	
Empower Tehama-Project Restore	Red Bluff Ca 96080	connections to other helpful resources.	(530) 727-9423
		Girl Scouts: learn sewing, counting money,	
		and how to be safe online; participate in	
		community service projects; go on field trips,	
	Locations at: Jackson Heights Elementary, Red	camping, hiking; earn badges to recognize	
	Bluff High School, Quincy Elementary, and other	their achievements; learn leadership skills.	
Girl Scouts	areas of Tehama & Plumas Counties	www.gsnorcal.org	Visit website to join or inquire.

	www.girlsincNVS.org We are a non-profit organization based in	
1070 Market Ct. Cta 100		
Redding, CA 96001	school and extracurricular programs.	(530) 768-2189
	Offers online and print directories and	
unum porthototoporont com		
www.northstateparent.com	Information on local events and resources.	
200 Epirground Dood		
_	Offere children (vouth programs in comping	
		(500) 000 0070
		(530) 283-6270
	science, etc.	smgbrown@ucanr.edu
		(530) 527-8177
774 Third St, Corning, CA 96021		(530) 526-4640
330 Bush St	as Resource center for beautiful Indian	(530) 284-6866
Greenville, CA 95947	Valley.	Greenvilleroundhouse@gmail.com
P.O. Box 196		
Chilcoot, CA 96105	Call for info.	(530) 993-1170
	Offers children/youth programs in flower	
	arranging, gardening, market and dairy	
	animals, arts & crafts, cake decorating,	
	community service, foods, outdoor	
	adventure, photography, sewing, cooking,	
	STEM, scrapbooking, entomology,	
Locations in: Red Bluff, Cottonwood, Corning,	woodworking, leadership development,	
Paskenta, Dairyville, Antelope, Los Molinos,	camping, civic engagement, archery, dog	
Manton, etc.	obedience.	(530) 527-3101
	Offers fitness and conditioning, Jr. Giants	
	baseball, Judo, martial arts, MMA & self-	
555 Washington St	defense, wrestling. Tehamaso.org/pal-	
	Greenville, CA 95947 P.O. Box 196 Chilcoot, CA 96105 Locations in: Red Bluff, Cottonwood, Corning, Paskenta, Dairyville, Antelope, Los Molinos, Manton, etc.	We are a non-profit organization based in Redding, CA that serves local girls, ages 6 to 1670 Market St, Ste 102 Redding, CA 960011670 Market St, Ste 102 Redding, CA 96001School and extracurricular programs.208 Fairground Road Quincy, California 95971 Locations in: Quincy, Loyalton, Portola, Taylorsville, Vinton, Calpine, and GreenvilleOffers children/youth programs in camping, forestry, livestock & natural resources, weed science, etc.1500 S. Jackson St Red Bluff Ca 96080Call for info.715 Jackson St Red Bluff, CA 96021Project Restore adolescent diversion program.330 Bush St Greenville, CA 95947Afterschool program for Native Youth as well as Resource center for beautiful Indian Valley.P.O. Box 196 Chilcoot, CA 96105Call for info.Chilcoot, CA 96105Call for info.Calt for info.Call for info.Steward, Dairyville, Antelope, Los Molinos, Manton, etc.Offers schildren/youth programs in flower arranging, eardening, market and dairy

		Pursue strength-based goals like leadership	
		through facilitated group mentoring sessions,	
	711 E. Main St	outdoor recreational activities, and	(480) 620-7852
Visions, Plumas Rural Services	Quincy, CA 95971	dedicated family bonding time.	jready@plumasruralservices.org