

Greenville Rancheria Community Resource Guide



Greenville Rancheria Medical & Dental Clinic

410 Main Street · Greenville, CA 95947

Medical: [530.284.6135](tel:530.284.6135)

Dental: [530.284.7045](tel:530.284.7045)

Greenville Rancheria Tribal Health Center

1425 Montgomery Rd · Red Bluff, CA
96080

Phone: [530.528.8600](tel:530.528.8600)

Greenville Rancheria Dental Clinic

343 Oak Street · Red Bluff, CA 96080

Phone: [530.528.3488](tel:530.528.3488)

Emergency Call **911**

Red Bluff Police Dept. **530-527-3131**

Corning Police Dept **530-824-7000**

Tehama County Sheriff **530-529-7900**

California Highway Patrol **530-527-2034**

Red Bluff Fire Dept. **530-527-1126**

Corning Fire Dept. **530-824-7044**

St Elizabeth Hospital E.R. **530-529-8000**

Poison and Drug Info. **1-800-222-1222**

Tehama 211 - Get Connected Get Answers - This is your one stop shop for all resources in with-in Tehama County.

Heart Disease & Stroke Resources: Tehama County, Shasta County & Butte County

Redding Heart 2632 Edith Ave. STE. A Redding CA 96001 530-247-0404

Northstate Cardiac Care 2701 Old Eureka Way #1F, Redding Ca 96001 530-241-4250

Mercy Medical Center 1555 East St. STE. 100, Redding Ca 96001 530-576-8369

St. Elizabeth Community Hospital 2550 Sister Mary Columba Dr. Red Bluff CA 96080 530-529-8000

Enloe Cardiology Services 185 E 7th Ave. Chico CA 95926 530-332-4400

Heart Disease and Stroke - Patient Education www.heart.org

American Stroke Association - www.stroke.org

Greenville Rancheria - Heart Health Resources and or Referrals are available when you visit your primary care provider

COVID-19 (CORONAVIRUS) RESOURCES

Testing Information

Find testing in your area by visiting lhi.care/covidtesting

Or, call Tehama County Public Health at 530-527-6824, toll free 800-655-6854

Greenville Rancheria Tribal Health Program Call for appointment 530-528-8600

Tehama County

Text "**CORONAVIRUS**" to 211-211, visit 211-Tehama online, or call 211 for more information on COVID-19 in Tehama County
 For current press releases, latest numbers, and links to other resources in Tehama County visit tehamacohealthservices.net
 For State or National Information, visit the California Coronavirus Response at covid19.ca.gov or call 833-544-2374

Plumas County

Visit plumascountry.us or call Plumas County Health Agency at 530-283-6330

Unemployment Services

COVID-19: Unemployment Insurance Claims, edd.ca.gov and click on "Access COVID-19 Resources" or "Apply for Unemployment"

Tribal Health Clinics in Tehama Co

Greenville Rancheria Tribal Health - 530-528-8600

Rolling Hills Clinic - 530-690-2778

Northern Valley Indian Health - 530-896-9400

Redding Rancheria Tribal Health - 530-224-2700

Feather River Tribal Health - 530-534-5394

ORGANIZATION	ADDRESS	AVAILABILITY	PHONE & FAX #
Abuse Reporting			
Adult Protective Services	310 S. Main St. Red Bluff Ca 96080	M-F 7:30-5:00	530-527-1911, 1-800-323-7711
Child Protective Services	310 S. Main St. Red Bluff Ca 96080	M-F 7:30-5:00	530-527-1911, 1-800-323-7711
Empower Tehama	1805 Walnut St. Red Bluff Ca 96080	Call for info.	530-528-0226, 1-800-324-6473
Rape Crisis intervention and Prevention		Call	530-342-7273 877-452-9588 Toll Free
Tehama Co. Conservator Public Guardian	1740 Walnut St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-5634
Victim Witness	444 Oak St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-4295
Children's Services			
Care Net Pregnancy Center counseling, maternity resources	810 Main St. Red Bluff Ca 96080	Call for hours	530-528-8102
CCRE (Child Care Resource and Referral) list of child care providers	409 Walnut St. Red Bluff Ca 96080	Call for hours	530-529-3131
CCS (California Children's Services) resource for medical cost, and travel	1860 Walnut St. Red Bluff Ca 96080	Call for hours	530-527-6824
Child Health and Disability Prevention	1850 Walnut St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-0350

Program (CHDP)			
Child Birth Classes	2550 Sister Mary Columbia Dr. Red Bluff Ca 96080	Call to register	888-628-1948
Child Protective Services	310 S. Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-1911
Children First Foster Agency	590 Antelope Blvd., Suite 20 Red Bluff Ca 96080	M-F 8:30-5:00	530-528-2938
Child Safety Seat Information (CHP)	2550 Main St. Red Bluff Ca 96080	Call for info.	530-527-2034
Community Action Agency (CAA)	310 S Main St. Red Bluff CA 96080	Call for info.	530-527-6159
Community Care Liscening	520 Cohasset Rd., Suite 170 Chico Ca 95926	M-F 8:00-5:00	530-895-5033
Family Spirit Home Visiting Program (Greenville Rancheria)	1425 Montgomery Rd. Red Bluff Ca 96080	Call for info.	530-528-8600
Far Northern Regional Center	1900 Churn Creek Rd., Suite 319 Redding Ca 96002	M-F 8:00-5:00	530-222-4791
First 5 Tehama	322 Pine St. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-1395
Healthy Families Tehama Homevisiting	Call for Locations	M-F 8:00-5:00	530-527-6824, 1-800-655-6854
La Leche League - Breastfeeding	956 Jackson St. Red Bluff Ca 96080	Call for info.	530-527-6818
Northern Ca. Child Development Inc. (NCCDI) (Head Start)	220 Sycamore St., Suite 200 Red Bluff Ca 96080	M-F 8:00-5:00	530-529-1500
Parenting 101	Red Bluff Union High School		530-528-8861
Product Safety			1-800-638-2772
Tehama County Child Support Services	1005 Vista Wy. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-4556
Tehama County Dept. of Education	1135 Lincoln St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-5811
Trust Line	Background check for in-home providers		1-800-822-8490
School Rediness Homevisiting Program	Call for Locations		530-527-7214
Clothing			
Catholic Womens Guild	505 Main St. Red Bluff Ca 96080	Th 8:00-12:00	530-527-1351
Sacred Heart Catholic Church			
Corning Seventh Day Adventist Dorcas	24751 South Ave. Corning Ca 96021	M 9:00-12:00	530-824-2153

Community Center			
Hope Chest	1359 Grant St. Red Bluff Ca 96080	M 12:00-4:00 Tu-F 11:00-4:00	530-527-0270
Hospice Thrift Store	320 S. Main St. Red Bluff Ca 96080	M-F 9:00-5:00 Sat 10:00-4:00	530-528-9430
Northern Ca. Child Development Inc. (NCCDI) (Head Start)	220 Sycamore St., Suite 200 Red Bluff Ca 96080	M-F 8:00-5:00	530-529-1500
Salvation Army	940 Walnut St. Red Bluff Ca 96080	Call for hours	530-527-8530
Salvation Army @New Life Assembly of God	660 Solano St. Corning Ca 96021	Call for hours	530-824-3866
Salvation Army Thrift Store	493 Antelope Blvd. Red Bluff Ca 96080	M-Sat 9:00-5:00	530-529-1590
Adventist Community Services	720 S Jackson St Red Bluff Ca 96080	M 9:00-12:00	530-527-3733
Seventh Day Adventist Church	610 West St. Corning Ca 96021	M 9:00-12:00	530-824-2153
Counseling, Crisis Hotline			
Empower Tehama	1850 Walnut St. Red Bluff Ca 96080	M-F 9:00-4:00	530-528-0226
Bereavement Support	coyne Ctr at St Elizabeth Hopital	Call for info.	530-245-4070
California Parent & Youth Hotline	NCCDI	24 Hours	530-529-1500 - 1-855-427-2736
California Youth Crisis Line			1-800-843-5200 24 hour
Care Net	810 Main St. Red Bluff Ca 96080	Call for info.	530-528-8102
Children First Counseling Center	590 Antelope Blvd. Red Bluff Ca 96080	Call for info.	530-529-9454
Domestic Violence Hotline			1-800-799-7233 24 hour
Family Resource Center	220 Sycamore St., Suite 101 Red Bluff Ca 96080	M-F 8:00-5:00	530-528-9351
Family Service Agency of Tehama County	1347 Grant St. Red Bluff Ca 96080	Call for info.	530-527-6702
Greenville Rancheria Behavioral Health Services			
Telepsychiatry for Children, Adolescents and Adults.			
Dr. Walsman MD	Tuesday-Friday 8am-5pm		530-528-8600

Dr. Firulescu, MD (Adolescents 5 yrs-up)	→ Mondays 730-430pm		Call our office for more
Shila Ridgeway LCSW	Monday-Thursday 8am-5pm		information
Zina Jackson, MSW, LCSW	Monday-Thursday 8am-5pm		
Inter Tribal Council of California	2326 Balls Ferry Rd. Anderson Ca 96007	Call for Info.	530-365-1301
NAMI (National Alliance on Mental Illness)	1445 Vista Wy. Red Bluff Ca 96080	1st Thu of mo. 5:00-6:30	530-200-9020
National Domestic Violence Hotline			1-800-799-SAFE (7233)
One Safe Place Womens Shelter	www.OSPshasta.org	Call for info.	530-244-0118
Planned Parenthood for Teens			1-800-300-1080
Poison Help Center			1-800-222-1222 24 hour
Rape Crisis Intervention	723 Pine St. Red Bluff Ca 96080	M-F 9:00-5:00	530-529-3980 530-342-7273 24 hour
Self-Injury resource and referrals			1-800-366-8288
Runaway California Youth Crisis Line			1-800-843-5200 24 hour
Suicide Prevention Hotline			1-800-273-8255 24 hour
Tehama Counseling (batterers intervention & child abuse prevention)	741 Main St. Red Bluff Ca 96080	Call for info.	530-366-5573
Tehama County Mental Health	1860 Walnut St. Red Bluff Ca 96080	M-F 8:00-5:00 Call for info.	530-527-8491 530-527-5637 Crisis Unit
YellowHawk Tribal/Behavioral Health Ctr.	46314 Ti'mine Way Pendleton OR 97801	Call for info.	541-966-9830
Dental			
Access Dental	2147 Court St. Redding Ca 96002 1667 E. Hilltop Dr. Redding Ca 96002	M-F 9:00-5:30	530-246-4100 530-223-5500
Denti-Cal Dept. of Health Care Services	www.denti-cal.ca.gov		1-800-322-3684
Greenville Rancheria Dental Clinic	343 Oak St. Red Bluff Ca 96080	M-Sat 8:00-5:00	530-528-3488
Mobile Dental Clinic-First 5 Tehama	Serves pregnant women and children	Call for appt	530-528-1395
Moon Dental	2060 Main St. Red Bluff Ca 96080	Call for appt.	530-527-2147
Moore & Pascarella Dental group	1010 Jefferson St. Red Bluff Ca 96080	M-Th 8:00-5:00	530-736-4936
Northern Valley Indian Health/Dental	2500 Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-529-1690
Rolling Hills Clinic/Dental	2540 Sister Mary Columbia Dr.	M-F 8:00-5:00	530-690-2778

	Red Bluff Ca 96080		
Shasta College Dental Hygeine		Call for info	530-339-3608
Disability Services			
California Department of Rehabilitation	705 Pine St. Red Bluff Ca 96080	M-F 8:00-5:00	530-529-4270
Compass (ILS)	475 knollcrest Dr. Redding Ca 96002	Call for info.	530-242-8580
Disibility Action Center	2876 Park Marina Dr., Redding Ca 96001	M.F 8:00-5:00	530-242-8550
Easter Seals Society of Northern Ca.		M-F 9:00-5:00	1-800-750-4673
Far Northern Regional Center	1900 Churn Creek Rd., Suite 319 Redding Ca 96002	M-F 8:00-5:00	530-222-4791
Guide Dogs for the Blind	350 Los Ranchitos Rd. San Rafel Ca 9491	M-F 8:00-5:00	1-800-295-4050
In Home Suportive Services (IHSS)	310 Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-1911
Independent Living Services of Northern California	169 Hartnell Ave., Suite 128 Redding Ca 96002	M-F 8:00-5:00	530-242-8550
North Valley Services Day Program	13315 Baker Rd. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-1083
March of Dimes	1050 Sansome St. 4th Floor SF Ca 94111	M-F 9:00-5:00	415-788-2802
Nor Cal Center on Deafness Inc.	871 Mistletoe Ln. Redding Ca 96002	M-F 8:00-4:30	530-410-0430
NVCSS Housing for Disabled		Call for application	530-241-0552
Rowell Family Empowerment of Northern California	962 Margalia St. Red Bluff Ca 96002	M-F 8:00-5:00	530-226-5129
Shrine Club; Ben Ali	PO Box 8066 Red Bluff Ca 96080	M-F 8:00-8:00	530-529-4761
Special Olympics		Call for info.	530-527-0156
Social Security Administration	2660 Park Marina Dr. Redding Ca 96001	Call for hours	1-866-964-1236
State Insurance Disability Program	615 Locust St. Redding Ca 96001	Call for hours	1-800-480-3287
Victor Community Support Services	855 Canyon Rd. Redding Ca 96001	M-F 8:00-5:00	530-378-1855
We Care A Lot Foundation	wecarealot.org		530-223-7771
Drug and Alcohol			
AA meeting (Alcoholics Anonymous)	http://www.simeetings.com/LA/NoCA/RedBluffMtgs.html		See websight for meeting info.
Celebrate Recovery	625 Luther Rd. Red Bluff CA 96080	Call for info.	530-366-6298
Bethel Assembly of God Church			

Drug Addiction Help Line			1-800-662-4357 24 hour
Greenville Rancheria Tribal Health Center	1425 Montgomery Rd. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-8600
National Council on Alcoholism and Drug Dependence			1-800-622-2255
Right Roads Counseling, DUI Classes	206 Hickory St. Red Bluff Ca 96080	Call for info.	530-529-2445
Shasta County Drug and Alcohol Division	1506 Market St. Redding Ca 96001	Call for info.	530-245-6411
Substance Use Prevention aka. Tehama Co Drug & Alcohol	1850 Walnut St. Suite G Red Bluff Ca 96080	M-F 8:00-5:00	530-527-7893 530-824-8443 Corning
White Bison 12 Step Program		Call for info.	530-605-1727
Education			
Adult Ed-ESL-Citizenship	Red Bluff and Corning	Call for info.	530-529-8980, 530-824-7414
Breastfeeding, La Leche League	956 Jackson St. Red Bluff Ca 96080	Call for schedule	530-527-6818, 347-0562
California Employment Development Department	1325 Pine St. Redding Ca 96001	Call for info.	530-225-2185
Child Seat Safety Classes	Tehama County Health Service Agency	Call for info.	530-527-6824
CIMC-California Indian Manpower Consortium	2540 Hartnell Ave Suite A Redding Ca 96001	M-F 8:00-5:00	530-222-1004
Corning Adult School	250 E. Fig Ln. Corning Ca 96021	Call for schedule	530-824-7414
Corning Union Elementary School Dist.	1590 South St. Corning Ca 96021	M-F 8:00-5:00	530-824-7700
CPR classes, St Elizabeth Community Hospital	2550 Sister Mary Columbia Dr. Coyne Center, Red Bluff Ca 96080	Call for schd	530-529-8026
Job Training Center	718 Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-529-7000
NCCDI Parenting Classes	Red Bluff and Corning	Call for info.	530-529-1500 ext 115
Red Bluff Adult Education, E-Scholar	715 Jackson St. Red Bluff Ca 96080	Call for schedule	530-3308
Red Bluff Union School District	1755 Airport Blvd. Red Bluff Ca 96080		530-527-7200
Sacramento River Discovery Center	1000 Sale Ln. Red Bluff Ca 96080	Tue-Sat 11-4 pm	530-527-1196
SELPA-Special Education Local Plan Area	1135 Lincoln St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-5811
SERRF After School Program	1135 Lincoln St. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-7381
Shasta College Tehama Campus	770 Diamond Ave. Red Bluff Ca 96080	Call for schd	530-529-8980

Tehama County Department of Education	1135 Lincoln St. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-7346
Tehama County Library Corning Branch	740 3rd St. Corning Ca 96021	Call for info.	530-824-7050
Tehama County Library Los Mo. Branch	7881 Hwy 99 East Los Molinos Ca 96055	Call for info.	530-384-2772
Tehama County Library Red Bluff Branch	645 Madison St. Red Bluff Ca 96080	Call for info.	530-527-0604
Tehama County Schools			
Antelope Elementary K-5	22630 Anteolope Blvd. Red Bluff Ca		530-527-1272
Bend School K-8	22270 Bend Ferry Rd. Red Bluff Ca 96080		530-527-4648
Bidwell Elementary K-6	1256 Walnut St. Red Bluff Ca 96080		530-527-7171
Berrendos Middle School	401 Chestnut Ave Red Bluff Ca 96080		530-527-4648
Centennial Continuation High 9-12	250 Fig L. Corning Ca 96021		530-824-7400
Corning Union High School	643 Blackburn Ave. Corning Ca 96021		530-824-8000
Elkins School K-8	2960 Elkins Rd. Paskenta Ca 96074		530-833-5582
Evergreen Elementary K-4	19415 Hooker Creek Rd. Cottonwood Ca		530-374-3411
Evergreen Middle School 5-8	19500 Learning Wy. Cottonwood Ca		530-347-7950
Flournoy School	15850 Paskenta Rd. Flournoy Ca 96029		530-833-5331
Gerber Elementary School K-8	23014 Chard Ave. Gerber Ca 96035		530-385-1041
Jackson Elementary K-6	225 Jackson St. Red Bluff Ca 96080		530-527-7150
Kirkwood School K-8	2049 Kirkwood Rd. Corning Ca 96021		530-824-7773
Lassen View K-8	10818 Hwy 99 East Los Molinos Ca		530-527-5162
Los Molinos District Office	7851 Hwy 99 Los Molinos Ca 96055		530-384-7826
Los Molinos Elemenraty K-8	7700 Stanford Rd. Los Moinos Ca 96055		530-384-7903
Los Molinos High School 9-12	7900 Sherwood Blvd. Ca 96055		530-384-7900
Manton School K-8	31345 Forward Rd. Manton Ca 96059		530-474-3167
Maywood School 6-8	1666 Marguerite Av. Corning Ca 96021		530-824-7730
Metteer Elementary School K-6	695 Kimball Rd. Red Bluff Ca 96080		530-527-9015
Mineral School K-8	38355 Scenic Av. Mineral Ca 96063		530-595-3322
Olive View Elementary 3-5	1402 Fig Ln. Corning Ca 96021		530-824-7715
Plum Valley School K-8	29950 Plum Creek Rd. Paynes Creek Ca		530-597-2248
Red Bluff Independent Study High School	PO Box 1507 Red Bluff Ca 96080		530-529-8757

Reeds Creek School K-8	18335 Johnson Rd. Red Bluff Ca 96080		530-527-6006
Richfield School K-8	23875 River Rd. Corning Ca 96021		530-821-3354
Rancho Tehama Elementary	17357 Stage Coach Rd. Rancho Fournoy		530-585-2800
Salisbury 9-12	1050 Kimball Rd. Red Bluff Ca 96080		530-529-8766
Tehama County Red Bluff Joint High School District	1525 Douglass St. Red Bluff Ca 96080		530-529-8700
Vina School	D St. Vina Ca 96092		530-839-2182
Vista Middle School 7-8	1770 S. Jackson St. Red Bluff Ca 96080		530-527-7840
West Street School K-2	900 West St. Corning Ca 96021		530-824-7705
Emergency Food Resources			
Bridge Way to Hope	Free Lunch Provided @ River Park Red Bluff	Su 1:30-3:30	
Cal Fresh	310 Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-1911
Center for Healthy Communities (Assistance with applying for Cal Fresh)			530-345-9749
Church Without Walls	857 Washington St. Red Bluff Ca 96080	M,W,F call for info.	530-690-2882
Community Action Agency Senior Nutrition Programs	1500 S. Jackson St. Red Bluff Ca 96080 1015 4th Av. Corning Ca, 96021	M-F 12:00-12:30 M-F 11:30-12:00	530-527-2414 530-824-4727
Corning Christian Assistance	710 4th St. Corning Ca 96021	M 9:00-12:00	530-824-3866
First Baptist Church	501 Pine St. Red Bluff Ca 96080	M,Tu, Su 9:00-3:00	530-824-3866
Food for the Hungry	Serves Los Molinos, Tehama, Gerber and Vina	By Appointment	530-228-2662
Greenville Rancheria Tribal Health (Hoopa Food Distribution for Natives)	1425 Montgomery Rd. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-8600
Harvest Christian Center	1006 6th Av. Corning Ca 96021	Tu,W,Th,S 9:00-2:00	530-824-2091
Salvation Army	940 Walnut St. Red Bluff Ca 96080	M, Th 8:30-3:30	530-529-1590
Seventh Day Adventist Church	720 South Jackson St. Red Bluff Ca 96080	M 10:00-12:00	530-527-3733
Seventh Day Adventist Community Services	24052 Hoag Rd. Corning Ca 96021	M 9:00-12:00	530-824-2153
Supernatural Life Transition Ranch	Available by Appointment		530-200-6871
Tehama County Food Bank Gleaners	20699 Walnut St. Red Bluff Ca 96080	Call for info.	530-527-2414

Vineyard Christian Fellowship	738 Walnut St. Red Bluff Ca 96080	M-F 12:00-1:00	530-527-2449
WIC (Women, Infants and Children)	1850 Walnut St. Suite H Red Bluff Ca	M-F 8:00-5:00	530-527-8791
Why Hunger Hotline		M-F 9:00-6:00 EST	1-800-548-6479
Exercise and Physical Activity			
Basketball (PAL) League	www.tehamaso.org	Call for info.	530-529-7950
Bowling Lariat Bowl	365 S. Main St. Red Bluff Ca 96080	Call for info.	530-527-2720
Java Lanes	2075 Solano St. Corning Ca 96021	Call for info.	530-824-3500
City of Red Bluff Parks & Recreation	1500 S. Jackson St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-8177
Football (Jr. Spartans)	PO Box 8027 Red Bluff Ca 96080	Call for info.	www.rbjrspartans.com
Golf Oak Creek Golf Course	2620 Montgomery Rd. Red Bluff Ca	Call for info.	530-529-0674
Wilcox Golf Course	Wilcox Golf Rd. Red Bluff Ca 96080	Call for info.	530-527-7087
Lariat Bowl & Mini Golf	3654 Main St. Red Bluff Ca 96080	Call for info.	530-527-2720
Sevillano Links Golf Course	2657 Everette Freeman Wy. Corning Ca	Call for info.	530-528-4600
Gym Psycho Fitness & MMA	1450 Schwab St. suite B Red Bluff Ca	Call for info.	530-200-0526
Red Bluff Health and Fitness	100 Jackson St. Red Bluff Ca 96080	Call for info.	530-529-1220
Tehama Family Fitness	2498 S. Main St. Red Bluff Ca 96080	Call for info.	530-528-8656
Kids Kingdom	Enterprise Community Redding ca		530-225-4095
PAL (Police Activity League)	22840 Antelope Blvd Red Bluff Ca.		530-529-7950
	PO Box 9187 Red Bluff Ca.		
Red Bluff Parks Diamond Park			530-527-8177
Dog Island Park			
Forward Park			
McGlynn Pool/City Pool			
Red Bluff River Park			
Trainor Park			
Skating/Skateboarding, Diamond Park	700 Diamond Av. Red Bluff Ca 96080	Call for info.	Free access to park
Soccer (PAL) League	www.tehamaso.org	Call for info.	530-529-7950
Red Bluff Youth Soccer League	859 Washington St. Red Bluff Ca 96080	Call for info.	530-529-BALL
Corning Youth Soccer League	www.corningyouthsoccer.com	Call for info.	530-586-9098
Softball/Baseball Red Bluff Little League	www.redblufflittleleague.com		

	Corning Little League	www.corninglittleleague-ca.com		
	(PAL) League	www.tehamaso.org		
State Parks	Ide Adobe	Red Bluff Ca		530-529-8599
	Woodson Park	Corning Ca		530-839-2112
Swimming	City of Red Bluff Parks & Rec.	1500 S. Jackson St. Red Bluff Ca 96080	Call for info.	530-527-8177
	Corning Swimming Pool	1414 Colusa St. Corning Ca 96021	Call for info.	530-824-7062
	McGlynn Red Bluff City Pool	119 Sycamore St. Red Bluff Ca 96080	Call for info.	530-527-7211
	Tehama Family Fitness	2498 S. Main St. Red Bluff Ca 96080	Call for info.	530-528-8656
	Red Bluff Health and Fitness	100 Jackson St. Red Bluff Ca 96808	Call for info.	530-529-1220
Tehama County Parks	Camp tehama			530-528-1111
	Cone Grove Park			
	Gerber Park			
	Mill Creek Park			
	Ridgeway Park			
	Tehama River Park			
	Simpson Finnell Park			
Tennis	Lincoln St Tennis Courts	1135 Lincoln St. Red Bluff Ca 96080	Free	
	Carl Coleman Tennis Courts	Franklin & Douglass St. Red Bluff Ca	Free	
	Simpson Finnell Park Tennis	13340 Round Valley Rd. Paskenta Ca	Free	530-833-5386
	Valley Oak Racquet Club	415 Kaer Ave. Red Bluff Ca 96080	Call for info.	530-527-2404
	Northside Park	1414 Colusa St. Corning Ca 96021	Free	
Trails	Red Bluff River Park	Main St. Red Bluff Ca 96080	Free	
	Sacramento Discovery Cntr.	Sale Ln. Red Bluff Ca 96080	Tu-Sa 9:00-4:00	530-527-1196
	Lassen Park Trails	PO Box 100 Mineral Ca 96053	M-F 8:00-5:00	530-595-4480
	Turtle Bay Museum	800 Auditorium Dr. Redding Ca	Call for info.	530-243-8850
Eye Care				
	Corning Eye Care Center	400 Solano St, Corning Ca 96021	Call for appt.	530-824-2166
	Daniel M. King, Ophthalmologist	411 Cedar St. Red Bluff Ca 96080	Call for appt.	530-527-6123
	Gumms Optical	910 Main St. Red Bluff Ca 96080	Call for hours	530-527-5210
	North Ridge Eye Care	1056 Washington St. Red Bluff Ca 96080	Call for appt.	530-529-1750

Quality Eye Care	1031 Washington St. Red Bluff Ca 96080	Call for appt.	530-527-2211
Red Bluff Vision Center	715 Jackson St Suite A Red Bluff Ca	Call for info.	530-527-9242
Stacy Cullum, Optometrist	444 Union St. Red Bluff Ca 96080	Call for appt.	530-527-8777
Rolling Hills Clinic	2540 Sister Mary Columbia Dr. Red Bluff	Call for appt.	530-690-2778
Foster Care			
Adoption Choices of Northern Ca	1469 Humboldt Rd. Suite 200 Chico Ca	Call for info.	1-800-607-9200
CASA Court Appointed Special Advocates	2400 Washington Ave Redding Ca 96001	Call for info.	530-824-5543
Children's First Foster Family Agency	590 Antelope Blvd. Suite 20 Red Bluff	Call for info.	530-528-2938
NCCDI Supervised Visiting Center	220 Sycamore St. Red Bluff Ca 96080	Call for appt.	530-528-8883
TCDSS-Foster Care	310 S. Main St. Red Bluff Ca 96080	M-F 7:30-5:00	530-527-1911
Homelessness			
Empower Tehama	1805 Walnut St. Red Bluff Ca 96080	Call for info.	530-528-0226, 1-800-324-6473
CIMC (California Indian Manpower Co.)	738 North Market Blvd. Sacramento Ca	M-F 8:00-5:00	1-800-432-2724, 530-222-1004
Community Action Agency	310 S. Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-6159
Homes of Hope for VIDA (Victims in Domestic Abuse)	www.homesofhopeforvida.org		530-347-1330, 530-347-6839
PATH (Poor & Homeless of Tehama)	PO Box 315 Red Bluff Ca 96080	Call for info.	530-727-7191
			www.redbluffpath.org
Plumas County Housing Authority Section 8	PO Bo 319 Quincy Ca 95971	M-F 8:00-5:00	530-283-2466 1-800-993-5399
Salvation Army, REACH	840 Walnut St. Red Bluff Ca 96080	Call for info.	530-527-8530
Tehama County Mental Health ADR	1445 Vista Way Red Bluff Ca 96080	Call for services	530-527-5631
Tehama County Social Services	310 S. Main St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-1911
Mens Transitional Housing		Call for info.	530-646-7399
Low Income Housing/Apartments			
Red Bluff Apartments			527-1811
Red Bluff Meadows			527-9196
Redwood Gardens Red Bluff			527-2180
Vista Ridge Red Bluff			529-3600
Property Management			

Tehama Property Management Red Bluff			527-2256
Asurent Property Management Red Bluff			529-1144
Alliance Property Management Red Bluff			529-1811
Immigration/Migrant Worker			
California Human Development	www.californiahumandevlopment.org		530-899-0624
Corning Family Resource Center	175 Solano St. Corning Ca 96021	Ask for Mariela	530-824-7670
Migrant Education Hotline	1135 Lincoln St. red Bluff Ca 96080		530-528-7339
Migrant Education Hotline	300 B St. Biggs Ca 95917		1-800-234-8848
National Network for Immigrant and Refugee Rights	www.nnirr.org		510-465-1984
U.S. Citizenship and Immigration Service	www.uscis.gov		
Legal Services			
Family Law Facilitator	1740 Walnut St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-8649
Legal Services of Northern California	541 Normal Ave. Chico Ca 95927	M-F 8:00-5:00	530-345-9491
Passages Area Agency on Aging	www.passagescenter.org	M-F 8:00-5:00	1-800-822-0109
Self-Help Assistance and Referral Program	1740 Walnut St. Red Bluff Ca 96080	Call for appt.	530-527-8649
Medical-Health			
Ampla Health Center	7883 Hyw 99 East Los Molinos Ca	Call for appt.	530-384-4010
Feather River Medical-Corning	155 Solano St. Corning Ca 96021	Call for appt.	530-824-4663
Frontier Village Family Health Center	645 Antelope Blvd. Ste. 24 Red Bluff Ca	Call for appt.	530-528-7650
Greenville Rancheria Tribal Health Center	1425 Montgomery Rd. Red Bluff Ca	M-Sat 8:00-5:00	530-528-8600
Lassen Medical Center	2450 Sister Mary Columbia Dr. Red Bluff	Call for info.	530-527-0414
Redding Rancheria Tribal Health Center	1441 Liberty St. Redding Ca 96001	Call for info.	530-224-2700
Rolling Hills Clininc	2540 Sister Mary Columbia Dr. Red Bluff	Call for appt.	530-690-2778
St Elizabeth Community Hospital	2550 Sister Mary Columbia Dr. Red Bluff	24/7	530-529-8012
Tehama County Health Center	1860 Walnut St. #E Red Bluff Ca 96080	Call for appt.	530-527-0350
Tehama Womens Health Specialist	2490 Sister Mary Columbia Dr. Red Bluff	Call for appt.	530-529-2960
Vetrans Outpatient Clinic	351 Hartnell Ave Redding Ca 96002	M-F7:30-4:30	530-226-7555
Quest Diagnostics (Blood Work)	1054 S. Main Street, Red Bluff, CA 96080	6:30 am-2:30 pm	1-888-277-8772

Mental Health Services			
Native American Mental Health Services	2865 Churn Creek Rd. Ste A Redding Ca	M-F 8:00-5:00	530-646-7269
Tehama County Mental Health	1860 Walnut St. # A Red Bluff Ca 96080	Call for info.	530-527-8491
Vetran Affairs Outpatient Clinic	351 Hartnell Ave Redding Ca 96002	M-F 7:30-4:30	530-226-7555
Native American Orgnizations			
Bureau of Indian Affairs (BIA)	364 Knollcrest Dr. #1065 Redding Ca	M-F 8:00-5:00	530-223-7960
California Indian Manpower Consortium (CIMC)	2540 Hartnell Av. #A Redding Ca 96002	M-F 8:00-5:00	530-222-1004
California Rual Indian Health Board (CRIHB)	4400 Auburn Blvd. 2nd floor Sacramento Ca 95841	M-F 8:00-5:00	916-929-9761
Greenville Rancheria Tribal Health Community Health Rep. Department	1405 Montgomery Rd Red Bluff Ca 9608	M-F 8:00-5:00	530-528-8600 Ext. 239 & 264
Hoopa Food Distribution Program	PO Box 498 Hoopa Ca 95546	M-F 8:00-5:00	530-625-4646
Indian Health Service Redding District	1900 Churn Creek Rd. Redding Ca 96002	M-F 8:00-5:00	530-246-5339
Inter Tribal Council of California	2326 Balls Ferry Rd. Anderson Ca 96007	Call for info.	530-365-1301
Tribal TANF Partnership	991 Parallel Drive Suite B Lake Port Ca	8-5 pm	707-262-4400
Redding Rancheria Tribal Admin.	200 Reddng Rancheria Rd. Redding Ca	M-F 8:00-5:00	530-225-8979
Rolling Hills Nomlaki Tribal Office	2625 Everett Freeman Wy. Corning Ca	M-F 8:00-5:00	530-528-3538
Nutrition Therapy			
Greenville Rancheria Tribal Health	1425 Montgomery Road Red Bluff Ca 96	M-F 8:00-5:00	530-528-8600
Parenting and Family Support			
California Childrens Services	1860 Walnut St. #C Red Bluff Ca 96080	M-F 8:00-5:00	530-527-6824
Cal-Safe	1050 Kimbal Rd. Red Bluff Ca 96080	Call for info.	530-529-8760
Care Net	810 Main St. Red Bluff Ca 96080	Call for info.	530-528-8102
Child Care Resource and Education	409 Walnut St. Red Bluff Ca 96080	Call for info.	530-529-3131
Childrens 1st Counseling Center	590 Antelope Blvd. #30 B Red Bluff Ca	Call for info.	530-529-9545
Corning Family Resource Center	175 Solano St. Corning Ca 96021	Call for info.	530-824-7670
Discipline That Works Class	Call for times and loctions	Call for info.	530-529-1500 ext 115
Family Counseling Center	1347 Grant St. Red Bluff Ca 96080	Call for appt.	530-527-6702
Family Resource Center	Locations through out Tehama County	Call for info.	1-888-797-7233

Far Northern Regional Center (FNRC)	1900 Churn Creek Rd. Suite 319 Redding	M-F 8:00-5:00	530-222-4791
First 5 Tehama	332 Pine St. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-1395
Foster and Kinship Care Shasta College	Call for location and times	Call for info.	530-339-3611
Head Start, Early Head Start	Sycamore St. Suite 200 Red Bluff Ca	M-F 8:00-5:00	530-529-1500
Healthy Beginnings	1860 Walnut St. #C Red Bluff Ca 96080	M-F 8:00-5:00	530-527-6824
Home Help for Hispanic Mothers	220 Sycamore st. Red Bluff Ca 96080	Call for info.	530-528-8066
La Leche League - Breastfeeding	956 Jackson St. Red Bluff Ca 96080	Call for info.	530-527-6818 Espanol 221-4720
Nurturing Parenting	North Valley Church Red Bluff	Th 3:00-5:00	530-5274-8491
Migrant Head Start	2205 Elm St. Chico Ca	M-F 8:00-5:00	530-895-3629
Parents in Controll	Call for meeting times and dates	Call for info.	530-527-3699
Rowell Family Empowerment	960 Maraglia St. Redding Ca 96002	M-F 8:00-5:00	530-226-5129
School Rediness	Red Bluff, Los Molinos, and Corning	Call for info.	530-527-7214
SERFF	1135 Lincoln St. Red bluff Ca 96080	Call for info.	530-528-7333
Story Time Tehama County Library	Corning, Los Mo, Red Bluff, Ctnwd	Call for info.	530-527-0604
Tehama County Child Support	1005 Vista Wy. Red Bluff Ca 96080	M-F 8:00-5:00	1-866-901-3212
Tehama County Dept. of Education	1135 Lincoln St Red Bluff Ca 96080	Call for info.	530-528-7346
WIC (Women Infants and Children)	1850 Walnut St. #H Red Bluff Ca 96080 275 Solano St. Corning Ca 96021	M-F 8:00-5:00	530-527-8791 530-824-4890
Senior Services			
Adult Protective Services	310 Main St. Red Bluff Ca 96080	Call for info.	530-527-1911, 1-800-323-7711
Compass Supportive Living Services	475 Knollcrest Dr. Redding Ca 96021	M-F 8:00-5:00	530-528-8540
Corning Senior Nutrition	1015 4th Ave. Corning Ca 96021	Call for info.	530-824-4727
Friendship Line/Warmline	Institute on Aging		1-800-971-0016
Life Alert (Home Protction Service)	www.lifealtherhelp.com		1-800-813-6440
Los Molinos Senior Nutrition	25199 Josephine St. Los Molinos Ca	M-F 8:00-5:00	530-384-2100
MCS, Inc. (Assistance for Nursing Home Cost and Medi-cal)	www.medihelper.com		1-877-633-4435
NVCSS Elder Services	220 Sycamore St. Red Bluff Ca 96080	M-F 8:00-5:00	530-528-7949
Passages Area on Aging	1500 South Jackson St Red Bluff Ca	M-F 8:00-5:00	530-529-5882, 1-800-822-0109
Ride on Senior Transport	19710 Ridge Rd. Red Bluff Ca 96080	Call for info.	530-527-5996
Senior Nutrition, Meals on Wheels	1500 South Jackson St. Red Bluff Ca	Call for info.	530-527-2414

Shasta Senior Transitions(Prepare, Plan, Pack, Move, Unpack, Settle)	shastaseniortran@gmail.com		530-356-2518
Son's in Retirement Social Club	Red Bluff Branch 139	Call for info.	1-877-747-9066
Tehama County Crime Prevention Neighborhood Watch STARS Program	1740 Walnut St. Red Bluff Ca 96080	M-F 8:00-2:30	530-527-7230
Social Services			
California Childrens Services (CCS)	1860 Walnut St. Red Bluff Ca 96080	Call for info.	530-527-6824, 1-800-655-6854
Child Abuse Prevention Council of Tehama County (CAPC)	220 Sycamore St., Ste 101 Red Bluff	Call for info.	530-529-1500
Child Protective Services CPS Tehama County Social Services	310 South Main St. Red Bluff Ca 96080	Call Hotline 24/7	530-527-9416, 1-800-323-7711
Dorcus Community Center	24052 Hoag Rd. Corning Ca 96021	Mon 9:00-12:00	530-824-2753
Family Resource Center of Tehama County, Red Bluff	220 Sycamore St., Suite 101 Red Bluff Ca	M-F 8:00-5:00	530-528-8066 1-888-797-7233
Family Resource Center of Tehama County, Corning	1480 South st. Corning Ca 96021		530-824-7670
Home Help for Hispanic Mothers	PO Box 185 Red Bluff Ca 96080 220 Sycamore St., Suite 101 Red Bluff Ca	M-Thur 8:00-5:00	530-528-8066, 1-888-797-7233 Espanol 530-529-2272
Independent Living Skills Program	220 Sycamore St., Suite 100 Red Bluff Ca	M-F 8:00-5:00	530-528-8066
Latino Outreach of Tehama County	220 Sycamore St. Red Bluff Ca	Call for info.	530-570-5257
Northern Valley Catholic Social Services (NCCDI) Red Bluff	220 Sycamore St., Suite 101 Red Bluff Ca	Call for info.	530-528-8066
Northern Valley Catholic Social Services (NCCDI) Corning	1480 South St. Corning Ca 96080	Call for info.	530-824-7670
Salvation Army Social Services	940 Walnut St. Red Bluff Ca 96080	Call for info.	530-527-8530
Tehama Dept. of Social Services Red Bluff	310 S. Main St. Red Bluff Ca 96080	M-F 7:30-5:00	530-527-1911
Tehama Dept. of Social Services Corning	275 Solano st. Ste. 201 Corning Ca 96021	M-F 7:30-5:00	530-824-9182
Tehama 211 Search Engine	211norcal.org		
State and Federal Agencies			

Bureau of Land Management	355 Hemsted Dr. Redding Ca 96002	M-F 8:00-4:30	530-244-2100
CDC/National Aids Hotline			1-800-342-2437
Department of Motor Vehicles (DMV)	675 Monroe St. Red Bluff Ca 96080	M-F 8:00-5:00	1-800-777-0133
Employment Development Dept. (EDD)	1325 Pine St. Redding Ca 96021	M-F 8:00-5:00	1-866-333-4606, 530-225-2884
State Disability Ins. Program			Espanol 1-866-333-4606
Federal Bureau of Investigation	4500 Orange Grove Sacramento Ca 9584	Call for info.	916-481-9110
FEMA National Teleregistration Center		Call for info.	1-800-621-3362
Internal Revenue Service	850 Industrial St. Ste 300 Redding Ca	Call for info.	530-224-0695
US Postal Service Corning	1217 Yolo St. Corning Ca 96021	M-F 9:00-5:00	530-824-9436
US Postal Service Cottonwood	3270 Walnut St. Cottonwood Ca 96022	M-F 8:30-5:00	530-347-3342
US Postal Service Red Bluff	447 Walnut St. Red Bluff Ca 96080	M-F 8:00-5:00	530-527-1455
U.S. Citizenship and Immigration Service		Call for info.	1-800-375-5283
U.S. Forrest Service	6101 Airport Rd. Redding Ca 96002	M-F 8:00-5:00	530-226-2740
Workers Compensation Appeals Board	2115 Civic Center Dr #15 Redding Ca	Call for info.	530-225-2845
Suicide Prevention			
National Suicide Prevention Lifeline		Call Text "TALK" to Veterans	800-273-TALK (8255) 741741 800-273-TALK (8255), press 1
LGBTQ, call The Trevor Project		Call Text "START" to	866-488-7386 678678
Trans Gender		Call	877-565-8860
Deaf or heard of hearing		Call	800-799-4889
Law enforcement COPLINE		Call	800-267-5437
Community Crisis Response Unit (CCRU) *Tehama Mental Health Dept.	1860 Walnut St. Building A Red Bluff CA. 96080	Call or Walk-in	530-527-5637 800-240-3208 Toll Free
Support Groups			
Al-Anon, Alateen	www.ncwsa.org	Call for info.	530-376-0159
Alcoholics Anonymous	aanorcal.org	Call for info.	530-225-8955
Bereavement Support	2540 Sister Mary Colimbia Dr. Red Bluff	Call for info.	530-528-4207
Celebrate Recovery	625 Luther Rd. Red Bluff Ca 96080	Call for info.	530-527-0445
Diabetic Talking Circle	12889 Baker Rd. Red Bluff Ca 96080	2nd Wed each Mo.	530-528-8600

Diabetes Walking Class	Red Bluff Diversion Dam	Every other Tuesday	530-528-8600
Tobacco Cessation			
California Smokers Helpline			1-800-NO-BUTTS, English 1-800-933-4TDD, Hearing Imp. 1-800-NO-FUME, Espanol 1-800-844-CHEW
Greenville Rancheria Tribal Health Center	1425 Montgomery Rd. Red Bluff Ca 9608	M-F 8:00-9:00	530-528-8600 Ex-218
Project Ex Teen Cessation Program			530-244-7194
Quit Now			1-800-QUIT-NOW 1-855-DEJELO-YA, Espanol
Second Wind Smoking Cessation			530-406-9678
STAKE (Stop Tobacco Access to Kids Enforcement)			1-800-5-ASK-4-ID
Transportation			
Anthem Blue Cross Insurance			1-877-931-4755
American Cancer Society-Rides to Cancer Treatments (Butte, Glen Tehama)	www.cancer.org	Call for info.	1-800-227-2345
California Health & Wellness			1-866-842-0635
Greenville Rancheria Tribal Health Center	1425 Montgomery Rd. Red Bluff Ca	M-F 8:00-5:00	530-528-8600
MEDI-CARE			1-800-633-4227
Medi-Trans	455 S. Main St. Red Bluff Ca	Call for info.	530-527-7730
METS (Medical Transportation Service)	1509 Schwab St. Red Bluff Ca	Call for info.	530-385-2200, 1-800-982-6638
Para Transit Service			530-527-0597, 1-800-934-5438
Sunset Cab Company	Red Bluff Area	M-F 7:00-7:30	530-527-7778
Susanville Indian Rancheria Public Transportation Program	845 Joaquin St. Susanville Ca 96130 Susanville, Chester, Red Bluff, Redding	Call for info.	530-260-2002
TRAX (Red Bluff, Corning, Los Mo., Gerber, Tehama)		M-F 6:30-6:30	530-385-2877
Van Trans		Call for info.	530-529-3099
Utility Assistance			
California Indian Manpower Consortium (CIMC) (Tribal Energy Assistance)	2540 Hartnell Av. #A Redding Ca 96002	M-F 8:00-5:00	530-222-1004

CARE Program PG&E Discount			1-800-743-5000
Community Action Agency (CAA)	310 S Main St. Red Bluff CA 96080	Call for info.	530-527-6159
*Deposit assistance & more			
HEAP (Home Energy Assistance Program)	3777 Meadowview Dr. Redding Ca 96001	Call for info.	530-378-6900, 1-877-675-6623
Life Line (Discounted Home Phone)	www.californialifeline.com		
LIHEAP (Tribal Energy Assistance)	1425 Montgomery Rd. Red Bluff Ca 96080	Ask for a CHR	530-528-8600
REACH (Salvation Army)	940 Walnut St. Red Bluff Ca 96080	Call for info.	530-527-8530
SHHIP (Self Help Home Improvement Project)	3777 Meadowview Dr. Redding Ca 96001	Call for info.	530-378-6900, 1-877-801-7692
Vetrans			
Tehama County Vetrans Office	955 Main St. Red Bluff Ca 96080	M-F 9:00-5:00	530-529-3664
VA Outpatient Clinic	351 Hartnell Av. Redding Ca 96002	Call for info.	530-226-7555
Vetrans Affairs	2888 Eureka Way Redding Ca 96001	M-F 8:00-5:00	530-247-7444
Vetrans Crisis Line		Call	1-800-273-8255, press 1
Youth			
ASSETS Program	Red Bluff High School	Call for info.	530-567-8445
Boy Scouts	www.scouting.org		
Empower Tehema-Project Restore	151 Sale Lane Red Bluff Ca 96080	24 HR 530-528-0226	530-727-9423
Girls Inc.	www.girlsincNVS.org		530-527-7767
Girl Scouts	www.girlscoutnorcal.org		
Greenville Rancheria TPREP	jgagliano@greenvillerancheria.com	M-F 8-5	530-528-8600 Ex 218
Greenville Rancheria Native Connections	jgagliano@greenvillerancheria.com	M-F 8-5	530-528-8600 Ex 218
Knicks Family Fun Zone	830 Main St. Red Bluff Ca 96080	3:30-9:00	530-5285-9663
North State Parent Resource	www.northstateparent.com		
PAL (Police Activity League)	22840 Antelope Blvd. Red Bluff Ca	Call for info.	530-529-7920
Red Bluff Community Center	1500 S. Jackson St Red Bluff Ca 96080	Call for info.	530-527-8177
Red Bluff Gymnastics Academy	22805 Antelope Blvd. Red Bluff Ca	Call for info.	530-529-0332
Teen Screen (Youth Empowerment Services, Emotional Wellbeing)	1900 Walnut St. Red Bluff Ca	Call for info.	530-527-8491
California Parent & Youth Helpline	Monday-Sunday	8am-8pm	1-855-427-2736

